
The Life You Can Save

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THE LIFE YOU CAN SAVE SUMMARY: UNLOCK YOUR FOLLOWING LITERARY EXPERIENCE WITH OUR CONCISE REVIEWS

At formapp.investigatiimedia.ro, we are devoted to assisting you discover your next excellent reviewed by supplying succinct and informative The Life You Can Save publication recaps in various genres. Whether you're an avid reader or an informal book enthusiast, our summaries supply a peek into the world of each publication, enabling you to make educated choices about what to check out next.

The Life You Can Save recaps cover a large range of styles, consisting of gripping thrillers, insightful non-fiction, heartwarming romances, and extra. With our reviews, you'll obtain crucial understandings right into the major themes, characters, and plot points that make each publication one-of-a-kind.

Whether you're looking for your following literary experience or simply intend to discover different categories, The Life You Can Save summaries are the ideal starting point. So why wait? Start exploring our summaries today and unlock your next great read!

UNVEILING TRICK INSIGHTS OF THE LIFE YOU CAN SAVE

Our book summaries provide much more than a quick overview of the plot - we

explore the heart of the story and reveal the key insights that make each book unique. Whether it's a page-turning thriller or a reflective narrative, we offer a preference of The Life You Can Save essence to assist you determine if it's the ideal suitable for you.

Understanding Personalities in The Life You Can Save

Personalities are the driving pressure of the tale, and we take a closer check out their personalities, inspirations, and connections. With our personality evaluations, you can get a better understanding of their functions in The Life You Can Save story and exactly how they contribute to the total story.

Diving right into Themes

Themes are the underlying messages or concepts that the author shares with the tale. We explore the central motifs of each book, highlighting the author's message and providing insights right into exactly how it may apply to your life.

Checking out The Life You Can Save Story Points

The Life You Can Save plot is the sequence of events that drive the story forward. We damage down the primary plot factors, providing a summary of the story's structure and highlighting crucial minutes that shape the story.

"With our understandings, you can obtain a preference of The Life You Can Save's essence and make a decision if it's the best fit for you."

Contrasting and Contrasting

For publications within the exact same category, we provide relative analyses to display their similarities and differences. This allows you to obtain a better understanding of the various strategies authors take within a particular category.

Revealing Concealed Gems in The Life You Can Save

Some books may not have actually received as much focus as they are

worthy of, and we love to reveal covert gems. The Life You Can Save summaries showcase standout publications that might have flown under your radar - we assure you'll locate something to contribute to your analysis checklist.

With our essential understandings, you can make enlightened choices concerning what to review next. The Life You Can Save provide a peek right into the globe of each book, allowing you to discover new writers and genres with ease.

THE LIFE YOU CAN SAVE GENRE EXPEDITION

In this area, we take a closer take a look at different styles of The Life You Can Save and their equivalent recaps. We comprehend that viewers have distinct preferences and tastes, so we offer a varied series of The Life You Can Save publication to cater to every interest. Whether you're a follower of romance, science fiction, enigma, historic fiction, or self-help, our publication recaps supply a glance right into the globe of each book.

Beginning Discovering The Life You Can Save Today

These are simply a few instances of our publication recaps within various genres. We have a lot more books awaiting you to discover. Have a look at our summaries to locate your new preferred writer or genre. Happy analysis!

REVEAL YOUR FOLLOWING FANTASTIC READ OF THE LIFE YOU CAN SAVE

In this area, we have actually curated a collection of standout The Life You Can Save that will certainly aid you find your following terrific read. Whether you're in the mood for a heart-wrenching love or a spine-tingling thriller, our book recaps use a glance right into the globe of each book, enabling you to make enlightened decisions about what to read next.

Our Top Picks

Here are our leading picks for your next great read:

Publication Title	Writer	Category Recap
Historic Fiction	A hauntingly attractive story of two sis in Nazi-occupied France that checks out the power of love, household, and resilience in the face of difficulty.	
Psychological Thriller	A fascinating emotional thriller that follows a criminal therapist as he tries to untangle the secret behind his client's silence after she allegedly murders her husband.	

Thoughtful Fiction

A mystical and spiritual trip that complies with a young Andalusian guard kid as he lays out to fulfill his destiny and uncover truth significance of life.

These 3 books are simply a small sample of the many terrific reads waiting to be uncovered. Trust fund our book summaries to assist you towards your next literary journey.

Along with our leading picks, we provide a vast array of book summaries extending different genres, from sci-fi to self-help. With our recaps, you're sure to find your next favorite publication like The Life You Can Save.

So what are you awaiting? Beginning discovering The Life You Can Save summaries today and uncover surprise literary gems that will certainly maintain you turning the pages well right into the evening!

TRICK TAKEAWAYS OF THE LIFE YOU CAN SAVE AND REFERRALS

Our publication summaries not only supply short reviews of each book, but they also supply The Life You Can Save key takeaways and suggestions to direct you in your analysis journey. Right here are some of our leading choices:

Book Title	Secret Takeaways	Recommendations
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- The unstable storyteller develops a feeling of mystery and suspense throughout guide.
- The styles of dependency and domestic misuse are explored in depth.
- The story spins kept us on the edge of our seats till the very last web page.
- The book stresses the importance of living in the here and now minute and releasing past and future fears.
- The idea of the "pain body" is introduced to clarify exactly how past injuries can influence our existing experiences.
- Practical workouts are given to aid visitors apply the teachings right into their daily lives.
- If you enjoyed this publication, check out Into the Water by Paula Hawkins for another thrilling mystery.
- Gone Lady by Gillian Flynn is an additional prominent mental thriller with a twisty story.
- The Untethered Soul by Michael A. Singer offers comparable insights on living in the here and now minute and finding inner tranquility.
- Huge Magic by Elizabeth Gilbert discovers the innovative process and just how we can live an extra fulfilling life by accepting our enthusiasms.

