
Bbc Learning English 6 Minute English

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BBC LEARNING ENGLISH 6 MINUTE ENGLISH RECAP: UNLOCK YOUR FOLLOWING LITERARY EXPERIENCE WITH OUR CONCISE REVIEWS

At formapp.investigatiimedia.ro, we are dedicated to helping you uncover your next fantastic read by supplying succinct and informative Bbc Learning English 6 Minute English publication summaries in numerous genres. Whether you're an avid reader or a casual publication enthusiast, our summaries use a glimpse right into the world of each book, allowing you to make informed decisions concerning what to check out next.

Bbc Learning English 6 Minute English recaps cover a vast array of categories, consisting of gripping thrillers, insightful non-fiction, heartfelt romances, and more. With our evaluations, you'll get vital understandings into the major styles, characters, and story factors that make each book distinct.

Whether you're searching for your next literary journey or simply intend to check out various genres, Bbc Learning English 6 Minute English summaries are the best beginning point. So why wait? Beginning discovering our recaps today and unlock your next fantastic read!

REVEALING TRICK INSIGHTS OF BBC LEARNING ENGLISH 6 MINUTE ENGLISH

Our book summaries use a lot more than a brief summary of the plot - we explore the heart of the tale and expose the key insights that make each book unique. Whether it's a page-turning thriller or a reflective memoir, we give a preference of Bbc Learning English 6 Minute English significance to aid you make a decision if it's the best suitable for you.

Understanding Characters in Bbc Learning English 6 Minute English

Characters are the driving pressure of the story, and we take a closer check out their individualities, motivations, and partnerships. With our character evaluations, you can obtain a much better understanding of their roles in Bbc Learning English 6 Minute English tale and just how they contribute to the overall narrative.

Diving right into Themes

Motifs are the underlying messages or ideas that the writer shares via the tale. We check out the central themes of each book, highlighting the author's message and supplying understandings into exactly how it may apply to your life.

Exploring Bbc Learning

English 6 Minute English Story Factors

Bbc Learning English 6 Minute English plot is the sequence of events that drive the tale forward. We break down the primary plot factors, offering a summary of the story's structure and highlighting crucial minutes that form the narrative.

"With our insights, you can get a taste of Bbc Learning English 6 Minute English's significance and determine if it's the appropriate suitable for you."

Contrasting and Contrasting

For books within the exact same style, we provide relative evaluations to display their resemblances and differences. This enables you to obtain a better understanding of the different methods writers take within a certain genre.

Uncovering Covert Gems in Bbc Learning English 6 Minute English

Some books might not have actually received as much attention as they are entitled to, and we love to discover concealed gems. Bbc Learning English 6 Minute English summaries display standout books that might have flown under your radar - we assure you'll discover something to add to your analysis list.

With our essential understandings, you can make educated decisions regarding what to read following. Bbc Learning English 6 Minute English provide a glance right into the world of each publication, permitting you to discover new authors and genres easily.

BBC LEARNING ENGLISH 6 MINUTE ENGLISH GENRE EXPEDITION

In this section, we take a closer take a look at various genres of Bbc Learning English 6 Minute English and their equivalent recaps. We recognize that viewers have special choices and tastes, so we offer a diverse variety of Bbc Learning English 6 Minute English book to satisfy every passion. Whether you're a follower of romance, science fiction, mystery, historic fiction, or self-help, our book summaries supply a look into the world of each book.

Start Discovering Bbc

Learning English 6 Minute English Today

These are simply a couple of instances of our publication summaries within different categories. We have a lot more books waiting for you to check out. Check out our recaps to locate your new favored writer or genre. Delighted reading!

REVEAL YOUR FOLLOWING TERRIFIC READ OF BBC LEARNING ENGLISH 6 MINUTE ENGLISH

In this section, we have actually curated a collection of standout Bbc Learning English 6 Minute English that will aid you uncover your next fantastic read. Whether you remain in the mood for a heart-wrenching romance or a spine-tingling thriller, our publication recaps use a peek right into the globe of each book, enabling you to make informed decisions about what to review next.

Our Top Picks

Below are our leading picks for your next great read:

Publication Title	Writer	Category Summary
Historic Fiction	A hauntingly stunning story of two sis in Nazi-occupied France that checks out the power of love, family members, and strength in the face of hardship.	
	An enthralling psychological thriller that adheres to a criminal psychotherapist as he attempts to untangle the enigma behind his patient's silence after she purportedly murders her husband.	
	A magical and spiritual trip that adheres to a young Andalusian shepherd child as he lays out to accomplish his destiny and discover the true definition of life.	

These 3 books are simply a little example of the several terrific reviews waiting to be found. Trust fund our publication recaps to guide you in the direction of your following literary journey.

In addition to our top choices, we provide a vast array of book summaries extending different genres, from sci-fi to self-help. With our summaries, you make sure to find your following favored book like Bbc Learning English 6 Minute English.

So what are you waiting for? Beginning discovering Bbc Learning English 6 Minute English recaps today and reveal covert literary gems that will certainly keep you transforming the web pages well into the night!

