

Kabbalah Tree Of Life

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The Kabbalistic Tree of Life

The metaphysical scheme known as the Kabbalistic Tree of Life describes the structure and dynamic of Existence. Detailed examples in this book reveal how cosmic laws operate throughout the four interconnected Worlds of Jacob's Ladder. The development and purpose of humanity are seen as part of a vast process that originates in the Divine Realm.

Kabbalah: The Tree of Life Oracle

Sacred Wisdom to Enrich Your Life

This oracle is based on the ancient Kabbalistic map of creation that dates back at least a thousand years in the Jewish mystery tradition. The Tree of Life is a sacred symbol in many cultures of the world, but here it is used as a path to knowledge linking the twenty-two letters of the Hebrew alphabet with the twenty-two paths of the Tree of Life and the astrological houses. Each resulting word forms a rich and powerful wheel symbol that reflects a segment of the tree, depicted on a card in the oracle deck. Follow the reading sheet to lay the cards in the zigzag line of creation, and consult the guidebook to receive guidance on any life issue. Both the oracle and the tree are highly structured, and from this framework of harmony comes wisdom that you will value forever.

The Kabbalistic Tree of Life *Bet El Trust*

The metaphysical scheme known as the Kabbalistic Tree of Life describes the structure and dynamic of Existence. Detailed examples in this book reveal how cosmic laws operate throughout the four interconnected Worlds of Jacob's Ladder. The development and purpose of humanity are seen as part of a vast process that originates in the Divine Realm.

Daily Kabbalah

Wisdom from the Tree of Life *North Atlantic Books*

From sorcery to animal totems, buzzard feathers to hawk spirits, talking trees to magical stones, sacred circles to healing rituals, the Kabbalah brings readers a rich body of ancient wisdom that has been long neglected and even longer misunderstood. The Kabbalah celebrates a quality of consciousness that enables one to experience magic in the ordinary, miracles in the natural course of events, and spirituality in the physical. Its roots are as old and rich as most aboriginal shamanic traditions, sharing in common with many of them the belief that all of creation is alive, from animals and plants to the sun and the moon.The uniqueness of this book lies in its selections from this rare tradition of Jewish mystery wisdom. Culled from ancient and medieval Hebraic and Aramaic sources, much of this material has been hidden in dusty archives or obscure translations. These short selected readings are intended as contemplative, inspirational, and even entertaining extracts. As short as a few lines or as long as a page, they are translated and paraphrased here to render them accessible to readers of all backgrounds and spiritual paths. From the Trade Paperback edition.

THE TREE OF LIFE: The Kabbalah of Immortality *Hermetic World*

The Wisdom of Kabbalah offers amazing keys to achieve fulfillment at all levels. Elias Rubenstein leads you on an interesting journey to the secret tree of life. Find the answers to the most important questions of life and discover the exciting mystery of the Bible.

Kabbalah 365

Daily Fruit from the Tree of Life *Andrews McMeel Publishing*

Find out why celebrities such as Britney Spears, Madonna, and Demi Moore, just to name a few, have hitched their stars to the Kabbalah. Kabblah 365, with a beautiful foreword by Dr. Andrew Weil, is the perfect first step for all who are curious about exploring the Kabbalah. This spiritual guide will show you how to get from where you are right now to where you want to be, both spiritually and

emotionally. Every day is a chance for a new beginning--an awakening. Start each day with the gift of time-tested wisdom from the Kabbalah. Kabbalah 365 is a unique collection of rare Jewish mystery and understanding. People from all walks of life are finding their paths illuminated within the Kabbalah. Each selected reading, one for every day of the yearly cycle, encourages honest contemplation, true inspiration, and deep reflection. Here are just a few examples: *If you are in a hurry to get to an appointment, and you are riding on a train that is moving too slow, do you think you will arrive at your destination any faster by getting up and running through the train? Likewise, when the time is right for you, you'll be arriving at your destination--no sooner, no later. In the meantime, make sure you are on board. *If you are rubbing two sticks together and are having difficulty lighting a fire, move to another place and try again. Likewise, if you are having difficulty in the place where you are, shift to another place. Experience the vastness and riches of the Kabbalah with Kabbalah 365, which ably preserves the integrity of the original texts, some translated here for the first time, and renders insights in easy-to-understand language.