- All the Light We Can not See by Anthony Doerr is an additional The second world war story that tells a relocating story of love and survival.
- If you delight in historical fiction, try The Alice Network by Kate Quinn, which complies with a network of women spies throughout World War I.
- Guide informs a powerful tale of two sis residing in Nazi-occupied France during World War II.
- The styles of guts, sacrifice, and love are discovered through the viewpoints of both sisters.
- The historic context and dazzling descriptions make the tale come to life.

At formapp.investigatiimedia.ro, you'll find a lot more book recaps and recommendations that satisfy your rate of interests and reading preferences. Whether you're searching for an exhilarating page-turner, a provocative memoir, or a heartwarming love, we've got you covered. Allow us help you uncover your next wonderful read!

BEGINNING CHECKING OUT THE LIFE YOU CAN SAVE TODAY

Now that you've seen what we need to use, it's time to begin checking out The Life You Can Save recaps! Our recaps give you a preference of each book's unique significance and can help you uncover your following terrific read. Whether you're a follower of crime thrillers, historic fiction, or self-help publications, we have a summary for you.

Our recaps offer essential understandings into each publication's themes, personalities, and story factors.

You can get a feeling of The Life You Can Save composing design and make a decision if it's the best fit for you. We have actually curated the most effective publications from various genres, so you're sure to find something that suits your passions.

Exactly how to Utilize Our Recaps

To start discovering, just search our website and click The Life You Can Save recaps that capture your eye. Our recaps are quick, so you can quickly get a feeling of each publication without spending too much time. If a summary ignites your passion, you can click the web link to buy guide from an online merchant.

Our book recaps are ideal for any individual who intends to remain informed regarding the most recent literary fads but doesn't have the moment to review The Life You Can Save publication. By exploring our summaries, you can stay up to date with what's prominent and discover covert treasures that you may not have found otherwise.

Join Our Neighborhood

When you explore The Life You Can Save summaries, you're not just discovering new books; you're also signing up with a neighborhood of like-minded visitors. Our site includes a blog where we post articles regarding the current literary information, publication testimonials,

and checking out pointers. You can likewise follow us on social media to remain current with our newest offerings.

So what are you waiting on? Begin checking out The Life You Can Save summaries today and discover your following wonderful read!

The Life You Can Save

Acting Now to End World Poverty *Random House*

For the first time in history, eradicating world poverty is within our reach. Yet around the world, a billion people struggle to live each day on less than many of us pay for bottled water. In *The Life You Can Save*, Peter Singer uses ethical arguments, illuminating examples, and case studies of charitable giving to show that our current response to world poverty is not only insufficient but morally indefensible. *The Life You Can Save* teaches us to be a part of the solution, helping others as we help ourselves.

10th Anniversary Edition The Life You Can Save

How To Do Your Part To End World Poverty *The Life You Can Save.org*

In this Tenth Anniversary Edition of *The Life You Can Save*, Peter Singer brings his landmark book up to date. In addition to restating his compelling arguments about how we should respond to extreme poverty, he examines the progress we are making and recounts how the first edition transformed the lives both of readers and the people they helped. Learn how you can be part of the solution, doing good for others while

adding fulfillment to your own life.

The Life You Can Save

How to Do Your Part to End World Poverty *Random House Incorporated*

Argues that for the first time in history we're in a position to end extreme poverty throughout the world, both because of our unprecedented wealth and advances in technology, therefore we can no longer consider ourselves good people unless we give more to the poor. Reprint.

The Most Good You Can Do

How Effective Altruism Is Changing Ideas About Living Ethically *Yale University Press*

An argument for putting sentiment aside and maximizing the practical impact of our donated dollars: "Powerful, provocative" (Nicholas Kristof, *The New York Times*). Peter Singer's books and ideas have been disturbing our complacency ever since the appearance of *Animal Liberation*. Now he directs our attention to a challenging new movement in which his own ideas have played a crucial role: effective altruism. Effective altruism is built upon the simple but profoundly unsettling idea that living a fully ethical life involves doing the "most good you can do." Such a life requires a rigorously unsentimental view of charitable giving: to be a worthy recipient of our support, an organization must be able to demonstrate that it will do more good with our money or our time than other options open to us. Singer introduces us to an array of remarkable people who are restructuring their lives in accordance with these ideas, and shows how, paradoxically, living altruistically often leads to greater

personal fulfillment than living for oneself. Doing the Most Good develops the challenges Singer has made, in the *New York Times* and *Washington Post*, to those who donate to the arts, and to charities focused on helping our fellow citizens, rather than those for whom we can do the most good. Effective altruists are extending our knowledge of the possibilities of living less selfishly, and of allowing reason, rather than emotion, to determine how we live. Doing the Most Good offers new hope for our ability to tackle the world's most pressing problems.

Giving Well

The Ethics of Philanthropy *Oxford University Press*

So long as large segments of humanity are suffering chronic poverty and are dying from treatable diseases, organized giving can save or enhance millions of lives. With the law providing little guidance, ethics has a crucial role to play in ensuring that the philanthropic practices of individuals, foundations, NGOs, governments, and international agencies are morally sound and effective. In *Giving Well: The Ethics of Philanthropy*, an accomplished trio of editors bring together an international group of distinguished philosophers, social scientists, lawyers and practitioners to identify and address the most urgent moral questions arising today in the practice of philanthropy. The topics discussed include the psychology of giving, the reasons for and against a duty to give, the accountability of NGOs and foundations, the questionable marketing practices of some NGOs, the moral priorities that should inform NGO decisions about how to target and design their projects, the

good and bad effects of aid, and the charitable tax deduction along with the water's edge policy now limiting its reach. This ground-breaking volume can help bring our practice of charity closer to meeting the vital needs of the millions worldwide who depend on voluntary contributions for their very lives.