TRICK TAKEAWAYS OF BBC LEARNING ENGLISH 6 MINUTE ENGLISH AND RECOMMENDATIONS

Our book recaps not only provide short reviews of each book, but they additionally provide Bbc Learning English 6 Minute English

essential takeaways and recommendations to guide you in your analysis journey. Right here are some of our top picks:

Book Title	Secret Takeaways	Recommendations
• The undependable narrator creates a feeling of secret and suspense throughout guide. • The motifs of dependency and domestic misuse are explored detailed. • The plot twists kept us on the edge of our seats up until the very last web page. • The book emphasizes the value of living in the present moment and releasing previous and future worries. • The idea of the "discomfort body" is presented to describe how past injuries can influence our existing experiences. • Practical exercises are given to assist readers carry out the mentors right into their daily lives. • Guide informs a powerful story of two sis residing in Nazi-occupied France during World War II. • The styles of courage, sacrifice, and love are explored with the viewpoints of both siblings. • The historical context and vivid descriptions make the story come to life.	• If you appreciated this book, look into Into the Water by Paula Hawkins for an additional thrilling enigma. • Gone Lady by Gillian Flynn is one more prominent psychological thriller with a twisty plot. • The Untethered Spirit by Michael A. Vocalist provides similar insights on living in today moment and finding internal tranquility. • Large Magic by Elizabeth Gilbert explores the creative procedure and how we can live an extra meeting life by accepting our passions. • All the Light We Can not See by Anthony Doerr is another The second world war novel that informs a moving tale of love and survival. • If you delight in historical fiction, attempt The Alice Network by Kate Quinn, which adheres to a network of female spies during World War I.	

At formapp.investigatiimedia.ro, you'll discover much more publication summaries and recommendations that deal with your interests and reading choices. Whether you're trying to find an awesome page-turner, a thought-provoking memoir, or a heartfelt romance, we have actually obtained you covered. Let us assist you find your following great read!

START CHECKING OUT BBC LEARNING ENGLISH 6 MINUTE ENGLISH TODAY

Since you've seen what we need to supply, it's time to begin discovering Bbc Learning English 6 Minute English summaries! Our recaps provide you a preference of each publication's one-of-a-kind significance and can aid you find your next wonderful read. Whether you're a follower of crime thrillers, historical fiction, or

self-help publications, we have a summary for you.

Our recaps give crucial understandings into each book's motifs, characters, and plot factors. You can obtain a feeling of Bbc Learning English 6 Minute English composing style and make a decision if it's the best suitable for you. We've curated the best publications from various categories, so you're sure to discover something that matches your interests.

Just how to Use Our Summaries

To start discovering, simply browse our website and click on Bbc Learning English 6 Minute English summaries that capture your eye. Our recaps are brief, so you can swiftly obtain a sense of each book without investing way too much time. If a recap stimulates your rate of interest, you can click the web link to buy the book from an online retailer.

Our book summaries are excellent for any person that intends to remain educated concerning the latest literary fads yet does not have the moment to check out Bbc Learning English 6 Minute English book. By exploring our summaries, you can stay on par with what's popular and find hidden treasures that you may not have actually discovered otherwise.

Join Our Area

When you check out Bbc Learning English 6 Minute English recaps, you're not simply finding brand-new books; you're likewise joining a community of like-minded visitors. Our website includes a blog site where we publish short articles concerning the latest literary news, book evaluations, and checking out suggestions. You can likewise follow us on social media to remain current with our most recent offerings.

So what are you waiting on? Start exploring Bbc Learning English 6 Minute English summaries today and uncover your next excellent read!

Microadventures: Local Discoveries for Great Escapes *HarperCollins UK*

'Enthusiastic, pleasingly madcap' Geographical Adventure – something that's new and exhilarating, outside your comfort zone. Adventures change you and how you see the world, and all you need is an open mind, bags of enthusiasm and boundless curiosity. Recommended for viewing on a colour tablet.

The Rosetta Stone *British Museum Publications Limited*

The Rosetta Stone is one of the most popular artefacts in the British Museum. Containing a decree written in Greek, Demotic and hieroglyphics, it proved to be the key to deciphering Egyptian hieroglyphics. This concise study traces the history of 'the most famous piece of rock in the world' to become a modern icon and tells the story of the race to use it to decipher Egypt's ancient script by Jean-François Champollion and Thomas Young. Also includes a translation of the text.

Rapport

The Four Ways to Read People *Random House*

'Laurence Alison is one of my academic heroes. He does what every writer longs to do. He makes the difficult clear - without losing his rigour.' Malcolm Gladwell 'They are quietly

revolutionising the study and practice of interrogation... Their findings are changing the way law enforcement and security agencies approach the delicate and vital task of gathering human intelligence.' Guardian Get what you want from even the most difficult characters All of us have to deal with difficult people. Whether we're asking our neighbour to move a fence or our boss for a pay rise, we can struggle to avoid arguments and get what we want. Laurence and Emily Alison are world leaders in forensic psychology, and they specialise in the most difficult interactions imaginable: criminal interrogations. They advise and train the police, security agencies, the FBI and the CIA on how to deal with extremely dangerous suspects when the stakes are high. After 30 years' work - and unprecedented access to 2,000 hours of terrorist interrogations - they have developed a ground-breaking model of interpersonal communication. This deceptively simple approach to handling any encounter works as well for teenagers as it does for terrorists. Now it's time to share it with the world. Rapport reveals that every interaction follows four styles: Control (the lion), Capitulate (the mouse), Confront (the Tyrannosaur) and Co-operate (the monkey). As soon as you understand these styles and your own goals you can shape any conversation at will. And you'll be closer to the real secret: how to create instant rapport.

Chimpanzee Politics

Power and Sex among Apes *Johns Hopkins University Press*

The first edition of Frans de Waal's Chimpanzee Politics was acclaimed not only by primatologists for its scientific achievement but also by a much broader audience of politicians, business leaders, and social psychologists for its remarkable insights into very basic human needs and behaviors. In this revised edition—featuring a new gallery of color photographs along with a new introduction and epilogue—de Waal expands and updates his story of the Arnhem colony and its continuing political upheavals. We learn the fate of many memorable chimpanzees and meet the colony's current leaders and their allies. The new edition remains a detailed and thoroughly engrossing account—of sexual rivalries and coalitions, of actions governed by intelligence rather than instinct—and it reaffirms the complex bond between humans and their closest living relatives. As we watch the chimpanzees of Arnhem behave in ways we recognize from Machiavelli (and from the nightly news), de Waal reminds us again that the roots of politics are older than humanity.

