
I Thought It Was Just Me

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CONCLUSION

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I Thought It Was Just Me (but it isn't)

Making the Journey from "What Will People Think?" to "I Am Enough"
Penguin

Researcher, thought leader, and New York Times bestselling author Brené Brown offers a liberating study on the importance of our imperfections—both to our relationships and to our own sense of self. The quest for perfection is exhausting and unrelenting. There is a constant barrage of social expectations that teach us that being imperfect is synonymous with being inadequate. Everywhere we turn, there are messages that tell us who, what and how we're supposed to be. So, we learn to hide our struggles and protect ourselves from shame, judgment, criticism and blame by seeking safety in pretending and perfection. Brené Brown, PhD, LMSW, is the leading authority on the power of vulnerability, and has inspired thousands through her top-selling books *Daring Greatly*, *Rising Strong*, and *The Gifts of Imperfection*, her wildly popular TEDx talks, and a PBS special. Based on seven years of her ground-breaking research and hundreds of interviews, *I Thought It Was Just Me* shines a long-overdue light on an important truth: Our imperfections are what connect us to each other and to our humanity. Our vulnerabilities are not weaknesses; they are powerful reminders to keep our hearts and minds open to the reality that we're all in this together. Brown writes, "We need our lives back. It's time to reclaim the gifts of imperfection—the courage to be real, the compassion we need to love ourselves and others, and the connection that gives true purpose and meaning to life. These are the gifts that bring love, laughter, gratitude, empathy and joy into our lives."

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I Thought it was Just Me

Women Reclaiming Power and Courage in a Culture of Shame

Gotham Books

Draws on research with hundreds of interviewees to identify the pervasive influence of cultural shame, discussing how women can recognize the ways in which shame influences their health and relationships and can be transformed into courage and connectivit

I Thought it was Just Me (but it Isn't)

Making the Journey from "What Will People Think?" to "I Am Enough"

Avery

Draws on research with hundreds of interviewees to identify the pervasive influence of cultural shame, discussing how women can recognize the ways in which shame influences their health and relationships and can be transformed into courage and connectivity.

Just a Thought

Exploring Your Weird, Wacky, and Wonderful Mind! *Shambhala Publications*

A playful, read-aloud exploration of all the different thoughts we have every day and their role in our lives. "Sharks rule!" "That's gross." "I love tofu." "Is she from Montreal?" Whether our thoughts are happy, sad, scared, excited, or worried, they come in a constant flow. Through playful rhyming text and vivid, fun illustrations, *Just a Thought* introduces kids 4-8 to the way our lives are shaped by our thoughts. The story helps to teach self-awareness by recognizing negative self-thought and recurring thought patterns. Regardless

of whether you have happy, weird, or mean thoughts—they are all just thoughts, and no single thought can define you. The magic of mind is that it's a space where anything is possible!

Just As I Thought *Farrar, Straus and Giroux*

This rich and multifaceted collection is Grace Paley's vivid record of her life. As close to an autobiography as anything we are likely to have from this quintessentially American writer, *Just As I Thought* gives us a chance to see Paley not only as a writer and "troublemaker" but also as a daughter, sister, mother, and grandmother. Through her descriptions of her childhood in the Bronx and her experiences as an antiwar activist to her lectures on writing and her recollections of other writers, these pieces are always alive with Paley's inimitable voice, humor, and wisdom.

A Thought Is Just a Thought

A Story of Living with OCD *Lantern Books*

Jenny suffers from obsessive-compulsive disorder and visits a doctor. The kind Dr. Mike helps Jenny overcome her fears and deal with this debilitating psychological illness.

Summary of Brené Brown's I Thought It Was Just Me

Buy now to get key insights from Brené Brown's *I Thought It Was Just Me*. Sample Insights: 1) Shame is a universal emotion. We all experience it. It is a feeling of being flawed and defective. Shame is not a feeling we want to talk about, but if we learn how to be comfortable talking about shame, we can start to learn how to deal with it. 2) Shame is a silent epidemic. It's a

problem of epidemic proportions because it has an impact on all of us. What makes it silent is our inability or unwillingness to talk openly about shame and explore the ways in which it affects our lives.