Reinventing Philanthropy

A Framework for More Effective Giving *Potomac Books, Inc.*

Several years ago, Eric Friedman decided to donate a substantial percentage of his income to charity. As many people do when making a big decision, he researched the best path he should take to accomplish his goal. After speaking with foundations, consultants, and nonprofit staff members, he found that few could adequately respond to his basic questions: How should donors choose the causes they support? How can donors maximize the impact of their giving? In *Reinventing Philanthropy*, Friedman shares the answers he found when exploring the world of charitable giving. What he discovered will help readers combine their business acumen with their compassion, soul-searching, and self-awareness so they can become highly effective donors. While many donors choose to direct their giving based on personal interests and passions, Friedman reinvents the best practices in philanthropic giving and demonstrates how the selection of donation recipients can be based more on maximizing a donation's benefits to those in need. He also provides specific strategies for effective giving, including the best ways to identify high-performance nonprofit organizations and the most important criteria for selecting causes to support.

The Life You Save May Be Your Own

Short Story *HarperCollins*

When Tom Shiftlet arrives on a farm owned by an old woman and her deaf daughter, he is at first only interested in finding a place to stay in exchange for work. However, when the old woman offers her daughter Lucynell to him in marriage, along with a sum of money, he accepts, though his intentions towards the girl remain unclear. Similar in theme and style to many of other Flannery O'Connor's short stories, "The Life You Save My Be Your Own" was originally published in O'Connor's short story collection, *A Good Man Is Hard to Find*. HarperPerennial Classics brings great works of literature to life in digital format, upholding the highest standards in ebook production and celebrating reading in all its forms. Look for more titles in the HarperPerennial Classics collection to build your digital library.

Rock and Roll Will Save Your Life

A Book by and for the Fanatics Among Us *Random House*

Drooling fanatic, n. 1. One who drools in the presence of beloved rock stars. 2. Any of a genus of rock-and-roll wannabes/geeks who walk around with songs constantly ringing in their ears, own more than 3,000 albums, and fall in love with at least one record per week. With a life that's spanned the phonographic era and the digital age, Steve Almond lives to Rawk. Like you, he's secretly longed to live the life of a rock star, complete with insane talent, famous friends, and hotel rooms to be trashed. Also like you, he's content (sort of) to live the life of a rabid fan, one who has converted his unrequited desires into a (sort of) noble obsession. Rock

and *Roll Will Save Your Life* traces Almond's passion from his earliest (and most wretched) rock criticism to his eventual discovery of a music-crazed soul mate and their subsequent production of two little superfans. Along the way, Almond reflects on the delusional power of songs, the awkward mating habits of drooling fanatics, and why Depression Songs actually make us feel so much better. The book also includes:

- sometimes drunken interviews with America's finest songwriters
- a recap of the author's terrifying visit to Graceland while stoned
- a vigorous and credibility-shattering endorsement of Styx's Paradise Theater
- recommendations you will often choose to ignore
- a reluctant exegesis of the Toto song "Africa"
- obnoxious lists sure to piss off rock critics

But wait, there's more. Readers will also be able to listen to a special free mix designed by the author, available online at www.stevenalmond.com, for the express purpose of eliciting your drool. For those about to rock—we salute you!

Live. Save. Spend. Repeat.

The Life You Want with the Money You Have *Harvest House Publishers*

Are You Tired of Coming Up Short? Do you feel stuck in a cycle of work, bills, and worry? Maybe you're too nervous to take a hard look at your budget, or your past budgeting efforts have resulted in little success. Either way, when your bank account flatlines and frustration mounts, real progress seems impossible. There is a better way to reach your goals! In *Live. Save. Spend. Repeat.* you will discover a simple-to-implement plan that will help you wisely use your money to break the cycle of financial mistakes and worry. Your confidence will grow as

you learn how to create a realistic easy-sync budget accomplish the most with the money you have rather than wish you had unshackle yourself from the burden of debt spend without regret on the things that matter most to you make small, intentional choices that lead to big change Financial freedom isn't all about sacrifice. Use your money as a tool to reach your goals and finally experience joy and success as you Live. Save. Spend. Repeat.

How Dante Can Save Your Life

The Life-Changing Wisdom of History's Greatest Poem *Simon and Schuster*

The opening lines of *The Divine Comedy* by Dante Alighieri launched Rod Dreher on a journey that rescued him from exile and saved his life. Dreher found that the medieval poem offered him a surprisingly practical way of solving modern problems. Following the death of his little sister and the publication of his New York Times bestselling memoir *The Little Way of Ruthie Leming*, Dreher found himself living in the small community of Starhill, Louisiana where he grew up. But instead of the fellowship he hoped to find, he discovered that fault lines within his family had deepened. Dreher spiraled into depression and a stress-related autoimmune disease. Doctors told Dreher that if he didn't find inner peace, he would destroy his health. Soon after, he came across *The Divine Comedy* in a bookstore and was enchanted by its first lines, which seemed to describe his own condition. In the months that followed, Dante helped Dreher understand the mistakes and mistaken beliefs that had torn him down and showed him that he had the power to change his life. Dreher

knows firsthand the solace and strength that can be found in Dante's great work, and distills its wisdom for those who are lost in the dark wood of depression, struggling with failure (or success), wrestling with a crisis of faith, alienated from their families or communities, or otherwise enduring the sense of exile that is the human condition. Inspiring, revelatory, and packed with penetrating spiritual, moral, and psychological insights, *How Dante Can Save Your Life* is a book for people, both religious and secular, who find themselves searching for meaning and healing. Dante told his patron that he wrote his poem to bring readers from misery to happiness. It worked for Rod Dreher. Dante saved Rod Dreher's life—and in this book, Dreher shows you how Dante can save yours.

This Book Will Save Your Life
Penguin

Since her debut in 1989, A. M. Homes has been among the boldest and most original voices of her generation, acclaimed for the psychological accuracy and unnerving emotional intensity of her storytelling. Her ability to explore how extraordinary the ordinary can be is at the heart of her touching and funny new novel, her first in six years. *This Book Will Save Your Life* is a vivid, uplifting, and revealing story about compassion, transformation, and what can happen if you are willing to lose yourself and open up to the world around you.