Becoming Crown

In a life filled with meaning and accomplishment, Michelle Obama has emerged as one of the most iconic and compelling women of our era. As First Lady of the United States of America, she helped create the most welcoming and inclusive White House in history. With unerring honesty and lively wit, she describes her triumphs and her disappointments, both public and private.

Dirk Gently's Holistic Detective Agency *Simon and Schuster*

From Douglas Adams, the legendary author of one of the most beloved science fiction novels of all time, The Hitchhiker's Guide to the Galaxy, comes a wildly inventive novel—in trade paperback for the first time—of ghosts, time travel, and one detective's mission to save humanity from extinction. DIRK GENTLY'S HOLISTIC DETECTIVE AGENCY We solve the whole crime We find the whole person Phone today for the whole solution to your problem (Missing cats and messy divorces a specialty) Douglas Adams, the "master of wacky words and even wackier tales" (Entertainment Weekly) once again boggles the

mind with a completely unbelievable story of ghosts, time travel, eccentric computer geniuses, Samuel Taylor Coleridge, the end of the world, and—of course—missing cats.

Life Admin

How I Learned to Do Less, Do Better, and Live More *Houghton Mifflin*

"It's a relief just to talk about it. It's heaven to fix it: "admin," the administrative chores that have exploded in our busy lives. Here's the book that will give you many hours of your life back"--

The Complete Works of William Shakespeare In Plain and Simple English

BookCaps Study Guides

If you've always wanted to read Shakespeare, but are intimidated by the older language, then this is the perfect edition for you! Every single Shakespeare play is included in this massive anthology! Each play contains the original language with modern language underneath!

Quotations from Chairman Mao Tsetung *China Books*

Teaching and Researching: Listening *Routledge*

Teaching and Researching Listening provides a focused, state-of-the-art treatment of the linguistic, psycholinguistic and pragmatic processes that are involved in oral language use, and shows how these processes influence listening in a range of practical contexts. Through understanding the interaction between these processes, language educators and researchers can develop more robust research methods and more effective classroom language teaching approaches. In this fully revised and updated second edition, the book: examines a full range of teaching methods and research initiatives related to listening gives definitions of key concepts in neurolinguistics and psycholinguistics provides a clear agenda for implementing listening strategies and designing tests offers an abundance of resources for immediate use for teaching and research Featuring insightful quotes and concept boxes, chapter overviews and summaries to guide the reader, Teaching and Researching Listening will engage and inform teachers, teacher trainers and researchers investigating communicative language use.

Stuff You Should Know

An Incomplete Compendium of Mostly Interesting Things *Flatiron Books*

From the duo behind the massively successful and award-winning podcast Stuff You Should Know comes an unexpected look at things you thought you knew. Josh Clark and Chuck Bryant started the podcast Stuff You Should Know back in 2008 because they were curious—curious about the world around them, curious about what they might have missed in their formal educations, and curious to dig deeper on stuff they thought they understood. As it turns out, they aren't the only curious ones. They've since amassed a rabid fan base, making Stuff You Should Know one of the most popular podcasts in the world. Armed with their inquisitive natures and a passion for sharing, they uncover the weird, fascinating, delightful, or unexpected elements of a wide variety of topics. The pair have now taken their near-boundless "whys" and "hows" from your earbuds to the pages of a book for the first time—featuring a completely new array of subjects that they've long wondered about and wanted to explore. Each chapter is further embellished with snappy visual material to

allow for rabbit-hole tangents and digressions—including charts, illustrations, sidebars, and footnotes. Follow along as the two dig into the underlying stories of everything from the origin of Murphy beds, to the history of facial hair, to the psychology of being lost. Have you ever wondered about the world around you, and wished to see the magic in everyday things? Come get curious with Stuff You Should Know. With Josh and Chuck as your guide, there's something interesting about everything (...except maybe jackhammers).

Sophie's World

A Novel About the History of Philosophy *Farrar, Straus and Giroux*

One day Sophie comes home from school to find two questions in her mail: "Who are you?" and "Where does the world come from?" Before she knows it she is enrolled in a correspondence course with a mysterious philosopher. Thus begins Jostein Gaarder's unique novel, which is not only a mystery, but also a complete and entertaining history of philosophy.

The 100-Year Life

Living and Working in an Age of Longevity *Bloomsbury Publishing*

What will your 100-year life look like? Does the thought of working for 60 or 70 years fill you with dread? Or can you see the potential for a more stimulating future as a result of having so much extra time? Many of us have been raised on the traditional notion of a three-stage approach to our working lives: education, followed by work and then retirement. But this well-established pathway is already beginning to collapse – life expectancy is rising, final-salary pensions are vanishing, and increasing numbers of people are juggling multiple careers. Whether you are 18, 45 or 60, you will need to do things very differently from previous generations and learn to structure your life in completely new ways. The 100-Year Life is here to help. Drawing on the unique pairing of their experience in psychology and economics, Lynda Gratton and Andrew Scott offer a broad-ranging analysis as well as a raft of solutions, showing how to rethink your finances, your education, your career and your relationships and create a fulfilling 100-year life. · How can you fashion a career and life path that defines you and your values and creates a shifting balance between work and leisure? · What are the most effective ways of boosting your physical and mental health over a longer and more dynamic lifespan? · How can you make the most of your intangible assets – such as family and friends – as you build a productive, longer life? · In a multiple-stage life how can you learn to make the transitions that will be so crucial and experiment with new ways of living, working and learning? Shortlisted for the FT/McKinsey Business Book of the Year Award, The 100-Year Life is a wake-up call that describes what to expect and considers the choices and options that you will face. It is also fundamentally a call to action for individuals, politicians, firms and governments and offers the clearest demonstration that a 100-year life can be a wonderful and inspiring one.