It Will Never Happen to Me! *Random House Digital, Inc.*

Offers personal advice for the children of alcoholics and discusses the family relationships of alcoholics

Just a Thought

A No-Willpower Approach to Overcome Self-Doubt and Make Peace with Your Mind *New Harbinger Publications*

You are not your thoughts! Learn how to overcome negative thinking habits and self-doubt so you can experience more confidence, freedom, and peace of mind. When you understand how your mind works, unhelpful and noisy thoughts move to the background, and your awareness shifts to something quieter and deeper. This is true peace of mind. And it's not some unattainable goal reserved for the most enlightened among us. Anyone can experience it. This book will show you how! From life coach and psychologist Amy Johnson, this user-friendly guide offers a no-willpower approach informed by ancient wisdom and modern neuroscience to help you change your negative thinking habits, make peace with your inner critic, and experience more self-confidence and freedom than you ever thought possible. Our minds are hardwired to expect the worst. They love to replay the past and predict the future. They have strong opinions that feel solid and meaningful, but are always changing and contradicting themselves.

When we think our thoughts define who we are, we suffer. But when we see the truth—and we glimpse the space that lies beyond those self-created stories—we suffer far less. This book will help you glimpse that truth, and use it to find lasting peace.

Just When I Thought I'd Dropped My Last Egg

Life and Other Calamities *Ballantine Books*

The television host offers a candid collection of opinions, observations, and anecdotes covering a broad range of personal topics, from talking to her kids about sex to run-ins with celebrities.

Women and Shame

Reaching Out, Speaking Truths and Building Connection

A compelling and provocative exploration of the complexities of shame and its impact on women's lives. Based on interviews with over 200 women, here are ideas, information, and strategies for understanding shame across a wide range of topics, including appearance, sex, body image, motherhood, parenting, health, and aging, supported by poignant and relevant case examples. Four key elements that allow women to transform shame into connection and acceptance are identified and explained. Original.

Roll of Thunder, Hear My Cry *Penguin*

Young Cassie Logan endures humiliation and witnesses the racism of the KKK as they embark on a cross-burning rampage, before she fully understands the importance her family attributes to having land of their own.

Tales of a Fourth Grade Nothing *Penguin*

Living with his little brother, Fudge, makes Peter feel like a fourth grade nothing. Fudge is never far from trouble. He's a two-year-old terror who gets away with everything--and Peter's had enough. When Fudge walks off with Dribble, Peter's pet turtle, it's the last straw.

The Book Thief *Knopf Books for Young Readers*

#1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE'S 100 BEST YA BOOKS OF ALL TIME The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *I Am the Messenger*, has given us one of the most enduring stories of our time. “The kind of book that can be life-changing.” —The New York Times “Deserves a place on the same shelf with *The Diary of a Young Girl* by Anne Frank.” —USA Today DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF.

Just Thought I'd Share *CreateSpace*

Simply from the Soul Poetry - Read, relax

and enjoy this collection of life poetry. This passionate thought-provoking collection of poetry is sure to please you. Photos included.

And I Thought...

Being Grown Up Was Easy *Createspace Independent Publishing Platform*

Getting money,paying bills,finding your prince charming, finding your happiness it looked so easy when you were young.You thought you had it all figured out. Little did you know life throws you curve balls. And you thought grownups had it easy so did these ladies. Follow their journies while getting lost in the grownup world.

I Thought You Were the One for Me *Protea Pub*

It's Just a Thought . . .

But It Could Change Your Life *Honor Books*

Whether you're looking for an occasional pick-me-up, or daily encouragement to reach your goals, these motivating "just-a-thoughts" will boost you on your way!.

Seven Games: A Human History *W. Norton & Company*

A group biography of seven enduring and beloved games, and the story of why—and how—we play them. Checkers, backgammon, chess, and Go. Poker, Scrabble, and bridge. These seven games, ancient and modern, fascinate millions of people worldwide. In *Seven Games*, Oliver Roeder charts their origins and historical importance, the delightful arcana of their rules, and the ways their design makes them pleasurable. Roeder introduces thrilling

competitors, such as evangelical minister Marion Tinsley, who across forty years lost only three games of checkers; Shusai, the Master, the last Go champion of imperial Japan, defending tradition against “modern rationalism”; and an IBM engineer who created a backgammon program so capable at self-learning that NASA used it on the space shuttle. He delves into the history and lore of each game: backgammon boards in ancient Egypt, the Indian origins of chess, how certain shells from a particular beach in Japan make the finest white Go stones. Beyond the cultural and personal stories, Roeder explores why games, seemingly trivial pastimes, speak so deeply to the human soul. He introduces an early philosopher of games, the aptly named Bernard Suits, and visits an Oxford cosmologist who has perfected a computer that can effectively play bridge, a game as complicated as human language itself. Throughout, Roeder tells the compelling story of how humans, pursuing scientific glory and competitive advantage, have invented AI programs better than any human player, and what that means for the games—and for us. Funny, fascinating, and profound, *Seven Games* is a story of obsession, psychology, history, and how play makes us human.

