
My Own Country A Doctors Story

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My Own Country

A Doctor's Story

Vintage

A young doctor of eastern Tennessee describes the town's first introduction to the AIDS virus, which preceded a disturbing epidemic and introduced the doctor to many unique people

On My Own Country

A Popular National Song *BookRags*

Cutting for Stone

Random House India

Marion and Shiva Stone are twin brothers born of a secret union between a beautiful Indian nun and a brash British surgeon. Orphaned by their mother's death and their father's disappearance and bound together by a preternatural connection and a

shared fascination with medicine, the twins come of age as Ethiopia hovers on the brink of revolution. Moving from Addis Ababa to New York City and back again, *Cutting for Stone* is an unforgettable story of love and betrayal, medicine and ordinary miracles—and two brothers whose fates are forever intertwined.

My Own Medicine

A Doctor's Life as a Patient *Diversion Books*

Approaching his forty-first birthday, Dr. Geoffrey Kurland was a busy man. His work as a Pediatric Pulmonologist, caring for children with lung diseases such as cystic fibrosis and asthma, led to long hours on

the wards at the University of California, Davis Medical Center. At the same time, he was in the midst of training for the Western States Endurance Run, a grueling 100-mile long footrace across the wilderness of the Sierra Nevada Mountains. His long training runs, the responsibilities of patient care and teaching, and relationships attempting to replace his departed girlfriend occupied most of his life. Dr. Kurland's ordered world is suddenly turned upside-down when he is diagnosed with Hairy Cell Leukemia, a rare blood cancer with a low survival rate. His work, his running, and his friendships are altered by his struggle to survive. He finds he

must undergo many of the procedures he performed on his patients, must endure surgery and chemotherapy, and must relinquish control of his life to his physicians, surgeons, and his disease. He learns first-hand what cannot be taught in medical school about the consuming power of a chronic illness and its treatment. Confronting his own mortality, Dr. Kurland is now the patient while remaining a physician and runner. With the support of his physicians at the Mayo Clinic, the University of California, and the University of Pittsburgh, he resolves to continue to live his life despite his potentially fatal disease. He discovers his personal inner

strengths as well as weaknesses as he struggles to confront his illness and regain some of the control he lost to it. Along his nearly two and a half year journey, we follow Dr. Kurland as he endures surgical procedures, chemotherapy, and life-threatening complications of his illness. He emerges into remission with new inner strength and understanding of what it means to be a doctor. He also finds that he is still a runner, with the same goal, to run the 100 miles across the Sierra Mountains. PRAISE: "Taut, dramatic, and intensely real...Very well written." —Oliver Sacks, bestselling author of *Seeing Voices* and *Hallucinations* "[My Own Medicine] should

be required reading for every medical professional. Kurland never asks for sympathy or pity...What comes through powerfully is his humanity, which his own bout with illnesses has clearly enhanced, and from which both his patients and his readers will benefit." —The New York Times

"While training as a pediatric pulmonologist, Kurland told a patient, 'I know how you feel'; years later, when he was diagnosed with a rare form of leukemia, he discovered just how untrue this was...The way in which serious illness alters one's sense of self and of life is compellingly expressed in this energetic, nervy narrative, as Kurland's illness and eventual

recovery collide with a host of profound shifts—a big career move, the death of a colleague, an unravelling relationship with his girlfriend, and a deepening one with his parents." —The New Yorker

The Tennis Partner *Harper Perennial*

An unforgettable, illuminating story of how men live and how they survive, from the acclaimed New York Times bestselling author of *Cutting for Stone* When Abraham Verghese, a physician whose marriage is unraveling, relocates to El Paso, Texas, he hopes to make a fresh start as a staff member at the county hospital. There he meets David Smith, a medical student recovering from drug addiction,

and the two men begin a tennis ritual that allows them to shed their inhibitions and find security in the sport they love and with each other. This friendship between doctor and intern grows increasingly rich and complex, more intimate than two men usually allow. Just when it seems nothing can go wrong, the dark beast from David's past emerges once again—and almost everything Verghese has come to trust and believe in is threatened as David spirals out of control.

AIDS Doctors

Voices from the Epidemic: An Oral History *Oxford University Press on Demand*

Based on interviews

with nearly 80 doctors involved in the early years of the AIDS epidemic, this candid account details the palpable anxiety in the medical profession as it experienced a rapid succession of cases for which there was no clinical history.