The 7 Principles of Public Speaking

Proven Methods from a PR Professional *Simon and Schuster*

Frequently cited as the number one fear among A proven, gimmick-free lesson guaranteed to business executives, public speaking doesn't make anyone a better speaker and come naturally to most people. Pitching an idea, presenter. selling a

product, or presenting a program doesn't have to be a stomach-clenching experience to be struggled through. It can be an opportunity to relish and a chance to shine in front of a group. Whether you are selling an idea to two colleagues in a conference room or presenting a major corporate strategy to a ballroom filled with shareholders, the key to success is a clear, confident, memorable presentation. With *The 7 Principles of Public Speaking*, Richard Zeoli makes the common sense, gimmick-free program he's offered to business leaders and political candidates available to everyone. Whether you are looking to position yourself as an industry expert, extend your sphere of influence, or gain the support and backing of vital constituencies, *The 7 Principles of Public Speaking* will give you the tools you need to achieve your goal. If you are a polished professional, it will help you hone your skills. If you are a novice communicator, it will help you overcome obstacles and convey your message with confidence, poise, and persuasiveness.

Fluent in 3 Months

How Anyone at Any Age Can Learn to Speak Any Language from Anywhere in the World *Harper Collins*

Benny Lewis, who speaks over ten languages—all self-taught—runs the largest language-learning blog in the world, *Fluent In 3 Months*. Lewis is a full-time "language hacker," someone who devotes all of his time to finding better, faster, and more efficient ways to learn languages. *Fluent in 3 Months: How Anyone at Any Age Can Learn to Speak Any Language from Anywhere in the World* is a new blueprint for fast language learning. Lewis argues that you don't need a great memory or "the language gene" to learn a language quickly, and debunks a number of long-held beliefs, such as adults not being as good of language learners as children.

The Penguin Book of Mermaids *Penguin*

Dive into centuries of mermaid lore with these captivating tales from around the world. A Penguin Classic Among the oldest and most popular mythical beings, mermaids and other merfolk have captured the imagination since long before Ariel sold her voice to a sea witch in the beloved Disney film adaptation of Hans Christian Andersen's "The Little Mermaid." As far back as the eighth century B.C., sailors in Homer's *Odyssey* stuffed wax in their ears to resist the Sirens, who lured men to their watery deaths with song. More than two thousand years later, the gullible New York public lined up to witness a mummified "mermaid" specimen that the enterprising showman P. T. Barnum swore was real. *The Penguin Book of Mermaids* is a treasury of such tales about merfolk and water spirits from different cultures, ranging from Scottish selkies to Hindu water-serpents to Chilean sea fairies. A third of the selections are published here in English for the first time, and all are accompanied by commentary that explores their undercurrents, showing us how public perceptions of this popular mythical hybrid—at once a human and a fish—illuminate issues of gender, spirituality, ecology, and sexuality.

Out of Office

Ditch the 9-5 and Be Your Own Boss *Welbeck Publishing Group*

'This book is a brilliant one-stop shop for all your freelancing needs'- Emma Gannon, Sunday Times bestselling author of *The Multi-Hyphen Method* 'The straight-talking, no-gloss life raft that I would have so happily clung to in those turbulent first years'- Sara Tasker, entrepreneur and author of *Hashtag Authentic* Whether you are flirting with the idea of going freelance, just

starting out or a few years down the line, this no-nonsense guide addresses all the questions you might have about working for yourself and making the most of life when you do. Fiona covers topics such as how to raise an invoice, submit a tax return, claim expenses and network, as well as why working from home is proven to have a positive impact on productivity and mental health. With a focus on understanding the 'whys?' just as much as the 'hows?', Fiona helps you dive into freelance life and pushes you to the next level, making sure you're taking time to reflect on your business and your state of mind.

Effortless English

Learn to Speak English Like a Native

Effortless English: Learn To Speak English Like A Native A.J. HOGE, THE WORLD'S #1 ENGLISH TEACHER, teaches you his most powerful methods for learning to speak English fluently and confidently. Famous for training corporate and government leaders, A.J. Hoge gives you a step by step program teaching you the system that will help you master English and achieve ultimate success with English. You have studied English for years and yet you still do not speak well. When you speak English, you make grammar mistakes. Your pronunciation is not clear. Worst of all, you feel nervous and shy when you try to speak English. You read English well, but after all these years you still cannot speak well. The good news is, it's not your fault. You have simply used old ineffective methods. *Effortless English* will teach you a completely new way to learn English faster. *Effortless English* will..... *Teach you how to overcome nervousness, shyness, and fear when speaking English. *Master spoken English grammar quickly and naturally *Teach you how to improve your English pronunciation and develop an American, British, or Australian accent. *Show you how to achieve a high TOEFL, IELTS, or TOEIC score. *Help you learn vocabulary 4-5 times faster. *Tell you how to feel stronger, calmer, and more powerful when speaking English. *Teach you how to understand native speakers and communicate clearly with them during real conversations. *Help you get better jobs by learning business English. *Teach you how to learn grammar without memorizing grammar rules. "You have studied English many years, yet you still do not speak well. You read English but you feel nervous and frustrated when speaking. It is time for a change. I will teach you to speak English quickly, easily, and automatically using my *Effortless English System* (TM). I will teach you to speak with correct grammar and excellent pronunciation. You can achieve success now simply by changing the way you learn English." --A.J. Hoge