How to Save a Life

The Inside Story of Grey's Anatomy
St. Martin's Press

THE NEW YORK TIMES BESTSELLER The first inside story of one of TV's most popular and beloved dramas, *Grey's Anatomy*. More than fifteen years after

its premiere, *Grey's Anatomy* remains one of the most beloved dramas on television and ABC's most important property. It typically wins its time slot and has ranked in the Top 20 most-watched shows in primetime for most of its seventeen-season run. It currently averages more than eight million viewers each week. Beyond that, it's been a cultural touchstone. It introduced the unique voice and vision of Shonda Rhimes; it made Ellen Pompeo, Sandra Oh and T.R. Knight household names; and injected words and phrases into the cultural lexicon, such as "McDreamy," "seriously," and "you're my person." And the behind-the-scenes drama has always been just as juicy as what was happening in front of the camera, from the controversial departure of Isaiah Washington to Katherine Heigl's fall from grace and Patrick Dempsey's shocking death episode. The show continued to hemorrhage key players, but the beloved hospital series never skipped a beat. Lynette Rice's *How to Save A Life* takes a totally unauthorized deep dive into the show's humble start, while offering exclusive intel on the behind-the-scenes culture, the most heartbreaking departures and the more polarizing plotlines. This exhaustively enthusiastic book is one that no *Grey's Anatomy* fan should be without.

The Life You Save May Be Your Own

An American Pilgrimage *Macmillan*

The author explores the lives of Thomas Merton, Dorothy Day, Walker Percy, and Flannery O'Connor to search for evidence that their "Christ haunted" Catholic backgrounds inspired them to write, in a study of the spiritual and literary pilgrimage of these four great American Catholic writers. Reprint.

35,000 first printing.

The Life You Save

Nine Steps to Finding the Best Medical Care-And Avoiding the Worst *ReadHowYouWant.com*

Millions of Americans suffer from indifferent, outdated health care; an estimated 40,000 incidents of medical harm happen every day. The good news is that you can prevent this from happening to you or a family member. Better yet, you can find the very best care in the world. Patrick Malone's sensible advice and real-life anecdotes will inspire you to take charge of your own health care, make the best choices, and avoid serious harm. With the "Necessary Nine" - the essential steps to finding the best medical care - *The Life You Save* offers vital information such as: ; The single most important question you can ask your doctor ; When to know you have symptoms your doctor should not shrug off ; Checklists to help you get out of the hospital in one piece ; Where to locate the best surgeons and safest hospitals.

This Book Could Save Your Life

The Real Science of Living Longer Better *Nicholas Brealey*

You are what you eat. Food and diet have an enormous influence on your health and well-being, but eating the right amount of the right things - and not too much of the wrong things - isn't easy. But, as in most walks of life, knowledge is power. This book will empower you to eat healthily, lose weight, and sort the fads from the science facts. This is the *New Scientist* take on a "New Year, New You" book: an eye-opening and myth-busting guide to

everything from sugar to superfoods, from fasting to eating like a caveman and from veganism to your gut microbiome. Forget faddy diet books or gimmicky exercise programs, this is what is scientifically proven to make you live longer and to be healthier and happier.

Famine, Affluence, and Morality *Oxford University Press, USA*

First published in 1972, Singer's essay argued that choosing not to send life-saving money to starving people on the other side of the earth is the moral equivalent of neglecting to save drowning children because we prefer not to muddy our shoes. In this publication, his essay is accompanied by other pieces on our obligations to others, as well as a new introduction that discusses Singer's current thinking.

Philanthrocapitalism

How Giving Can Save the World *Bloomsbury Publishing USA*

For philanthropists of the past, charity was often a matter of simply giving money away. For the philanthrocapitalists-the new generation of billionaires who are reshaping the way they give-it's like business. Largely trained in the corporate world, these "social investors" are using big-business-style strategies and expecting results and accountability to match. Bill Gates, the world's richest man, is leading the way: he has promised his entire fortune to finding a cure for the diseases that kill millions of children in the poorest countries in the world. In *Philanthrocapitalism*, Matthew Bishop and Michael Green examine this new movement and its implications. Proceeding from interviews with some of

the most powerful people on the planet—including Gates, Bill Clinton, Warren Buffett, Oprah Winfrey, and Bono, among others—they show how a web of wealthy, motivated donors has set out to change the world.

How To Save A Life *Usborne Publishing Ltd*

Jill's life lost all meaning when her dad died. Friends, boyfriend, college – nothing matters any more. Then her mom drops a bombshell: she's going to adopt a baby. Mandy is desperate for her life to change. Seventeen, pregnant and leaving home, she is sure of only one thing – her baby must never have a life like hers, whatever it takes. As their worlds change around them, Jill and Mandy must learn both how to hold on and how to let go, finding that nothing is as easy – or as difficult – as it seems. Heart-achingly beautiful, moving and funny, *How to Save a Life* has been named a Publishers Weekly Best Book of 2011, a School Library Journal Best Book of 2011 and an American Library Association 2012 Top Ten Best Fiction for Young Adults. "A rich tapestry of love and survival that will resonate with even the most cynical readers." - Booklist

Doing Good Better

How Effective Altruism Can Help You Help Others, Do Work that Matters, and Make Smarter Choices about Giving Back *Penguin*

An up-and-coming visionary in the world of philanthropy and a cofounder of the effective altruism movement explains why most of our ideas about how to make a difference are wrong and presents a counterintuitive way for each of us to do the most good possible. While a researcher at Oxford, William MacAskill

decided to devote his study to a simple question: How can we do good better? MacAskill realized that, while most of us want to make a difference, we often decide how to do so based on assumptions and emotions rather than facts. As a result, our good intentions often lead to ineffective, sometimes downright harmful, outcomes. As an antidote, MacAskill and his colleagues developed effective altruism—a practical, data-driven approach to doing good that allows us to make a tremendous difference regardless of our resources. Effective altruists operate by asking certain key questions that force them to think differently, set aside biases, and use evidence and careful reasoning rather than act on impulse. In *Doing Good Better*, MacAskill lays out these principles and shows that, when we use them correctly—when we apply the head and the heart to each of our altruistic endeavors—each of us has the power to do an astonishing amount of good.

