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 CRANIOMANDIBULAR disorders (CMDs) are common. The prevalence in the population ranges from 20% to 85%,1, 2, 3, 4 with an incidence of CMD symptoms of 6% at the age of 28 years. 1 Clinically significant temporomandibular disorder (TMD)-related jaw pain occurs in about 5% to 6% of the population.2, 5 A recent study found temporomandibular joint (TMJ) sounds in 50%, impaired mouth opening in up ...

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 Objective: To evaluate the use of exercise therapy for the treatment of craniomandibular disorders (CMDs). Design: Before-after trial. All patients were assigned to a waiting list, serving as a no-treatment control period. Setting: Outpatient clinic for physical medicine and rehabilitation of the University of Vienna.

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 This webinar is an overview of Craniomandibular Disorders and will be presented covering anatomy, mechanics, common pathologies and current physical therapy approaches. Current approaches to Craniomandibular disorders in dentistry and

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