English Grammar Boot Camp

15-Minute STEM Book 2

More quick, creative science, technology, engineering and mathematics activities for 5-11-year-olds *Crown House Publishing Ltd*

Emily Hunt's *15-Minute STEM Book 2: More quick, creative science, technology, engineering and mathematics activities for 5-11-year-olds* offers a stimulating selection of easy-to-resource STEM activities designed to engage and inspire young learners. Like most teachers and parents, you probably recognise STEM as being an important priority area for modern education. You may, however, be wondering: What does STEM education look like for young learners? How do I get children excited about STEM education? How can children learn STEM skills in just 15 minutes? What equipment do I need to teach STEM activities? Enter *15-minute STEM* with the answers! Full of engaging and practical

ideas, this innovative resource builds on the success of Emily's 15-Minute STEM (ISBN 978-178583335-9) and reassures teachers and parents that they don't need to be experts to deliver high-quality STEM education. Each of the 40 activities includes step-by-step instructions, takes just 15 minutes to complete and can be resourced from everyday materials found in the classroom or at home. This means that, with minimal preparation, teachers and parents can slot these cross-curricular activities into an otherwise busy day - simultaneously broadening children's learning and piquing their curiosity about the world around them. Accompanying instructions are phrased in a way that encourages the children to lead the learning and exploration, and opportunities for further investigation are provided in order to broaden the learning focus. Hand-drawn illustrations and full colour photographs are also included alongside each activity to give an idea of what the end results might look like. The activities make connections to real-world scenarios and have been linked to conceptually similar STEM-related careers - all of which are individually profiled in a glossary at the back of the book. The practical, problem-solving element of each activity offers a great way for children to develop important soft skills such as creativity, critical thinking and spatial awareness. Suitable for both educators and parents of young children.

Spanish Collins

Pick up the essentials of the Spanish language with this easy-to-use program.

Fahrenheit 451

A fireman in charge of burning books meets a revolutionary school teacher who dares to read. Depicts a future world in which all printed reading material is burned.

Global Manga

'Japanese' Comics without Japan? Routledge

Outside Japan, the term 'manga' usually refers to comics originally published in Japan. Yet nowadays many publications labelled 'manga' are not translations of Japanese works but rather have been wholly conceived and created elsewhere. These comics, although often derided and dismissed as 'fake manga', represent an important but understudied global cultural phenomenon which, controversially, may even point to a future of 'Japanese' comics without Japan. This book takes seriously the political economy and cultural production of this so-called 'global manga' produced throughout the Americas, Europe, and Asia and explores the conditions under which it arises and flourishes; what counts as 'manga' and who gets to decide; the implications of global manga for contemporary economies of cultural and creative labour; the ways in which it is shaped by or mixes with local cultural forms and contexts; and, ultimately, what it means for manga to be 'authentically' Japanese in the first place. Presenting new empirical research on the production of global manga culture from scholars across the humanities and social sciences, as well as first person pieces and historical overviews written by global manga artists and industry insiders, Global Manga will appeal to scholars of cultural and media studies, Japanese studies, and popular and visual culture.

The Diet Myth

Why the Secret to Health and Weight Loss is Already in Your Gut Abrams

What should we eat? It's a simple and fundamental question that still bewilders us, despite a seemingly infinite amount of available

information on which foods are best for our bodies. Scientists, dieticians, and even governments regularly publish research on the dangers of too much fat and sugar, as well as on the benefits of exercise, and yet the global obesity crisis is only worsening. Most diet plans prove to be only short-term solutions, and few strategies work for everyone. Why can one person eat a certain meal and gain weight, while another eating the same meal drops pounds? Part of the truth lies in genetics, but more and more, scientists are finding that the answer isn't so much what we put into our stomachs, but rather the essential digestive microbes already in them. Drawing on the latest science and his team's own pioneering research, The Diet Myth explores the hidden world of the microbiome, and demystifies the common misconceptions about fat, calories, vitamins, and nutrients. Dr. Tim Spector shows us that only by understanding what makes our own personal microbes tick and interact can we overcome the confusion of modern nutrition, allowing us to regain natural balance in our bodies. Countless recent scientific papers have been written on weight-loss topics like prebiotics and fructans, and The Diet Myth gathers these latest findings into one place, revealing new information about how best to lose weight and manage our bodies. Mixing cutting-edge discoveries, illuminating science, and his own case studies, Spector reveals why we should abandon fads and instead embrace diversity for a balanced diet, a healthy stomach, and a nourished body.

Listen Wise

Teach Students to Be Better Listeners John Wiley & Sons

Listen Wise Listening skills form part of the foundation of any successful student's repertoire of abilities. Crucial to academic performance and success throughout life, attentive listening can transform students' ability to absorb and understand information quickly and efficiently. In Listen Wise: Teach Students to Be Better Listeners, journalist, entrepreneur, and author Monica Brady-Myerov delivers an insightful and practical examination of how to build powerful listening skills in K-12 students. The book incorporates the Lexile® Framework for Listening and explains why it is revolutionizing the field of listening and contributing to a surging recognition of its importance in the academic curriculum. It also includes firsthand classroom stories and incisive teacher viewpoints that highlight effective strategies to teach critical listening skills. You'll discover real-world examples and modern, research-based advice on how to assist young people in improving their listening abilities and overall academic performance. You'll also find personal anecdotes from the accomplished and experienced author alongside accessible excerpts from the latest neuroscience research covering listening and auditory learning. Listen Wise explains why listening skills in students are crucial to improving reading skills, especially amongst those students still learning English. The book is a critical resource that demonstrates why listening is the missing piece of the literary puzzle and shows educators exactly what they can do to support students in the development of this key skill. Perfect for K-12 teachers looking for effective new ways to understand their students and how they learn, Listen Wise will also earn a place in the libraries of college and master's level students in education programs readying themselves for a career in teaching. UNLOCK YOUR STUDENTS' LISTENING SKILLS WITH THIS PRACTICAL AND INSIGHTFUL BOOK Often overlooked but crucial to the development of successful academic performance and life skills, listening skills form part of the necessary foundation of literacy. In Listen Wise: Teach Students to Be Better Listeners, author, journalist, and entrepreneur Monica Brady-Myerov offers readers an accessible and insightful guide for