Transforming Terror

Remembering the Soul of the World *Univ of California Press*

"A book and an unexploded bomb may lay equally motionless, but their kinetic potential is vastly different. A bomb may kill hundreds of people, but a book can change millions—think of *Common Sense*, *Das Kapital*, *Uncle Tom's Cabin*, or *The Gulag Archipelago*. To that energizing company, add *Transforming Terror*. This practical, inspiring book cuts through moral relativism by defining terror according to how it affects its victims. It is a luminous collection of wisdom. You'll want many of these essays in your library forever. I needed to read it and you do, too." -Peter

Coyote, actor and author of *Sleeping Where I Fall* "Only an anthology could create the mosaic that would display the profound paradigm shift offered here: defining terrorism according to the experiences of the victims—unarmed civilians who are violently attacked or threatened—and not by any ideology or purpose. Each tile in the mosaic offers a catalyst to radical transformation of the calamitously increasing scale of such assaults, from suicide bombers to state terrorism, and offers real hope for a way out of the death spiral. This should be read at military academies and defense departments as well as by teachers and religious leaders." -Deirdre English, Director, Felker Magazine Center, Graduate School of Journalism, UC Berkeley and former editor of *Mother Jones* "This collection of writings reveals a wealth of proposals for transforming the combustible conditions that often produce terror, as well as for the reconciliation and healing of terror's victims. This book is not only an inspired and singular achievement, it is a courageous and bold challenge to a world too often jaded and numbed by the omnipresence of violence to consider any creative alternatives. Here is a work that couldn't be more timely, relevant or persuasive in its call for us to transform the terror that bedevils us all, individuals and cultures alike." - Phil Cousineau, author of *Beyond Forgiveness: Reflections on Atonement and A Seat at the Table: Huston Smith in Conversation with Native Americans on Religious Freedom* "This volume brings together the wisest voices of our era to reveal the prevalence of terror in our world, and its unconsidered consequences. Until a behavior has a name, it cannot be challenged. This amazing collection of wise and beautiful voices challenges our

received definition of terror, and moves us a step further toward a world of peace." - Marilyn Sewell, editor of *Cries of the Spirit*

The Paradox of Generosity

Giving We Receive, Grasping We Lose *Oxford University Press*

Determining why, when, and to whom people feel compelled to be generous affords invaluable insight into positive and problematic ways of life. Organ donation, volunteering, and the funding of charities can all be illuminated by sociological and psychological perspectives on how American adults conceive of and demonstrate generosity. Focusing not only on financial giving but on the many diverse forms generosity can take, Christian Smith and Hilary Davidson show the deep impact—usually good, sometimes destructive—that giving has on individuals. *The Paradox of Generosity* is the first study to make use of the cutting-edge empirical data collected in Smith's groundbreaking, multidisciplinary, five-year Science of Generosity Initiative. It draws on an extensive survey of 2,000 Americans, more than sixty in-depth interviews with individuals across twelve states, and analysis of over 1,000 photographs and other visual materials. This wealth of evidence reveals a consistent link between demonstrating generosity and leading a better life: more generous people are happier, suffer fewer illnesses and injuries, live with a greater sense of purpose, and experience less depression. Smith and Davidson also show, however, that to achieve a better life a person must practice generosity regularly—random acts of kindness are not enough. Offering a wide range of vividly illustrative case studies, this

volume will be a crucial resource for anyone seeking to understand the true impact and meaning of generosity.

How Pi Can Save Your Life

Using Math to Survive Plane Crashes, Zombie Attacks, Alien Encounters, and Other Improbable Real-World Situations *Simon and Schuster*

Discover how you can guard a priceless painting in the Louvre, pilot a space shuttle back to Earth, and survive other ridiculous-yet-possible scenarios using the all-encompassing power of mathematical equations. Whether you paid much attention in math class or not, the inescapable truth is that real life is full of equations. You use differentiation when driving from point A to B and apply basic geometry when you're crossing the road between traffic, even if you don't realize it. But what if you were plummeting to your death inside a plane with no engine and you needed to know what size parachute to make from your cabinmate's sari in order to jump and survive? *How Pi Can Save Your Life* tackles some frankly ridiculous scenarios with essential, bullet-proof equations that you'll probably never apply in real life. But before you get into the life-saving mathematics, this book will start you off with the essential math that will be the key to taking on the wild scenarios later on in this book. Using only the power of equations, you will be able to: Communicate with an alien civilization Save your town from a zombie apocalypse Contain a major oil spill Excavate a fossil that could be a major scientific discovery Perform Hollywood stunts in a blockbuster action film And more! *How Pi Can Save Your Life* will take your basic understanding of

mathematical equations to the next level, teaching you that the real key to surviving in an unpredictable world is understanding the natural forces and relationships that rule everything we do.

Rethinking Life and Death

The Collapse of Our Traditional Ethics *Macmillan*

In a reassessment of the meaning of life and death, a noted philosopher offers a new definition for life that contrasts a world dependent on biological maintenance with one controlled by state-of-the-art medical technology

Half-Earth: Our Planet's Fight for Life *W. W. Norton & Company*

"An audacious and concrete proposal...Half-Earth completes the 86-year-old Wilson's valedictory trilogy on the human animal and our place on the planet." —Jedediah Purdy, *New Republic* In his most urgent book to date, Pulitzer Prize-winning author and world-renowned biologist Edward O. Wilson states that in order to stave off the mass extinction of species, including our own, we must move swiftly to preserve the biodiversity of our planet. In this "visionary blueprint for saving the planet" (Stephen Greenblatt), Half-Earth argues that the situation facing us is too large to be solved piecemeal and proposes a solution commensurate with the magnitude of the problem: dedicate fully half the surface of the Earth to nature. Identifying actual regions of the planet that can still be reclaimed—such as the California redwood forest, the Amazon River basin, and grasslands of the Serengeti, among others—Wilson puts aside the prevailing pessimism of our times and "speaks with a humane eloquence which calls to us all" (Oliver

Sacks).

