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Don't Think about the Pink Elephant! Let's do a little thought experiment. Close your eyes. Imagine a pink elephant as vividly as you can. It is hot pink! Does it look like Dumbo? Or it is like an elephant in the zoo? Now, I want you to NOT think about the pink elephant. Think of anything else but the pink elephant.

Psychology and Life: Don't Think about the Pink Elephant!

One of his political works, Don't Think of an Elephant! Know Your Values and Frame the Debate, self-labeled as "the Essential Guide for Progressives", was published in September 2004 and features a foreword by former Democratic presidential candidate Howard Dean. Disagreement with Steven Pinker

George Lakoff - Wikipedia

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Don't Think of an Elephant! is a pithy and powerful primer on the language of American politics, and a vital reminder that he who creates the political framework controls the picture that's put inside. It's also a detailed road map out of the mess we are in. Lakoff shows how progressives can reclaim the

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There's really no point to arguing the politics as either you'll agree or you won't but Don't Think of Elephant is a quick listen. However, its marred by repetitiveness. Its clear Lakoff really wants to drive home his points but of the course of 4 hours, the book starts to wear thin. 1 person found this helpful

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