educators to help students improve active listening skills. “We can all improve our listening skills, given thoughtful guidance on what influences how we absorb, understand and retain ideas and information. Monica has drawn on decades of her experience as an award-winning journalist, entrepreneur and parent to share lessons that every educator will value.” —Betsy Corcoran, Co-founder, EdSurge, award-winning journalist, The Washington Post and Forbes Media “If you are looking for a clear and powerful handbook for improving students’ abilities to listen to extended and complex academic messages, this is it. Monica Brady-Myerov has written a well-researched and highly practical resource that will become a valuable cornerstone for your theory and practice.” —Dr. Jeff Zwiers, Stanford University Graduate School of Education “It’s a scandal if a child leaves school unable to read or write, but the vast majority leave every year without ever learning how to listen effectively. This book is long, long overdue and should become a vital resource in all schools as they set about designing their listening curriculum.” —Julian Treasure, Sound and Communication Expert and Chairman, The Sound Agency

Police TV *Oxford University*

'Every day someone steals money from people near the shops. We must stop this,' says Dan, a police officer. The police use TV cameras but it is not easy because there are so many suspects - who is the robber?

Moustaches, Whiskers and Beards *National Portrait Gallery*

Taking as her starting point images from the holdings of the National Portrait Gallery, London, writer and art historian Lucinda Hawksley explores the history of facial hair, from prehistoric times to the present day. By way of introduction, she investigates the Pharaonic beard in ancient Egypt, the work of barbers in classical Greece and Rome, and the role of facial hair at the time of the Vikings and in Medieval and Renaissance Europe. With reference to portraits from the Gallery's collections and archives, Hawksley explains the Tudor beard tax and why Regency beaus grew whiskers. She also looks at the rise of the beard at the time of the Crimean War, the rules on facial hair in the army, navy and air force, the hippies' penchant for long hair in the 1960s and the most recent fashion for facial hair in the twenty-first century. Lively and engaging feature pages include "The Widdowes Treasure" (a sixteenth-century book that contains a recipe to make "the haire of the bearde grow"), Record Breakers (the world's longest moustache and beard), and Women and Facial Hair; there are also explorations of how medical advances and the rise of advertising have affected male grooming. Entertaining and informative, this fascinating foray into our hairy past is the perfect gift for the pogonophile in your life-or indeed anyone interested in the long and curly history of moustaches, whiskers and beards.

Sexual Health, Human Rights and the Law

This report demonstrates the relationship between sexual health, human rights and the law. Drawing from a review of public health evidence and extensive research into human rights law at international, regional and national levels, the report shows how states in different parts of the world can and do support sexual health through legal and other mechanisms that are consistent with human rights standards and their own human rights obligations.

The First 20 Hours

How to Learn Anything . . . Fast! *Penguin*

Forget the 10,000 hour rule— what if it’s possible to learn the basics of any new skill in 20 hours or less? Take a moment to consider how many things you want to learn to do. What’s on your list? What’s holding you back from getting started? Are you worried about the time and effort it takes to acquire new skills—time you don’t have and effort you can’t spare? Research suggests it takes 10,000 hours to develop a new skill. In this nonstop world when will you ever find that much time and energy? To make matters worse, the early hours of practicing something new are always the most frustrating. That’s why it’s difficult to learn how to speak a new language, play an instrument, hit a golf ball, or shoot great photos. It’s so much easier to watch TV or surf the web . . . In *The First 20 Hours*, Josh Kaufman offers a systematic approach to rapid skill acquisition—how to learn any new skill as quickly as possible. His method shows you how to deconstruct complex skills, maximize productive practice, and remove common learning barriers. By completing just 20 hours of focused, deliberate practice you’ll go from knowing absolutely nothing to performing noticeably well. Kaufman personally field-tested the methods in this book. You’ll have a front row seat as he develops a personal yoga practice, writes his own web-based computer programs, teaches himself to touch type on a nonstandard keyboard, explores the oldest and most complex board game in history, picks up the ukulele, and learns how to windsurf. Here are a few of the simple techniques he teaches: Define your target performance level: Figure out what your desired level of skill looks like, what you’re trying to achieve, and what you’ll be able to do when you’re done. The more specific, the better. Deconstruct the skill: Most of the things we think of as skills are actually bundles of smaller subskills. If you break down the subcomponents, it’s easier to figure out which ones are most important and practice those first. Eliminate barriers to practice: Removing common distractions and unnecessary effort makes it much easier to sit down and focus on deliberate practice. Create fast feedback loops: Getting accurate, real-time information about how well you’re performing during practice makes it much easier to improve. Whether you want to paint a portrait, launch a start-up, fly an airplane, or juggle flaming chainsaws, *The First 20 Hours* will help you pick up the basics of any skill in record time . . . and have more fun along the way.