Fahrenheit 451

A Novel *Simon and Schuster*

A totalitarian regime has ordered all books to be destroyed, but one of the book burners suddenly realizes their merit.

Sophie's World

A Novel About the History of Philosophy *Farrar, Straus and Giroux*

One day Sophie comes home from school to find two questions in her mail: "Who are you?" and "Where does the world come from?" Before she knows it she is enrolled in a correspondence course with a mysterious philosopher. Thus begins Jostein Gaarder's unique novel, which is not only a mystery, but also a complete and entertaining history of philosophy.

Just a Thought

Creating the Life You Deserve from the Inside Out *Createspace Independent Publishing Platform*

Are you ready to shape your reality and fully embrace the lifestyle of your dreams? As you read this, do you feel a tingle of possibilities resonating deep within you? Just a Thought is a guide to your inner dreams, and you have found this book at the moment you needed it most; in fact, you have been led to it for good reason. You are a universe of possibilities, and the time has come to unlock them, simply by thinking and manifesting your heart's deepest desire. The choice is yours: to continue on your current path-or to expand your consciousness and evolve into the life you deserve, achieving your full potential of success and happiness. What's in it for you? Nothing, other than what you choose to take away. The thoughts that occur in your mind indeed will not only impact your life but shape the very reality of it. Your mindset alone will either create or diminish your potential to design the life of your dreams. This book is divided into 5 sections: Succeed, Transform, Mindful Happiness, Connect, and Live. Within them, you will find exactly what you need, whatever it may be. Your journey begins with Just a Thought... By the

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Daring Greatly

How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead *Penguin UK*

Researcher and thought leader Dr. Brené Brown offers a powerful new vision in *Daring Greatly* that encourages us to embrace vulnerability and imperfection, to live wholeheartedly and courageously. 'It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; . . . who at best knows in the end the triumph of high achievement, and who at worst, if he fails, at least fails while daring greatly' -Theodore Roosevelt

Every time we are introduced to someone new, try to be creative, or start a difficult conversation, we take a risk. We feel uncertain and exposed. We feel vulnerable. Most of us try to fight those feelings - we strive to appear perfect. Challenging everything we think we know about vulnerability, Dr. Brené Brown dispels the widely accepted myth that it's a weakness. She argues that vulnerability is in fact a strength, and when we shut ourselves off from revealing our true selves we grow distanced from the things that bring purpose and meaning to our lives. *Daring Greatly* is the culmination of 12 years of groundbreaking social research, across the home, relationships, work, and parenting. It is an invitation to be courageous; to show up and let ourselves be seen, even when there are no guarantees. This is vulnerability. This is daring greatly. 'Brilliantly insightful. I can't stop thinking about this book' - Gretchen Rubin

Brené Brown, Ph.D., LMSW is a #1 New York Times bestselling author and a research

professor at the University of Houston Graduate College of Social Work. Her groundbreaking work was featured on Oprah Winfrey's Super Soul Sunday, NPR, and CNN. Her TED talk is one of the most watched TED talks of all time. Brené is also the author of *The Gifts of Imperfection* and *I Thought It Was Just Me* (but it isn't).