Birth Angels

Fulfilling Your Life Purpose with the 72 Angels of the Kabbalah *Andrews McMeel Publishing*
DIVBirth Angels is one of the first comprehensive presentations in English of the 72 angels of the Tree of Life. Based on the tradition of the Kabbalah, this inspiring guide invites readers to discover the three angels that rule the domain of their birth. The book details the qualities of each angel and provides an inspiring three-step path for invoking and using their energies. According to tradition, at every moment a particular, nameable angelic energy is available for us to appeal to and receive help from. Birth Angels shows us how to use this energy. Easy reference, helpful charts, and a multi-tradition approach will appeal to readers with diverse levels of interest. Birth Angels is designed as a daily path for the intent seeker and as an occasional reference for all who want to engage their personal angelic allies./div

The Pagan Eden

The Assyrian Origins of the Kabbalistic Tree of Life *John Hunt Publishing*
This is the first complete book about the Babylonian Kabbalah, which many people are talking about on the Internet. Assyria in Northern Iraq is the home of Palace Art from the Courts of the Assyrian Empire, where the Tree of Life was routinely shown on walls, tended by winged genies. It represented the King and the Land. It is also arguably a spiritual map and the basis of the Jewish Kabbalah, which was developed later. Many authors have asserted that the Kabbalah came from Egypt but this book shows that its early roots lie in Assyrian Court Art. There are also fascinating parallels to Asiatic Shamanism. All points to Asia, not Africa, as the home of the archetypal Sacred Tree image.

Kabbalah

The Tree of Life: Meditations on the Paths to Paradise

The oldest, oral methods of teaching Kabbalah through inductive story telling involve the use of powerful imagery that has the depth and connection to make the spheres and paths of the Tree of Life come to life in a non-rational, non-linear way. The images in this book offer a way of making connections using the imagination and the will to take the reader beyond separation and towards Oneness.

Falling Through the Tree of Life

Embodied Kabbalah *Llewellyn Publications*
This dynamic, radical departure from traditional Kabbalah books takes you into the Tree of Life not as an observer but as an active participant who engages with its ten magical spheres (sephiroth). Presenting dozens of rituals, meditations, memoirs, and hands-on activities, Falling Through the Tree of Life immerses you in living, breathing magic, transforming the Tree from a complex topic into an embodied dance of love and learning. No matter your experience level, author Jane Meredith helps you explore each sphere (sephira) in depth and use its real-world lessons to grow your practice. You'll begin like a butterfly falling through the Tree, unaware of its full power. But the farther you go, the more you'll fall in love with each sephira, from the beauty of Tiferet to the scholarship of Hod. This masterwork shows you how to enjoy the journey--full of heart, spirit, and wonder.

The Kabbalah Tree

A Journey of Balance & Growth *Llewellyn Worldwide*
2005 Coalition of Visionary Resources (COVR) 2nd Runner Up in Non-Fiction category! Kabbalah's most famous symbol, the Tree of Life, has become the organizing principle behind our human efforts to understand the world. Using Hermann Haindl's lush depiction of the Tree of Life, Rachel Pollack examines the message behind this ancient symbol. She takes a non-denominational approach - drawing upon unusual sources such as tribal and shamanic traditions, modern science, contemporary Kabbalists, tarot interpreters, and a comic book writer - to explore the Tree's meaning. Along the way, we learn more about Kabbalah's history, texts, mystical concepts, and why this esoteric tradition has sprung up again in the twenty-first century.

Miraculous Living

A Guided Journey in Kabbalah Through the Ten Gates of the Tree of Life *Simon and Schuster*
Guides the reader through the ten heavenly gates of the tree of life--intention, wisdom, understanding, compassion, strength, harmony, success, glory, creativity, and nobility

An Entrance to the Tree of Life

A Key to the Portals of Jewish Mysticism *Kabbalah Learning Center*
Kabbalist Rav Ashlag, the eminent 20th century Kabbalist, offers clea, and penetrating insights into the secrets of the Tree of Life. For those who wish to understand the essence of our being and explore the unknown, this is a most rewarding book.