Artificial Unintelligence

How Computers Misunderstand the World *MIT Press*

A guide to understanding the inner workings and outer limits of technology and why we should never assume that computers always get it right. In *Artificial Unintelligence*, Meredith Broussard argues that our collective enthusiasm for applying computer technology to every aspect of life has resulted in a tremendous amount of poorly designed systems. We are so eager to do everything digitally—hiring, driving, paying bills, even choosing romantic partners—that we have stopped demanding that our technology actually work. Broussard, a software developer and journalist, reminds us that there are fundamental limits to what we can (and should) do with technology. With this book, she offers a guide to understanding the inner workings and outer limits of technology—and issues a warning that we should never assume that computers always get things right. Making a case against technochauvinism—the belief that technology is always the solution—Broussard argues that it's just not true that social problems would inevitably retreat before a digitally enabled Utopia. To prove her point, she undertakes a series of adventures in computer programming. She goes for an alarming ride in a driverless car, concluding “the cyborg future is not coming any

time soon"; uses artificial intelligence to investigate why students can't pass standardized tests; deploys machine learning to predict which passengers survived the Titanic disaster; and attempts to repair the U.S. campaign finance system by building AI software. If we understand the limits of what we can do with technology, Broussard tells us, we can make better choices about what we should do with it to make the world better for everyone.

Flip It

How to Get the Best Out of Everything *Skyhorse Publishing Inc.*

A self-help expert describes a technique that can be applied to improve any life situation and create a new way of thinking about everyday problems to help reach higher levels of happiness, confidence, creativity and self-satisfaction. Original.

Surviving AI

The Promise and Peril of Artificial Intelligence *Three CS*

Artificial intelligence is our most powerful technology, and in the coming decades it will change everything in our lives. If we get it right it will make humans almost godlike. If we get it wrong... well, extinction is not the worst possible outcome. "Surviving AI" is a concise, easy-to-read guide to what's coming, taking you through technological unemployment (the economic singularity) and the possible creation of a superintelligence (the technological singularity). Here's what some of the leading thinkers in the field have to say about it: A sober and easy-to-read review of the risks and opportunities that humanity will face from AI. Jaan Tallinn - co-founder of Skype Understanding AI - its promise and its dangers - is emerging as one of the great challenges of coming decades and this is an invaluable guide to anyone who's interested, confused, excited or scared. David Shukman - BBC Science Editor We have recently seen a surge in the volume of scholarly analysis of this topic; Chace impressively augments that with this high-quality, more general-audience discussion. Aubrey de Grey - CSO of SENS Research Foundation; former AI researcher It's rare to see a book about the potential End of the World that is fun to read without descending into sensationalism or crass oversimplification. Ben Goertzel - chairman of Novamente LLC Calum Chace is a prescient messenger of the risks and rewards of artificial intelligence. In "Surviving AI" he has identified the most essential issues and developed them with insight and wit - so that the very framing of the questions aids our search for answers. Chace's sensible balance between AI's promise and peril makes "Surviving AI" an excellent primer for anyone interested in what's happening, how we got here, and where we are headed. Kenneth Cukier - co-author of "Big Data" If you're not thinking about AI, you're not thinking. "Surviving AI" combines an essential grounding in the state of the art with a survey of scenarios that will be discussed with equal vigor at cocktail parties and academic colloquia. Chris Meyer - author of "Blur," "It's Alive," and "Standing on the Sun" The appearance of Calum Chace's book is of some considerable personal satisfaction to me, because it signifies the fact that the level of social awareness of the rise of massively intelligent machines has finally reached the mainstream. If you want to survive the next few decades, you cannot afford NOT to read Chace's book. Prof. Dr. Hugo de Garis - former director of the Artificial Brain Lab, Xiamen University, China "Surviving AI" is an exceptionally clear, well-researched and balanced introduction to a complex and controversial topic, and is a compelling read to boot. Sean O hEigeartaigh -executive director of Cambridge Centre for the Study of Existential Risk In"Surviving AI," Calum Chace provides a

marvellously accessible guide to the swirls of controversy that surround discussion of what is likely to be the single most important event in human history -the emergence of artificial superintelligence. Throughout, "Surviving AI" remains clear and jargon-free. David Wood - chair of London Futurists Artificial intelligence is the most important technology of our era. Technological unemployment could force us to adopt an entirely new economic structure, and the creation of superintelligence would be the biggest event in human history. "Surviving AI" is a first-class introduction to all of this. Brad Feld - co-founder of Techstars"

The Teacher who Couldn't Read

This is the story of a man who taught high school, but didn't know how to read.

Celebrate the American Way: A Fun ESL Guide to English Language & Culture in the U.S. (Book + Audio)

REA's Celebrate the American Way: A Fun ESL Guide to English Language and Culture with Audio CD + MP3 The emphasis is on fun in this lighthearted guide to language and culture in the United States! The warm and witty authors of English the American Way: A Fun ESL Guide to Language and Culture in the U.S., are back with the second book in the series, Celebrate the American Way, another fun ESL guide to English language and culture. This friendly guide takes you on a year-long journey through American culture, highlighting the meanings behind the U.S. holidays and special events celebrated in each season. You will learn why Americans celebrate Independence Day, discover the history of Thanksgiving, get tips on wedding etiquette, find out how to carve a Jack O' Lantern, and more! Our ESL author experts give English language learners all the must-know vocabulary, common expressions, and wacky idioms that help explain the major celebrations and social customs in the United States. You'll have fun improving your English language and grammar skills. Along the way, quiz yourself with fill-in and matching exercises as you learn about commonly confused words, adjectives, and synonyms. Practice until you're perfect! Improve your listening and speaking skills with the dialogues included on our audio CD and Mp3 download. No matter what the season, Celebrate the American Way is an excellent resource for ESL students and teachers, English language learners, and professionals of all ages and all nationalities. Whether you want to improve your understanding of American culture or just expand your everyday vocabulary, this fun and friendly guide will help you build your skills and communicate with precision - and success!