Atlas of the Heart

Mapping Meaningful Connection and the Language of Human Experience *Random House*

#1 NEW YORK TIMES BESTSELLER • In her latest book, Brené Brown writes, "If we want to find the way back to ourselves and one another, we need language and the grounded confidence to both tell our stories and be stewards of the stories that we hear. This is the framework for meaningful connection." In *Atlas of the Heart*, Brown takes us on a journey through eighty-seven of the emotions and experiences that define what it means to be human. As she maps the necessary skills and an actionable framework for meaningful connection, she gives us the language and tools to access a universe of new choices and second chances—a universe where we can share and steward the stories of our bravest and most heartbreaking moments with one another in a way that builds connection. Over the past two decades, Brown's extensive research into the experiences that make us who we are has shaped the cultural conversation and helped define what it means to be courageous with our lives. *Atlas of the Heart* draws on this research, as well as on Brown's singular skills as a storyteller, to show us how accurately naming an experience doesn't give the experience more

power—it gives us the power of understanding, meaning, and choice. Brown shares, “I want this book to be an atlas for all of us, because I believe that, with an adventurous heart and the right maps, we can travel anywhere and never fear losing ourselves.”

The Outsiders *Pearson UK*

The struggle of three brothers to stay together after their parent's death and their quest for identity among the conflicting values of their adolescent society.

Where the Mountain Meets the Moon *Little, Brown Books for Young Readers*

This stunning fantasy inspired by Chinese folklore is a companion novel to *Starry River of the Sky* and the New York Times bestselling and National Book Award finalist *When the Sea Turned to Silver*. In the valley of Fruitless mountain, a young girl named Minli lives in a ramshackle hut with her parents. In the evenings, her father regales her with old folktales of the Jade Dragon and the Old Man on the Moon, who knows the answers to all of life's questions. Inspired by these stories, Minli sets off on an extraordinary journey to find the Old Man on the Moon to ask him how she can change her family's fortune. She encounters an assorted cast of characters and magical creatures along the way, including a dragon who accompanies her on her quest for the ultimate answer. Grace Lin, author of the beloved *Year of the Dog* and *Year of the Rat* returns with a wondrous story of adventure, faith, and friendship. A fantasy crossed with Chinese folklore, *Where the Mountain Meets the Moon* is a timeless story reminiscent of *The Wizard of Oz* and Kelly Barnhill's *The Girl Who*

Drank the Moon. Her beautiful illustrations, printed in full-color, accompany the text throughout. Once again, she has created a charming, engaging book for young readers.

They Thought They Were Free

The Germans, 1933-45 *University of Chicago Press*

“When this book was first published it received some attention from the critics but none at all from the public. Nazism was finished in the bunker in Berlin and its death warrant signed on the bench at Nuremberg.” That’s Milton Mayer, writing in a foreword to the 1966 edition of *They Thought They Were Free*. He’s right about the critics: the book was a finalist for the National Book Award in 1956. General readers may have been slower to take notice, but over time they did—what we’ve seen over decades is that any time people, across the political spectrum, start to feel that freedom is threatened, the book experiences a ripple of word-of-mouth interest. And that interest has never been more prominent or potent than what we’ve seen in the past year. *They Thought They Were Free* is an eloquent and provocative examination of the development of fascism in Germany. Mayer’s book is a study of ten Germans and their lives from 1933-45, based on interviews he conducted after the war when he lived in Germany. Mayer had a position as a research professor at the University of Frankfurt and lived in a nearby small Hessian town which he disguised with the name “Kronenberg.” “These ten men were not men of distinction,” Mayer noted, but they had been members of the Nazi Party; Mayer wanted to discover what had made them Nazis. His discussions with them of

Nazism, the rise of the Reich, and mass complicity with evil became the backbone of this book, an indictment of the ordinary German that is all the more powerful for its refusal to let the rest of us pretend that our moment, our society, our country are fundamentally immune. A new foreword to this edition by eminent historian of the Reich Richard J. Evans puts the book in historical and contemporary context. We live in an age of fervid politics and hyperbolic rhetoric. *They Thought They Were Free* cuts through that, revealing instead the slow, quiet accretions of change, complicity, and abdication of moral authority that quietly mark the rise of evil.

Our Subway Baby *Penguin*

This gentle and incredibly poignant picture book tells the true story of how one baby found his home. "Some babies are born into their families. Some are adopted. This is the story of how one baby found his family in the New York City subway." So begins the true story of Kevin and how he found his Daddy Danny and Papa Pete. Written in a direct address to his son, Pete's moving and emotional text tells how his partner, Danny, found a baby tucked away in the corner of a subway station on his way home from work one day. Pete and Danny ended up adopting the baby together. Although neither of them had prepared for the prospect of parenthood, they are reminded, "Where there is love, anything is possible."