Tarot and the Tree of Life

Finding Everyday Wisdom in the Minor Arcana *Quest Books*
Though many books are available on the 22 major Tarot cards, few look in depth at the 56 Minor Arcana, or suit cards. Simple, accessible, and easy to understand, these "overlooked mirrors" of

everyday life can help us access our inner knowing and learn more about ourselves. In refreshingly down-to-earth terms and with a joyous, commonsense wisdom, Kliegman demystifies the Tarot by revealing its "small secrets."

Qabbalistic Teachings and the Tree of Life

Esoteric Classics: Studies in Kabbalah
Esoteric scholar Manly P. Hall explores the teachings of Qabbalism, as well as the symbolism of secret meanings concealed in the Tree of Life. Included are the topics of: Fundamentals of Qabbalistic Cosmogony, The Qabbalistic System of Worlds, The Tree of the Sephiroth and Qabbalistic Keys to the Creation of Man.

A Wish Can Change Your Life

How to Use the Ancient Wisdom of Kabbalah to Make Your Dreams Come True *Simon and Schuster*

Engaging, innovative, and fresh, Gahl Sasson's approach to Kabbalah—the ancient teachings of Jewish mysticism—integrates mythology, scholarship, and practical exercises for seekers of both material and spiritual gratification. Based on his popular Tree of Life workshops, which incorporate meditation, dreams, and real-life synchronicities with myths, rituals, and philosophies from around the world, A Wish Can Change Your Life provides a universal path to finding and embracing all of life's riches.

Cosmic Navigator

Design Your Destiny With Astrology and Kabbalah *Weiser Books*
Gahl Sasson's second book, Cosmic Navigator, is like a GPS for the soul. It combines Astrology, the map of where and who we are, with Kabbalah the navigation system that tells us how to get to our goal and avoid those traffic patterns and areas of gridlock in our lives. This three part text is the first book of its kind. Not only is it the first book to use Astrology as a resource for self help, it also weds the wisdom of ancient Kabbalisitic truths with the powerful archetypes of the zodiac to help you improve and change your life. The first part of the book introduces the basic concepts of Kabbalah and Astrology and how they work together. The second part teaches you how to interpret your own astrological chart as the road map of your life. The third and final part of the book, which is based on Gahl's twelve week workshop, walks the reader through the twelve signs and teaches them how to use each one to bring balance and success into their lives. Is your love life in need of more passion? Turn to the chapter on Scorpio and learn how to invoke that sexual mysterious energy. Do you need to be more assertive at work? Turn to the chapter on Aries and discover your inner warrior. Unlike other astrology books that simply offer stereotypical profiles, Cosmic Navigator teaches us how to take control of our astrological destinies.

A New Tree of Life for Planetary Ascension

Light Technology Publishing
ÿDavid K. Miller has teamed up with Torah scholar and Kabbalist expert Mordechai Yashin, who resides in Jerusalem, Israel, to bring you A New Tree of Life for Planetary Ascension, which is based on unique lectures and classes David and Mordechai gave over an eight-month period between 2012 and 2013. It functions as a manual explaining the Kabbalistic Tree of Life and the Arcturian Planetary Tree of Life, which is an expansion of the concepts contained in the Kabbalistic tree. The idea behind the Arcturian Planetary Tree of Life is to demonstrate through a paradigm shift how planetary energies can be used to rebalance our planet. The basic assumption is that Earth is currently unbalanced due to a variety of factors, including environmental contamination, global warming, and usage and extinctions of forests and ocean life on a mass basis. It must be pointed out that David has been working with the Arcturians to further upgrade the Planetary Tree of Life. This upgrade includes one completely new sphere that relates to the ascension and to the fifth dimension. This new sphere will be described in detail to explain how to use the new energy. Includes: Great pictorial descriptions of the Hebrew letters Detailed Kabbalistic map and paradigm of the Tree of Life Hebrew terminology and numbers relating to the Tree of Life Featured channelings through David K. Miller

Introduction to the Cabala *Weiser Books*
Explains the Tree of Life in 20th-century terms so that its blossoms may flower for another season. The best introductory text, written by a living practicing teacher from the classical tradition.