A Country Doctor's Casebook

Tales from the North Woods *Minnesota Historical Society Press*

When Breath Becomes Air *Random House*

#1 NEW YORK TIMES BESTSELLER •

PULITZER PRIZE FINALIST • This

inspiring, exquisitely observed memoir finds hope and beauty in the face of insurmountable odds as an idealistic young neurosurgeon

attempts to answer the question What makes a life worth living? NAMED ONE OF PASTE'S BEST MEMOIRS OF THE DECADE • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Review • People • NPR • The Washington Post • Slate • Harper's Bazaar • Time Out New York • Publishers Weekly • BookPage Finalist for the PEN Center USA Literary Award in Creative Nonfiction and the Books for a Better Life Award in Inspirational Memoir At the age of thirty-six, on the verge of completing a decade's worth of training as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. One day he was a doctor

treating the dying, and the next he was a patient struggling to live. And just like that, the future he and his wife had imagined evaporated. When *Breath Becomes Air* chronicles Kalanithi's transformation from a naïve medical student "possessed," as he wrote, "by the question of what, given that all organisms die, makes a virtuous and meaningful life" into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and new father confronting his own mortality. What makes life worth living in the face of death? What do you do when the future, no longer a ladder toward your goals in life, flattens out into a perpetual

present? What does it mean to have a child, to nurture a new life as another fades away? These are some of the questions Kalanithi wrestles with in this profoundly moving, exquisitely observed memoir. Paul Kalanithi died in March 2015, while working on this book, yet his words live on as a guide and a gift to us all. "I began to realize that coming face to face with my own mortality, in a sense, had changed nothing and everything," he wrote. "Seven words from Samuel Beckett began to repeat in my head: 'I can't go on. I'll go on.'" When *Breath Becomes Air* is an unforgettable, life-affirming reflection on the challenge of facing death and on the relationship between doctor and

patient, from a brilliant writer who became both.

As I Live and Breathe

Notes of a Patient-Doctor *Macmillan*

The memoirs of a doctor with a debilitated immune system shares her insights on health and medicine from the perspectives of both a patient and caregiver, addressing such topics as how the body's vulnerabilities affect patients and the economic and moral value of sustaining life. Reprint.

Do We Still Need Doctors? *Routledge*

Written with poignancy and compassion, *Do We Still Need Doctors?* is a personal account from the front lines of

the moral and political battles that are reshaping America's health care system.

This Is Going to Hurt

Secret Diaries of a Medical Resident

Little, Brown Spark

In the US edition of this international bestseller, Adam Kay channels Henry Marsh and David Sedaris to tell us the "darkly funny" (The New Yorker) -- and sometimes horrifying -- truth about life and work in a hospital. Welcome to 97-hour weeks. Welcome to life and death decisions. Welcome to a constant tsunami of bodily fluids. Welcome to earning less than the hospital parking meter. Wave goodbye to your friends and relationships. Welcome

to the life of a first-year doctor. Scribbled in secret after endless days, sleepless nights and missed weekends, comedian and former medical resident Adam Kay's *This Is Going to Hurt* provides a no-holds-barred account of his time on the front lines of medicine. Hilarious, horrifying and heartbreaking by turns, this is everything you wanted to know -- and more than a few things you didn't -- about life on and off the hospital ward. And yes, it may leave a scar.

And The Band Played on

Politics, People, and the AIDS Epidemic

Macmillan

An examination of the AIDS crisis exposes the federal government for

its inaction, health authorities for their greed, and scientists for their desire for prestige in the face of the AIDS pandemic.

Black Man in a White Coat

A Doctor's Reflections on Race and Medicine
Macmillan

"When Damon Tweedy first enters the halls of Duke University Medical School on a full scholarship, he envisions a bright future where his segregated, working class background will become largely irrelevant. Instead, he finds that he has joined a new world where race is front and center. When one of his first professors mistakes him for a maintenance worker, it

is a moment that crystallizes the challenges he will face throughout his early career. Making matters worse, in lecture after lecture the common refrain for numerous diseases resounds: "more common in blacks than whites." [This book] examines the complex ways in which both black doctors and patients must navigate the difficult and often contradictory terrain of race and medicine"--

Chasing My Cure

A Doctor's Race to Turn Hope Into Action : a Memoir

"The inspiring memoir of a young doctor and former college athlete who became a champion for people suffering from rare, under-researched

diseases--all while battling his own. A former Georgetown quarterback nicknamed "The Beast," David Fajgenbaum was also a force in medical school, where he was known for his unmatched mental stamina. But things changed dramatically when he began suffering from inexplicable fatigue. In a matter of weeks, his organs were failing and he was read his last rites. Doctors were baffled over a condition they had yet to even diagnose; floating in and out of consciousness, Fajgenbaum prayed for the equivalent of game day overtime: a second chance. Miraculously, Fajgenbaum survived, but only to endure repeated near-death relapses from what would eventually be identified as a form of Castleman disease--an extremely deadly and rare condition that acts like a cross between cancer and an autoimmune disease. When he relapsed on the only drug in development and realized that the medical community was unlikely to make progress in time to save his life, Fajgenbaum turned his desperate hope for a cure into concrete action: between hospitalizations he studied his own charts and tested his own blood samples, looking for clues that could unlock a new treatment. With the help of family, friends and mentors, he also reached out to other Castleman disease patients and