Dare to Lead

Brave Work. Tough Conversations. Whole Hearts. *Random House*

#1 NEW YORK TIMES BESTSELLER • Brené Brown has taught us what it means to dare greatly, rise strong, and

brave the wilderness. Now, based on new research conducted with leaders, change makers, and culture shifters, she's showing us how to put those ideas into practice so we can step up and lead. Look for Brené Brown's new podcast, *Dare to Lead*, as well as her ongoing podcast *Unlocking Us!* **NAMED ONE OF THE BEST BOOKS OF THE YEAR BY BLOOMBERG Leadership** is not about titles, status, and wielding power. A leader is anyone who takes responsibility for recognizing the potential in people and ideas, and has the courage to develop that potential. When we dare to lead, we don't pretend to have the right answers; we stay curious and ask the right questions. We don't see power as finite and hoard it; we know that power becomes infinite when we share it with others. We don't avoid difficult conversations and situations; we lean into vulnerability when it's necessary to do good work. But daring leadership in a culture defined by scarcity, fear, and uncertainty requires skill-building around traits that are deeply and uniquely human. The irony is that we're choosing not to invest in developing the hearts and minds of leaders at the exact same time as we're scrambling to figure out what we have to offer that machines and AI can't do better and faster. What can we do better? Empathy, connection, and courage, to start. Four-time #1 New York Times bestselling author Brené Brown has spent the past two decades studying the emotions and experiences that give meaning to our lives, and the past seven years working with transformative leaders and teams spanning the globe. She found that leaders in organizations ranging from small entrepreneurial startups and family-owned businesses to nonprofits, civic organizations, and Fortune 50 companies all ask the same

question: How do you cultivate braver, more daring leaders, and how do you embed the value of courage in your culture? In this new book, Brown uses research, stories, and examples to answer these questions in the no-BS style that millions of readers have come to expect and love. Brown writes, "One of the most important findings of my career is that daring leadership is a collection of four skill sets that are 100 percent teachable, observable, and measurable. It's learning and unlearning that requires brave work, tough conversations, and showing up with your whole heart. Easy? No. Because choosing courage over comfort is not always our default. Worth it? Always. We want to be brave with our lives and our work. It's why we're here." Whether you've read *Daring Greatly* and *Rising Strong* or you're new to Brené Brown's work, this book is for anyone who wants to step up and into brave leadership.

Just When I Thought I'd Heard Everything!: Humorous Observations on Life in America

Grodin's humorous observations run the gamut from food to family, travel to technology.

The Invention of Solitude *Faber & Faber*

'One day there is life . . . And then, suddenly, it happens there is death.' So begins Paul Auster's moving and personal meditation on fatherhood, *The Invention of Solitude*. The first section, 'Portrait of an Invisible Man', reveals Auster's memories and feelings after the death of his father. In 'The Book of Memory' the perspective shifts to Auster's role as a father. The narrator, 'A.', contemplates his separation from his son, his dying grandfather and the

solitary nature of writing and storytelling. With all the keen literary intelligence familiar from *The New York Trilogy* or *Sunset Park*, Paul Auster crafts an intensely intimate work from a ground-breaking combination of introspection, meditation and biography.

I'm Thinking of Ending Things

A Novel *Simon and Schuster*

Now a Netflix original movie, this deeply scary and intensely unnerving novel follows a couple in the midst of a twisted unraveling of the darkest unease. You will be scared. But you won't know why... I'm thinking of ending things. Once this thought arrives, it stays. It sticks. It lingers. It's always there. Always. Jake once said, "Sometimes a thought is closer to truth, to reality, than an action. You can say anything, you can do anything, but you can't fake a thought." And here's what I'm thinking: I don't want to be here. In this smart and intense literary suspense novel, Iain Reid explores the depths of the human psyche, questioning consciousness, free will, the value of relationships, fear, and the limitations of solitude. Reminiscent of Jose Saramago's early work, Michel Faber's cult classic *Under the Skin*, and Lionel Shriver's *We Need to Talk about Kevin*, "your dread and unease will mount with every passing page" (*Entertainment Weekly*) of this edgy, haunting debut. Tense, gripping, and atmospheric, *I'm Thinking of Ending Things* pulls you in from the very first page...and never lets you go.

The Wave *Random House Digital, Inc.*

Tells the story of a high school history class experiment that frighteningly demonstrated the power of fascism.