Kabbalah for All

An Essential Course on Kabbalah and the Tree of Life *CreateSpace*
Kabbalah for All is about the consciousness of "self" in line with the ancient wisdom of Kabbalah. Kabbalah, beyond all descriptions, helps human beings realize the meaning of their lives and transform their souls according to the plan of the Creation. Kabbalah can be studied by anyone who wants to learn the true purpose of life and transform his soul from perishing corporeal desires to altruism. The author, Kaptan, explains to the wayfarer that Kabbalah is all about love and the paths to the spiritual worlds and to attain the Creator, the Beloved, will be only possible through the power of love. This book is an introductory book to the wisdom of Kabbalah and is mainly focused on the teachings of the great Kabbalist Isaac Luria who is known also as Ari. The Tree of Life, as depicted by Ari, is a wonderful system that explains the methodology to attain the Creator. The author defines that the true and proper path to attain the Creator is wonderfully and metaphorically explained within the concept of the Tree of Life and depicts how to benefit from the Tree of Life in order to climb the Tree and reach the upper worlds, which in fact are within a person who gains consciousness by transforming his egoistic desires to altruistic ones. The author also explains the usefulness of the ego and encourages the reader to use it at its best capacity in order to reach a higher level of consciousness. The language of the book is kept as simple as possible and although the basic terminology and structure of Kabbalah is given to the reader, it is done in a way that will not tire or distract the wayfarer. One of the most important messages of this book is that one should love friends as one loves her/himself, and only then will accomplishing the eternal love be possible. You will notice that your transformation will be in process while you are reading this book and this will help you realize and feel the wise system of the Lurianic Kabbalah.

The Kabbalah Tree of Life Ritual Book
Kabbalah is one of the most powerful ways to change your life and bring money, success, love, psychic abilities, health and a powerful spiritual journey. This book, The Kabbalah Tree of Life Ritual Book, opens up these mystical secrets and shows you step by step how to easily open up the door to each Sephira on the Tree of Life. In chapter 1 The Kabbalah Ritual shows you step by step how to

easily open up each path and in chapter 2 The Kabbalah Paths shows you each path and information about it starting with Path 32 Malkuth and working your way up to the top of the Tree of Life with Path 11 Kether. Finally in chapter 3 The Kabbalah Journal is for writing down all of your journeys. After thousand of years the secrets to the Kabbalah Tree of Life are finally unveiled and the powerful visions you will experience along your journey are ready to unfold...

Tree of Life *Lulu.com*

Roots & Branches

The Dynamics of the Kabbalah's Tree of Life

Rabbi Fisdell started writing Roots and Branches in 2013. With a spiritual sense of urgency, he completed the final chapter on April 13, 2019. Less than two weeks later, he passed away of natural and unclear causes. This book, his greatest achievement, has the potential of helping millions understand our existence and why Life is a gift from God. As with the human anatomy comprising organs, ligaments and vessels, Roots and Branches focuses on the anatomy of Creation as taught in the Kabbalah. On a profound yet clear level, Rabbi Fisdell digs deeply into the multiple components of the Kabbalah's Tree of Life - particularly its Ten Sephirot - that are integral to our growth during our time on Earth. Contemplating the intricacy of the anatomy of Creation helps us better understand why we're here: our Soul Purpose, the bigger picture of how we came about and most importantly, our individual roles on the planet in the complete stage production of Life, conducted by God. Without faith in ourselves and our Soul mission, and ignoring the help we continuously receive from the Unseen, we risk losing our purpose of being born. This book helps readers achieve greater understanding of our existence.