Financial Freedom

A Proven Path to All the Money You Will Ever Need *Penguin*

The International Bestseller "This book blew my mind. More importantly, it made financial independence seem achievable. I read Financial Freedom three times, cover-to-cover." —Lifehacker Money is unlimited. Time is not. Become financially independent as fast as possible. In 2010, 24-year old Grant Sabatier woke up to find he had \$2.26 in his bank account. Five years later, he had a net worth of over \$1.25 million, and CNBC began calling him "the Millennial Millionaire." By age 30, he had reached financial independence. Along the way he uncovered that most of the accepted wisdom about money, work, and retirement is either incorrect, incomplete, or so old-school it's obsolete. Financial Freedom is a step-by-step path to make more money in less time, so you have more time for the things you love. It challenges the accepted narrative of spending decades working a traditional 9 to 5 job, pinching pennies, and finally earning the right to retirement at age 65, and instead offers readers an alternative: forget everything you've ever learned about money so that you can actually live the life you want. Sabatier offers surprising, counter-intuitive advice on topics such as how to:

- * Create profitable side hustles that you can turn into passive income streams or full-time businesses
- * Save money without giving up what makes you happy
- * Negotiate more out of your employer than you thought possible
- * Travel the world for less
- * Live for free--or better yet, make money on your living situation
- * Create a simple, money-making

portfolio that only needs minor adjustments * Think creatively--there are so many ways to make money, but we don't see them. But most importantly, Sabatier highlights that, while one's ability to make money is limitless, one's time is not. There's also a limit to how much you can save, but not to how much money you can make. No one should spend precious years working at a job they dislike or worrying about how to make ends meet. Perhaps the biggest surprise: You need less money to "retire" at age 30 than you do at age 65. Financial Freedom is not merely a laundry list of advice to follow to get rich quick--it's a practical roadmap to living life on one's own terms, as soon as possible.

The Immortal Life of Henrietta Lacks *Crown*

#1 NEW YORK TIMES BESTSELLER • "The story of modern medicine and bioethics—and, indeed, race relations—is refracted beautifully, and movingly."—Entertainment Weekly NOW A MAJOR MOTION PICTURE FROM HBO® STARRING OPRAH WINFREY AND ROSE BYRNE • ONE OF THE "MOST INFLUENTIAL" (CNN), "DEFINING" (LITHUB), AND "BEST" (THE PHILADELPHIA INQUIRER) BOOKS OF THE DECADE • ONE OF ESSENCE'S 50 MOST IMPACTFUL BLACK BOOKS OF THE PAST 50 YEARS • WINNER OF THE CHICAGO TRIBUNE HEARTLAND PRIZE FOR NONFICTION NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Review • Entertainment Weekly • O: The Oprah Magazine • NPR • Financial Times • New York • Independent (U.K.) • Times (U.K.) • Publishers Weekly • Library Journal • Kirkus Reviews • Booklist • Globe and Mail Her name was Henrietta Lacks, but

scientists know her as HeLa. She was a poor Southern tobacco farmer who worked the same land as her slave ancestors, yet her cells—taken without her knowledge—became one of the most important tools in medicine: The first “immortal” human cells grown in culture, which are still alive today, though she has been dead for more than sixty years. HeLa cells were vital for developing the polio vaccine; uncovered secrets of cancer, viruses, and the atom bomb’s effects; helped lead to important advances like in vitro fertilization, cloning, and gene mapping; and have been bought and sold by the billions. Yet Henrietta Lacks remains virtually unknown, buried in an unmarked grave. Henrietta’s family did not learn of her “immortality” until more than twenty years after her death, when scientists investigating HeLa began using her husband and children in research without informed consent. And though the cells had launched a multimillion-dollar industry that sells human biological materials, her family never saw any of the profits. As Rebecca Skloot so brilliantly shows, the story of the Lacks family—past and present—is inextricably connected to the dark history of experimentation on African Americans, the birth of bioethics, and the legal battles over whether we control the stuff we are made of. Over the decade it took to uncover this story, Rebecca became enmeshed in the lives of the Lacks family—especially Henrietta’s daughter Deborah. Deborah was consumed with questions: Had scientists cloned her mother? Had they killed her to harvest her cells? And if her mother was so important to medicine, why couldn’t her children afford health insurance? Intimate in feeling, astonishing in scope, and impossible to

put down, *The Immortal Life of Henrietta Lacks* captures the beauty and drama of scientific discovery, as well as its human consequences.

For the Strength of Youth *The Church of Jesus Christ of Latter-day Saints*

OUR DEAR YOUNG MEN AND YOUNG WOMEN, we have great confidence in you. You are beloved sons and daughters of God and He is mindful of you. You have come to earth at a time of great opportunities and also of great challenges. The standards in this booklet will help you with the important choices you are making now and will yet make in the future. We promise that as you keep the covenants you have made and these standards, you will be blessed with the companionship of the Holy Ghost, your faith and testimony will grow stronger, and you will enjoy increasing happiness.

To Save a Life *Youth Specialties*

Book only - based on the screenplay of the theatrical movie. Includes additional scenes not shown in the film. Addresses real-life challenges of teens and their choices. Communicates the concept that we are never more like Jesus than when we are reaching out to the lonely and hurting. Powerful novel that makes a heart impact.

Being Good in a World of Need *Oxford University Press*

How should the well-off respond to the world’s needy? Renowned ethicist Larry S. Temkin challenges common beliefs about philanthropy and Effective Altruism, exploring the complex ways that global aid may do more harm than good, and considers the alternatives available when neglecting the needy is morally impermissible.