A Separate Peace

An American coming-of-age tale during a period when the entire country was losing its innocence to the second world war. Set at a boys' boarding school in New England during the early years of World War II, *A Separate Peace* is a harrowing and luminous parable of the dark side of adolescence. Gene is a lonely, introverted intellectual. Phineas is a handsome, taunting, daredevil athlete. What happens between the two friends one summer, like the war itself, banishes the innocence of these boys and their world.

The Founders

The Story of Paypal and the Entrepreneurs Who Shaped Silicon Valley *Simon and Schuster*

"Deeply reported and bracingly written, this book is an indispensable guide to modern innovation and entrepreneurship." —Walter Isaacson, New York Times bestselling author of *Code Breaker*. A definitive look at the origin of PayPal and its founding team—including Elon Musk, Amy Rowe Klement, Peter Thiel, Julie Anderson, Max Levchin, Reid Hoffman, and many others whose stories have never been shared. They have defined the modern world. This experience defined them. Today, PayPal's founders and earliest employees are considered the technology industry's most powerful network. Since leaving PayPal, they have formed, funded, and advised the leading companies of our era, including Tesla, Facebook, YouTube, SpaceX, Yelp, Palantir, and LinkedIn, among many others. As a group, they have driven twenty-first-century innovation and entrepreneurship. Their names stir passions; they're as controversial as

they are admired. Yet for all their influence, the story of where they first started has gone largely untold. Before igniting the commercial space race or jumpstarting social media's rise, they were the unknown creators of a scrappy online payments start-up called PayPal. In building what became one of the world's foremost companies, they faced bruising competition, internal strife, the emergence of widespread online fraud, and the devastating dot-com bust of the 2000s. Their success was anything but certain. In *The Founders: The Story of PayPal and the Entrepreneurs Who Shaped Silicon Valley*, award-winning author and biographer Jimmy Soni explores PayPal's turbulent early days. With hundreds of interviews and unprecedented access to thousands of pages of internal material, he shows how the seeds of so much of what shapes our world today—fast-scaling digital start-ups, cashless currency concepts, mobile money transfer—were planted two decades ago. He also reveals the stories of countless individuals who were left out of the front-page features and banner headlines but who were central to PayPal's success. *The Founders* is a story of iteration and inventiveness—the products of which have cast a long and powerful shadow over modern life. This narrative illustrates how this rare assemblage of talent came to work together and how their collaboration changed our world forever.

The Story of the Good Little Boy *Library of Alexandria*

Both/And

A Memoir *Simon and Schuster*

In this beautifully written and propulsive memoir, Huma Abedin—Hillary Clinton's

famously private top aide and longtime adviser—emerges from the wings of American political history to take command of her own story. The daughter of Indian and Pakistani intellectuals and advocates who split their time between Saudi Arabia, the UK, and the United States, Abedin grew up in many worlds. Both/And grapples with family, legacy, identity, faith, marriage, and motherhood with wisdom and sophistication. Abedin launched full steam into a college internship in the office of the first lady in 1996, never imagining that her work at the White House would blossom into a career in public service, nor that the career would become an all-consuming way of life. Still in her twenties and thirties, she thrived in rooms with diplomats and sovereigns, entrepreneurs and artists, philanthropists and activists, and witnessed many crucial moments in 21st-century American history—Camp David for urgent efforts at Middle East peace in the waning months of the Clinton administration, Ground Zero in the days after the 9/11 attacks, the inauguration of the first African American president of the United States, the convention floor when America nominated its first female presidential candidate. Abedin's relationship with Clinton has seen both women through extraordinary personal and professional highs, as well as unimaginable lows. Here, for the first time, is a deeply personal account of Hillary Clinton as mentor, confidante, and role model. Abedin cuts through caricature, rumor, and misinformation to reveal a crystal-clear portrait of Clinton as a brilliant and caring leader a steadfast friend, generous, funny, hardworking, and dedicated. Both/And is a candid and heartbreaking chronicle of Abedin's

marriage to Anthony Weiner, what drew her to him, how much she wanted to believe in him, the devastation wrought by his betrayals—and their shared love for their son. It is also a timeless story of a young woman with aspirations and ideals coming into her own in high-pressure jobs, and a testament to the potential for women in leadership to blaze a path forward while supporting those who follow in their footsteps. Both/And describes Abedin's journey through the opportunities and obstacles, the trials and triumphs, of a full and complex life. Abedin's compassion and courage, her resilience and grace, her work ethic and mission are an inspiration to people of all ages. "This journey has led me through exhilarating milestones and devastating setbacks," said Abedin. "I have walked both with great pride and in overwhelming shame. It is a life I am—more than anything—enormously grateful for and a story I look forward to sharing."