Tree of Life Coaching

Practical Secrets of the Kabbalah for Coaches and Hypnosis and NLP Practitioners

I Am the Tree of Life

My Jewish Yoga Book

The Way of Kabbalah *Weiser Books*

This work proposes that the biblical accounts of slavery in Egypt and the Promised Land are allegories of the basic human condition and struggles of inner growth. The individual's search for a spiritual teacher follows, introducing the theory and practice of Kabbalistic knowledge.

The Circle of Nine

An Archetypal Journey to Awaken the Divine Feminine Within *Weiser Books*

As women seek to cultivate an understanding of their lives, a mythological model can provide a tool for self-discovery and realizing individual potential. The Circle of Nine presents nine archetypes that represent different, but equally important aspects of the feminine psyche. They portray both the life of the individual and the story of woman as a whole—a circle of ever-changing patterns that is a source of wisdom and inspiration. Three mothers, three queens, and three ladies form the circle. The Great Mother nurtures her children with a love that embraces the cycle of life, the Queen of the Night transforms the raw energy of instinct into skill and vision, and the Lady of the Hearth brings warmth and creativity into the home. By recognizing these and the other six archetypes of the circle, women can hold up a mirror to their souls to gain new perspectives and unlock their potential. Drawing from history, her work with women's groups, and contemporary observations, Cherry Gilchrist presents a mythology that explores the psychology of the modern woman. Her analysis, interpretations, and practical advice help to unravel the mystery of the divine feminine and provide a useful guide for daily life.

Kabbalah Made Easy *John Hunt Publishing*

Kabbalah Made Easy is a down-to-earth, no-red-strings-attached look at the Judaic mystical system that has been made famous by the Kabbalah Center. The book explains why Kabbalah can seem so complex and breaks the system down into simple, understandable chunks. It examines the different systems that are in operation today including the Lurianic tradition, the Golden Dawn, magical, alchemical and Christian Kabbalah as well as the re-emerging Toledano Tradition, which is taking Kabbalah back to its roots while making it accessible to the modern world. The book explains the basics of the Kabbalistic Tree of Life diagram as well as the four worlds of Jacob's Ladder. It includes Kabbalistic lore on angels, astrology and gematria, as well as exercises and meditations that are simple but profound.

The Essential Kabbalah

The Heart of Jewish Mysticism *Harper Collins*

A translation of the Kabbalah for the layperson includes a compact presentation of each primary text and features a practical analysis and vital historical information that offer insight into the various aspects of Jewish mysticism.

Tarot and the Tree of Life

Finding Everyday Wisdom in the Minor Arcana *Quest Books*

Though many books are available on the 22 major Tarot cards, few look in depth at the 56 Minor Arcana, or suit cards. Simple, accessible, and easy to understand, these "overlooked mirrors" of everyday life can help us access our inner knowing and learn more about ourselves. In refreshingly down-to-earth terms and with a joyous, commonsense wisdom, Kliegman demystifies the Tarot by revealing its "small secrets."

Tree of Life Oracle

The Tree of Life Oracle is a divination system based on the Kabbalistic Tree of Life - a map of creation which goes back at least 1,000 years in the Jewish mystical tradition. The Kabbalistic Tree has always been used as a path to knowledge, and is associated with the sacred Hebrew alphabet and with astrology. These three elements - the Tree of Life, the 22 Hebrew letters and the Astrological signs and planets - are combined in this divination system of 57 cards and a layout cloth, through which questions can be posed and illumination received. Discover how the ancient tradition of the Kabbalah can reveal solutions to everyday dilemmas in this easy-to-use oracle. The accompanying illustrated book offers a brief introduction to the Tree of Life itself, an explanation of the 57 cards and the layout cloth, together with a step-by-step guide to laying out and reading the

cards.

Archetypes on the Tree of Life

The Tarot As Pathwork *CreateSpace*

Reprint of this classic exploration of the Golden Dawn Tree of Life with new pathworkings.

Esotericism and Narrative: The Occult Fiction of Charles Williams *BRILL*

In Esotericism and Narrative: The Occult Fiction of Charles Williams, Aren Roukema looks through the portal of Charles Williams's fantastic fiction, analyzing the author's narrative translations of ritual experiences with modern magic, kabbalah and spiritual alchemy.