Don't Die Early

The Life You Save Can Be Your Own

It's a mess out there. Obesity, diabetes, heart disease, and inflammatory diseases are all on the rise. And even though it seems everyone has answers, incessant sounds bites in the daily news and magazine articles offer little more than superficial, generic advice. Combined with clever marketing intended primarily to sell products, this chaotic and fragmented advice results in a confusing, and typically incorrect, guide to being healthier. How does a person know what's right and what's wrong? How do we separate fact from carefully crafted half-truths? What can we, as individuals, do to be healthier and how can we avoid the most common diseases that plague us today? Don't Die Early is a remarkable framework to guide any of us towards a more aggressive approach to our own healthcare. No matter our age or condition, Don't Die Early is a plan of wellness and longevity, written for the average everyday person who no longer wants to be at the mercy of their provider but wants to take control and become the healthiest that they can. "In Don't Die Early, Rocky Angelucci explains the actual science of diet and health in clear, simple language anyone can understand. If you're confused by all the conflicting health advice in the media, read this book. By the time you finish it, you'll probably know more about nutrition and health than your doctor." -Tom Naughton, creator of documentary "Fat Head"

How to Be an Everyday Philanthropist

330 Ways to Make a Difference in

Your Home, Community, and World-at No Cost! *Workman Publishing Company*

Want to help make your community, your town—your world—a better place, but don't know where to begin? *How To Be An Everyday Philanthropist* shows you the way. A handbook, a resource guide, a call to action, and an inspiration, it offers 330 concrete, direct ideas for making a difference—all of which have nothing to do with the size of your checkbook and everything to do with using the hidden assets that are already a part of your life. Whether you're shopping, working, exercising, or surfing the Web, there are hundreds of ways to slip small but deeply meaningful acts of philanthropy into your life, using 330 of the most innovative and effective charitable organizations around. Have an old pair of sneakers lying around the house? Nike's Reuse-a-Shoe program will recycle them into safe playground surfaces. getting rid of that old cell phone? Call to Protect will refurbish it as an emergency lifeline for abused women. Racking up frequent-flier miles? Donate them to an ill child so they can travel and get the care they need. Like to knit? Knit hats for cancer patients. Start a petition, sign a petition, send out an awareness e-mail, and network with like-minded givers and doers at Care2.com. There are ideas for giving things you might never have thought of—your hair, old prom dress, breast milk for African AIDS orphans. Ideas for using your hobbies, talents, time, trash, technology, and more. Each suggestion can be accomplished in the course of a day, most within an hour. In tough times it's more important than ever that people and communities pull together—*How To Be An Everyday Philanthropist* makes it easier than ever before.

How to Save a Life

The Love Story That Starts When A Heart Stops *Pan Macmillan*

In Eva Carter's *How to Save a Life*, saving a life is only the start of the story . . . 'A sweeping, brave, epic love story. I was hooked from the very first page' - Josie Silver, author of *One Night on the Island* Eighteen-year-old Kerry has had a crush on Joel for years, but knows he's out of her league. Then something extraordinary happens: minutes before midnight on the eve of the millennium, Joel collapses and Kerry saves his life. As Kerry supports Joel through his recovery, they discover a connection neither of them anticipated - until, haunted by what might have been, he abruptly ends their relationship. Over the course of the next two decades, the two are bound by that moment of life and death; each time they believe they've found love, discovered their vocation, or simply moved on, their lives collide again. But Joel got a second chance at life; will Kerry get a second chance at love? Because bravery isn't just about life or death decisions; it's also about what happens next . . . 'I couldn't put it down until I reached the final page' - Beth O'Leary, author of *The Flatshare*

Save Your Own Damn Life

A Do It Yourself Self Help Book

This is not a typical self help book. This is a book of action. This is a book that is going to light a fire under your ass. In this refreshingly entertaining do it yourself-self help book, life coach, podcaster and inspirational speaker, Jessica Jeboult, will show you how to save your own damn life. By upholding the 4 commitments outlined in this book, you will track where your life needs

improvement and learn the tools and strategies to successfully implement a solution immediately. Through hilariously inspiring stories, sage advice and simple, user friendly exercises, you will learn how to: -improve your health-override self doubt-live a life you're proud of-cultivate fulfilling relationships-build an endless source of confidence-love your job and career -take action You will get the cheat codes to living a happy, healthy, productive life filled with love. "Anything I can do, you can do too. If you want to take control of your life, let's get to work!"

How To Save A Life

There's more than one way to save a life...Riley James has everything to live for, a business to grow, goals to achieve. After everything she's overcome, there's no way she's going to let anyone get in the way of her hopes and dreams. Not even a handsome businessman who makes her a crazy offer she would be even crazier to refuse. Jordan West has everything a man could want. And yet it all feels so meaningless. But when tragedy strikes and he's entrusted with the care of a two-year-old toddler, life doesn't seem so meaningless anymore. Jordan West suddenly has everything to live for. Problem is...how does he hold on to that feeling?

Practical Ethics *Cambridge University Press*

For thirty years, Peter Singer's *Practical Ethics* has been the classic introduction to applied ethics. For this third edition, the author has revised and updated all the chapters and added a new chapter addressing climate change, one of the most important ethical challenges of our generation. Some of the questions discussed in this book concern our daily

lives. Is it ethical to buy luxuries when others do not have enough to eat? Should we buy meat from intensively reared animals? Am I doing something wrong if my carbon footprint is above the global average? Other questions confront us as concerned citizens: equality and discrimination on the grounds of race or sex; abortion, the use of embryos for research and euthanasia; political violence and terrorism; and the preservation of our planet's environment. This book's lucid style and provocative arguments make it an ideal text for university courses and for anyone willing to think about how she or he ought to live.