Scientific Babel

How Science Was Done Before and After Global English *University of Chicago Press*

English is the language of science today. No matter which languages you know, if you want your work seen, studied, and cited, you need to publish in English. But that hasn't always been the case. Though there was a time when Latin dominated the field, for centuries science has been a polyglot enterprise, conducted in a number of languages whose importance waxed and waned over time—until the rise of English in the twentieth century. So how did we get from there to here? How did French, German, Latin, Russian, and even Esperanto give way to English? And what can we reconstruct of the experience of doing science in the polyglot past? With Scientific Babel, Michael D. Gordin resurrects that lost world, in part through an ingenious mechanism: the pages of his highly readable narrative account

teem with footnotes—not offering background information, but presenting quoted material in its original language. The result is stunning: as we read about the rise and fall of languages, driven by politics, war, economics, and institutions, we actually see it happen in the ever-changing web of multilingual examples. The history of science, and of English as its dominant language, comes to life, and brings with it a new understanding not only of the frictions generated by a scientific community that spoke in many often mutually unintelligible voices, but also of the possibilities of the polyglot, and the losses that the dominance of English entails. Few historians of science write as well as Gordin, and *Scientific Babel* reveals his incredible command of the literature, language, and intellectual essence of science past and present. No reader who takes this linguistic journey with him will be disappointed.

Cork Dork

A Wine-Fueled Adventure Among the Obsessive Sommeliers, Big Bottle Hunters, and Rogue Scientists Who Taught Me to Live for Taste *Penguin*

INSTANT NEW YORK TIMES BESTSELLER AND A NEW YORK TIMES CRITICS' PICK "Thrilling . . . [told] with gonzo élan . . . When the sommelier and blogger Madeline Puckette writes that this book is the Kitchen Confidential of the wine world, she's not wrong, though Bill Buford's *Heat* is probably a shade closer." —Jennifer Senior, *The New York Times* Professional journalist and amateur drinker Bianca Bosker didn't know much about wine—until she discovered an alternate universe where taste reigns supreme, a world of elite sommeliers who dedicate their lives to the pursuit of flavor. Astounded by their fervor and seemingly superhuman sensory powers, she set out to uncover what drove their obsession, and whether she, too, could become a "cork dork." With boundless curiosity, humor, and a healthy dose of skepticism, Bosker takes the reader inside underground tasting groups, exclusive New York City restaurants, California mass-market wine factories, and even a neuroscientist's fMRI machine as she attempts to answer the most nagging question of all: what's the big deal about wine? What she learns will change the way you drink wine—and, perhaps, the way you live—forever. "Think: Eat, Pray, Love meets Somm." —theSkimm "As informative as it is, well, intoxicating." —Fortune

Word of Mouth

Since its inception in 1992, Word of Mouth has been one of BBC Radio 4's most successful programmes, with nearly one million listeners each week. This book—written by Simon Elmes, founder producer and editor of Word of Mouth, and Michael Rosen, the presenter—is a hugely entertaining celebration of the English language. Based on transcripts from the programme, Simon Elmes and Michael Rosen have rewritten it and included newly researched material to make it completely up to date. The book boasts twelve sections on different topics, including 'Hot Desking' (email words, pilots' slang, euphemistic language), 'This Sporting Life' (ice dance terminology, Alistair McGowan, footballers' English) and 'It's the Law' (prisoners' language, police jargon,

lawyers' rhetoric, the language of hostage negotiation), and each of them highlight in different ways how rich and exciting the English Language is. A special feature is boxed texts in each chapter, giving contemporary British writers and the general public's favourite words, which was a project run by the programme in 1999 where they explained their favourite words and why they are special. This is the ultimate enthusiast's guide to active English as we encounter it every day on the phone, in the supermarket or at work, and it covers any subject via its linguistic angle. From what words people have tattooed on their bodies to how the paint-manufacturer agonises over whether 'Spiceland' is a more suitable name than the perennial 'magnolia', Word of Mouth will prove essential reading to both avid followers of the programme to readers who are new to the joys of linguistic exploration.

Get it Together

A Guide to Surviving Your Quarterlife Crisis *Coronet*

This is a constructive and down-to-earth guide to all the milestones you face in your twenties - first job, debt, considering pensions, redundancy, buying a place or renting, moving in together - and how to deal with them. Get It Together is structured in four parts - Work, Money, Housing and Relationships - and examines the problems they raise as well as providing lists of resources, helpful advice, and answers to some of the questions most affecting people in their twenties - and beyond: How do you negotiate pay in your first job? Do you have to have a pension or should you just sell a kidney to buy a flat? How much debt is too much? and is it possible to be terminally single? After surviving his own quarterlife crisis, and interviewing hundreds of others in the same situation, Damian Barr has written a practical, reassuring and funny guide to sorting yourself out in your wilderness years.

Desiring God

Meditations of a Christian Hedonist *Multnomah*

Insightful and heart-warming, this classic book is written for those who seek to know God better. It unfolds life-impacting, biblical truths and has been called a "soul-stirring celebration of the pleasures of knowing God."

Her Mother's Daughter *Allen & Unwin*

1980: Josephine escapes her home in Ireland, hoping never to return. She starts a new, exciting life in London, but as much as she tries, she can't quite leave the trauma of her childhood behind. Seventeen years and two children later, Josephine gets a call from her sister to tell her that their mother is dying and wants to see her - a summons she can't refuse. 1997: Ten-year-old Clare is counting down to the summer holidays, when she is going to meet her grandparents in Ireland for the first time. She hopes this trip will be 'just what the doctor ordered' and cheer her mum up. But family secrets can't stay buried forever and following revelations in Ireland Josephine and her family unravel, perhaps to the point of no return.