Simple Kabbalah

A Simple Wisdom Book *Conari Press*

In Simple Kabbalah, journalist and Jewish scholar Kim Zetter outlines the history of this mystic tradition, the main tenets of its belief system, and explains its central symbol, the Tree of Life. She then shows how to practice the wisdom of Kabbalah in everyday life through meditation and exercises for calming the mind and sharpening awareness. As we gradually absorb this ancient form of knowledge, we see how it affects every aspect of our lives, from attitudes about work and the environment to our social and personal interactions. Despite its popularity at cocktail parties and in the media, few people genuinely understand what Kabbalah is. Unlike traditional Judaism, Kabbalah views God as a divine source of light, energy, and love, ever present in the physical world, rather than a patriarchal deity. Kabbalah practitioners look beyond a literal interpretation of the Hebrew Bible for information about the soul; the nature of God, Creation, and the spiritual world; and humans' relationship to God and to each other.

The Tree of Life

An Illustrated Study in Magic *Llewellyn Worldwide*

Israel Regardie wrote The Tree of Life, a book many consider his magnum opus, in 1932. It has continued to sell for decades. And no wonder. Up until the time this book was published, very little information about true high magic was available to the public. In this book, Regardie reveals the secrets of real magic. He begins with an explanation of what magic is and, just as importantly, what magic is not. He explains that it is a spiritual study and practice which, along with forms of yoga, forms the two branches of the tree that is mysticism. Magic is not being a medium or a psychic. Then he explains the tools of the magician, what they mean, and how to use them. He explains the techniques of evocation and invocation, skrying, and astral travel. He shows how the Qabalah unites everything. He even gives a description of the secrets of sexual magick. All of this is in a clear, lucid writing style. This book is simply a must for anyone who is, or aspires to be, a real magician. Although Chic and Sandra Tabatha Cicero were friends of Regardie and are Senior Adepts of the Hermetic Order of the Golden Dawn, what changes could they have made to this classic book? Well, they did change the spelling from British style to American. And they did change his transliterations of Hebrew into the more popular style he used in his later books. But nothing vital was changed or removed. Everything else they added was complementary to the text that was there. And what incredible additions they are! Extensive annotations throughout every chapter; over 100 illustrations; more descriptive contents pages; a glossary, a bibliography and an index. They've even added a biographical note on Regardie and the importance of this book to him and to the occult world. This book contains some of the finest occult writing that has ever been produced. And with the new material by the Ciceros, it becomes a must-have for any magician!

The Tree of Life

The Palace of Adam Kadmon - English Edition

The Tree of Life is a collection of writings by Chayyim Vital. In these writings, Vital describes the teachings of his master, Isaac Luria, who is one of the most important figures within modern Kabbalah. Much of the Kabbalah today is based on the teachings of Luria. However, Luria wrote very little during his life. Consequently, Vital is considered to be the primary source and chief interpreter of the teachings of Luria. The Tree of Life is considered to be the most authoritative version of Luria's teachings. The Palace of Adam Kadmon is the first volume of the Tree of Life. In it, Vital describes the creation of the universe. Vital first describes the creation in general and then proceeds to describe it in great detail. The Palace of Adam Kadmon provides a basis for understanding the entire Lurianic system. This new translation of the Palace of Adam Kadmon provides new insights into the Kabbalah that have never before been published.