India Today

Economy, Politics and Society *John Wiley & Sons*

Twenty years ago India was still generally thought of as an archetypal developing country, home to the largest number of poor people of any country in the world, and beset by problems of low economic growth, casteism and violent religious conflict. Now India is being feted as an economic power-house which might well become the second largest economy in the world before the middle of this century. Its democratic traditions, moreover, remain broadly intact. How and why has this historic transformation come about? And what are its implications for the people of India, for Indian society and politics? These are the big questions addressed in this book by three scholars who have lived and researched in different parts of India during the period of this great transformation. Each of the 13 chapters seeks to answer a particular question: When and why did India take off? How did a weak state promote audacious

reform? Is government in India becoming more responsive (and to whom)? Does India have a civil society? Does caste still matter? Why is India threatened by a Maoist insurgency? In addressing these and other pressing questions, the authors take full account of vibrant new scholarship that has emerged over the past decade or so, both from Indian writers and India specialists, and from social scientists who have studied India in a comparative context. *India Today* is a comprehensive and compelling text for students of South Asia, political economy, development and comparative politics as well as anyone interested in the future of the world's largest democracy.

How to Save a Life *Lake Union Publishing*

The bestselling authors of *The Good Widow* deliver a modern, suspenseful twist on *Groundhog Day* that asks the question: How far are you willing to go to save the life of someone you love? Dom is having a very bad day—one he literally can't escape. When Dom bumps into Mia, his ex-fiancée whom he hasn't seen in almost a decade, he believes they've been given a second chance and asks her out. When Mia dies tragically on their date, Dom makes a desperate wish: to be given the chance to save her life. And when he wakes the next morning to the shock that she's alive, he thinks his wish may have been granted. But day after day, no matter what he changes about their time together, she still meets a terrible fate. Dom frantically searches for answers to save his beloved Mia and rekindle their former love. But the further he digs, the more obsessed he becomes, making him realize that slowing down time may be the only way to see things clearly. As he's forced to

confront the truth about himself and those he's closest to, Dom vows that he'll watch Mia die a thousand times if it means he can save her once.

Mouth to Mouth

A Novel *Simon and Schuster*

A successful art dealer confesses the story of his meteoric rise in this “sleek, swift, and graceful” novel “with unexpectedly sharp teeth” (Lauren Groff, New York Times bestselling author). In a first-class lounge at JFK airport, our narrator listens as Jeff Cook, a former classmate he only vaguely remembers, shares the uncanny story of his adult life—a life that changed course years before, the moment he resuscitated a drowning man. Jeff reveals that after that traumatic, galvanizing morning on the beach, he was compelled to learn more about the man whose life he had saved, convinced that their fates were now entwined. But are we agents of our fate—or are we its pawns? Upon discovering that the man is renowned art dealer Francis Arsenault, Jeff begins to surreptitiously visit his Beverly Hills gallery. Although Francis does not seem to recognize him as the man who saved his life, he nevertheless casts his legendary eye on Jeff and sees something worthy. He takes the younger man under his wing, initiating him into his world, where knowledge, taste, and access are currency; a world where value is constantly shifting and calling into question what is real, and what matters. The paths of the two men come together and diverge in dizzying ways until the novel’s staggering ending. Sly, suspenseful, and engrossing, *Mouth to Mouth* masterfully blurs the line between opportunity and exploitation, self-respect and self-delusion, fact and

fiction—exposing the myriad ways we deceive each other, and ourselves.

Dictionary of Gestures

Expressive Comportments and Movements in Use around the World *MIT Press*

An illustrated guide to more than 850 gestures and their meanings around the world, from a nod of the head to a click of the heels. Gestures convey meaning with a flourish. A vigorous nod of the head, a bold jut of the chin, an enthusiastic thumbs-up: all speak louder than words. Yet the same gesture may have different meanings in different parts of the world. What Americans understand as the “A-OK gesture,” for example, is an obscene insult in the Arab world. This volume is the reference book we didn’t know we needed—an illustrated dictionary of 850 gestures and their meanings around the world. It catalogs voluntary gestures made to communicate openly—as distinct from sign language, dance moves, involuntary “tells,” or secret handshakes—and explains what the gesture conveys in a variety of locations. It is organized by body part, from top to bottom, from head (nodding, shaking, turning) to foot (scraping, kicking, playing footsie). We learn that “to oscillate the head while gently throwing it back” communicates approval in some countries even though it resembles the headshake of disapproval used in other countries; that “to tap a slightly inflated cheek” constitutes an erotic invitation when accompanied by a wink; that the middle finger pointed in the air signifies approval in South America. We may already know that it is a grave insult in the Middle East and Asia to display the sole of one’s shoe, but perhaps not that

motorcyclists sometimes greet each other by raising a foot. Illustrated with clever line drawings and documented with quotations from literature (the author, François Caradec, was a distinguished and prolific historian of literature, culture, and humorous oddities, as well as a novelist and poet), this dictionary offers readers unique lessons in polylingual meaning.

Get Money

Live the Life You Want, Not Just the Life You Can Afford *Hachette Books*

Learn how to live the life you want, not just the life you can afford! Managing your money is like going to the dentist or standing in line at the DMV. Nobody wants to do it, but at some point, it's inevitable: you need to clean your teeth, renew your license, and manage your personal finances like a grown-up. Whether you're struggling to pay off student loan debt, ready to stop living paycheck to paycheck, or have finally accepted that your Beanie Baby collection will never pay off, tackling

your finances may seem immensely intimidating. But it doesn't have to be. By approaching personal finance as a game--something that requires you to set clear goals, as well as face challenges you must "beat"--personal finance can not only be easy to understand, but it can also be fun! In *Get Money*, personal finance expert Kristin Wong shows you the exact steps to getting more money in your pocket without letting it rule your life. Through a series of challenges designed to boost your personal finance I.Q., interviews with other leading financial experts, and exercises tailored to help you achieve even your biggest goals, you'll learn valuable skills such as: Building a budget that (gasp) actually works Supercharging a debt payoff plan How to strategically hack your credit score Negotiating like a shark (or at least a piranha) Side-hustling to speed up your money goals Starting a lazy investment portfolio...and many more! Simply put, with this gamified guide to personal finance, you'll no longer stress about understanding how your finances work--you'll finally "get" money.