My Monticello

Fiction *Henry Holt and Company*

"A badass debut by any measure—nimble, knowing, and electrifying." —Colson Whitehead, Pulitzer Prize-winning author of *The Nickel Boys* and *Harlem Shuffle* "...'*My Monticello*' is, quite simply, an extraordinary debut from a gifted writer with an unflinching view of history and what may come of it." —The Washington Post Winner of the Weatherford Award in Fiction A young woman descended from Thomas Jefferson and Sally Hemings driven from her neighborhood by a white militia. A university professor studying racism by conducting a secret social experiment on his own son. A single mother desperate

to buy her first home even as the world hurtles toward catastrophe. Each fighting to survive in America. Tough-minded, vulnerable, and brave, Jocelyn Nicole Johnson's precisely imagined debut explores burdened inheritances and extraordinary pursuits of belonging. Set in the near future, the eponymous novella, "My Monticello," tells of a diverse group of Charlottesville neighbors fleeing violent white supremacists. Led by Da'Naisha, a young Black descendant of Thomas Jefferson and Sally Hemings, they seek refuge in Jefferson's historic plantation home in a desperate attempt to outlive the long-foretold racial and environmental unravelling within the nation. In "Control Negro," hailed by Roxane Gay as "one hell of a story," a university professor devotes himself to the study of racism and the development of ACMs (average American Caucasian males) by clinically observing his own son from birth in order to "painstakingly mark the route of this Black child too, one whom I could prove was so strikingly decent and true that America could not find fault in him unless we as a nation had projected it there." Johnson's characters all seek out home as a place and an internal state, whether in the form of a Nigerian widower who immigrates to a meager existence in the city of Alexandria, finding himself adrift; a young mixed-race woman who adopts a new tongue and name to escape the landscapes of rural Virginia and her family; or a single mother who seeks salvation through "Buying a House Ahead of the Apocalypse." United by these characters' relentless struggles against reality and fate, *My Monticello* is a formidable book that bears witness to this country's legacies and announces the arrival of a wildly original new voice in American

fiction.

Greenlights *Crown*

#1 NEW YORK TIMES BESTSELLER •

Discover the life-changing memoir that has inspired millions of readers through the Academy Award®-winning actor's unflinching honesty, unconventional wisdom, and lessons learned the hard way about living with greater satisfaction. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE GUARDIAN "McConaughey's book invites us to grapple with the lessons of his life as he did—and to see that the point was never to win, but to understand."—Mark Manson, author of *The Subtle Art of Not Giving a F*ck* I've been in this life for fifty years, been trying to work out its riddle for forty-two, and been keeping diaries of clues to that riddle for the last thirty-five. Notes about successes and failures, joys and sorrows, things that made me marvel, and things that made me laugh out loud. How to be fair. How to have less stress. How to have fun. How to hurt people less. How to get hurt less. How to be a good man. How to have meaning in life. How to be more me. Recently, I worked up the courage to sit down with those diaries. I found stories I experienced, lessons I learned and forgot, poems, prayers, prescriptions, beliefs about what matters, some great photographs, and a whole bunch of bumper stickers. I found a reliable theme, an approach to living that gave me more satisfaction, at the time, and still: If you know how, and when, to deal with life's challenges—how to get relative with the inevitable—you can enjoy a state of success I call "catching greenlights." So I took a one-way ticket to the desert and wrote this book: an album, a record, a story of my life so far. This is fifty years of my sights

and seems, felts and figured-outs, cools and shamefuls. Graces, truths, and beauties of brutality. Getting away withs, getting caughts, and getting wets while trying to dance between the raindrops. Hopefully, it's medicine that tastes good, a couple of aspirin instead of the infirmary, a spaceship to Mars without

needing your pilot's license, going to church without having to be born again, and laughing through the tears. It's a love letter. To life. It's also a guide to catching more greenlights—and to realizing that the yellows and reds eventually turn green too. Good luck.