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In The Power of Habit, Charles Duhigg explained why a person does what he does. He is out with a new book this time, entitled— Smarter Faster Better: The Secrets of Being Productive and

applies same relentless level of details, with numerous research studies and interviews, makes this one too, highly informative.

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Smarter Faster Better: The Secrets of Being Productive in ...

Smarter Faster Better: The Secrets of Being Productive in Life and Business: Book Format: Hardcover: Number Of Pages: 400 pages: First Published in: March 2016: Latest Edition: March 8th 2016: ISBN Number: 9780812993394: Language: English: Awards: Goodreads Choice Award Nominee for Nonfiction (2016) category:

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Smarter Faster Better Quotes by Charles Duhigg

Smarter Faster Better: The Secrets of Being Productive in Life and Business. In The Power of Habit, Pulitzer Prize-winning journalist Charles Duhigg explained why we do what we do. In Smarter Faster Better, he applies the same relentless curiosity, deep reporting, and rich storytelling to explain how we can improve at the things we do. It's a groundbreaking exploration of the science of productivity, one that can help anyone learn to succeed with less stress and struggle, and to get more ...

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