Tarot and the Gates of Light

A Kabbalistic Path to Liberation *Simon and Schuster*

An innovative, spiritual workbook that integrates the Tarot and the Kabbalistic tradition of Counting the Omer • Explores the origins and meaning of the 49-day Kabbalistic meditative practice of Counting the Omer and how it can lead to spiritual revelation, personal insight, and connection with the Divine • Reveals the correspondence of the Tarot's minor arcana with the Sephirot of the Tree of Life and explains how both relate to the Omer meditation • Provides a daily practice workbook that explores the related Sephirot and Tarot cards for each day, examines their Kabbalistic and spiritual meanings, and provides questions for daily reflection and meditation guidance The 49-day mystical practice known as Counting the Omer is an ancient Jewish ritual observed between the holidays of Passover and Shavuot (also known as Pentecost). As practiced by Kabbalists, it is designed to cleanse and purify the soul in preparation for spiritual revelation and a personal connection with God. The ritual creates a spiritual inner journey that follows the path of the ancient Israelites from the moment of their physical freedom from slavery in Egypt to the establishment of their spiritual freedom forty-nine days later when they arrived at Mt. Sinai. Adeptly integrating this mystical practice with the transformative symbolism of the Tarot, Mark Horn uses the ritual of Counting the Omer as a template for a guided meditative practice that gives readers insight into their personal life journey and help in overcoming the issues that hinder their growth and spiritual awakening. Examining the correspondence of the Tarot's minor arcana with the Sephirot of the Kabbalistic Tree of Life, he shows how using the cards in connection with Counting the Omer can unlock the gates to a deep experience of the sacred. In the detailed daily practice workbook section, Horn provides day-by-day descriptions of the 49-day meditative practice of Counting the Omer. He divides the journey into seven week-long segments, which in turn are broken down into seven daily practices. For each day, he explains the related Sephirot and Tarot cards and their Kabbalistic and spiritual meanings, providing the reader with questions for daily reflection, guidance for meditation, and insight from traditional Jewish texts as well as teachings from Christian, Buddhist, Hindu, and Muslim traditions.

Unveiling the relationship between Tarot and the Kabbalah, Horn shows readers how uniting these two practices can open them to a deeper experience of the Divine.

Zohar, the Book of Enlightenment *Paulist Press*

This is the first translation with commentary of selections from The Zohar, the major text of the Kabbalah, the Jewish mystical tradition. This work was written in 13th-century Spain by Moses de Leon, a Spanish scholar.

Psychology and Kabbalah *Weiser Books*

Using Jungian and Freudian psychology, the author illuminates the many psychological processes that relate to the structure and dynamics of the Kabbalistic Tree of Life. Includes issue encountered by the developing individual, as well as those of madness and pure mystical experience. Formerly titled KABBALAH AND PSYCHOLOGY.

Tantra in Practice *Princeton University Press*

As David White explains in the Introduction to Tantra in Practice, Tantra is an Asian body of beliefs and practices that seeks to channel the divine energy that grounds the universe, in creative and liberating ways. The subsequent chapters reflect the wide geographical and temporal scope of Tantra by examining thirty-six texts from China, India, Japan, Nepal, and Tibet, ranging from the

seventh century to the present day, and representing the full range of Tantric experience--Buddhist, Hindu, Jain, and even Islamic. Each text has been chosen and translated, often for the first time, by an international expert in the field who also provides detailed background material. Students of Asian religions and general readers alike will find the book rich and informative. The book includes plays, transcribed interviews, poetry, parodies, inscriptions, instructional texts, scriptures, philosophical conjectures, dreams, and astronomical speculations, each text illustrating one of the diverse traditions and practices of Tantra. Thus, the nineteenth-century Indian Buddhist Garland of Gems, a series of songs, warns against the illusion of appearance by referring to bees, yogurt, and the fire of Malaya Mountain; while fourteenth-century Chinese Buddhist manuscripts detail how to prosper through the Seven Stars of the Northern Dipper by burning incense, making offerings to scriptures, and chanting incantations. In a transcribed conversation, a modern Hindu priest in Bengal candidly explains how he serves the black Goddess Kali and feeds temple skulls lentils, wine, or rice; a seventeenth-century Nepalese Hindu praise-poem hammered into the golden doors to the temple of the Goddess Taleju lists a king's faults and begs her forgiveness and grace. An introduction accompanies each text, identifying its period and genre, discussing the history and influence of the work, and identifying points of particular interest or difficulty. The first book to bring together texts from the entire range of Tantric phenomena, Tantra in Practice continues the Princeton Readings in Religions series. The breadth of work included, geographic areas spanned, and expert scholarship highlighting each piece serve to expand our understanding of what it means to practice Tantra.