physicians, and eventually came up with an ambitious plan to crowdsource the most promising research questions and recruit world-class researchers to tackle them; instead of waiting for the scientific stars to align, he proposed to align them himself. More than five years later and now married to his college sweetheart, his hard work has paid off: a treatment that he identified has induced a tentative remission and his novel approach to collaborative scientific inquiry has become a blueprint for advancing rare disease research. His incredible story demonstrates the potency of hope, and what can happen when forces of determination, love, family, faith and

serendipity collide"--

The Spirit Catches You and You Fall Down

A Hmong Child, Her American Doctors, and the Collision of Two Cultures
Macmillan

A study in the collision between Western medicine and the beliefs of a traditional culture focuses on a hospitalized child of Laotian immigrants whose belief that illness is a spiritual matter comes into conflict with doctors' methods.

Cutting for Stone *Vintage*

A sweeping, emotionally riveting novel with over one million copies sold—an enthralling family saga of Africa and America,

doctors and patients, exile and home. Marion and Shiva Stone are twin brothers born of a secret union between a beautiful Indian nun and a brash British surgeon. Orphaned by their mother's death and their father's disappearance, bound together by a preternatural connection and a shared fascination with medicine, the twins come of age as Ethiopia hovers on the brink of revolution. Moving from Addis Ababa to New York City and back again, *Cutting for Stone* is an unforgettable story of love and betrayal, medicine and ordinary miracles—and two brothers whose fates are forever intertwined.

Epidemic Illusions

On the Coloniality of Global Public Health *MIT Press*

A physician-anthropologist explores how public health practices--from epidemiological modeling to outbreak containment--help perpetuate global inequities. In *Epidemic Illusions*, Eugene Richardson, a physician and an anthropologist, contends that public health practices--from epidemiological modeling and outbreak containment to Big Data and causal inference--play an essential role in perpetuating a range of global inequities. Drawing on postcolonial theory, medical anthropology, and critical science studies, Richardson demonstrates the ways in which the flagship

discipline of epidemiology has been shaped by the colonial, racist, and patriarchal system that had its inception in 1492.

A Country Doctor's Notebook *Melville House*

Part autobiography, part fiction, this early work by the author of *The Master and Margarita* shows a master at the dawn of his craft, and a nation divided by centuries of unequal progress. In 1916 a 25-year-old, newly qualified doctor named Mikhail Bulgakov was posted to the remote Russian countryside. He brought to his position a diploma and a complete lack of field experience. And the challenges he faced didn't end there: he was assigned to cover

a vast and sprawling territory that was as yet unvisited by modern conveniences such as the motor car, the telephone, and electric lights. The stories in *A Country Doctor's Notebook* are based on this two-year window in the life of the great modernist. Bulgakov candidly speaks of his own feelings of inadequacy, and warmly and wittily conjures episodes such as peasants applying medicine to their outer clothing rather than their skin, and finding himself charged with delivering a baby—having only read about the procedure in text books. Not yet marked by the dark fantasy of his later writing, this early work features a realistic and wonderfully engaging narrative voice—the

voice, indeed, of twentieth century Russia's greatest writer.

The Price We Pay

What Broke American Health Care--and How to Fix It *Bloomsbury Publishing USA*

New York Times bestseller Business Book of the Year-- Association of Business Journalists From the New York Times bestselling author comes an eye-opening, urgent look at America's broken health care system-- and the people who are saving it--now with a new Afterword by the author. "A must-read for every American." -- Steve Forbes, editor-in-chief, FORBES One in five Americans now has medical debt in

collections and rising health care costs today threaten every small business in America. Dr. Makary, one of the nation's leading health care experts, travels across America and details why health care has become a bubble. Drawing from on-the-ground stories, his research, and his own experience, *The Price We Pay* paints a vivid picture of the business of medicine and its elusive money games in need of a serious shake-up. Dr. Makary shows how so much of health care spending goes to things that have nothing to do with health and what you can do about it. Dr. Makary challenges the medical establishment to remember medicine's noble heritage of caring for people when they are

vulnerable. The Price We Pay offers a road map for everyday Americans and business leaders to get a better deal on their health care, and profiles the disruptors who are innovating medical care. The movement to restore medicine to its mission, Makary argues, is alive and well--a mission that can rebuild the public trust and save our country from the crushing cost of health care.

Middlesex *Vintage Canada*

Spanning eight decades and chronicling the wild ride of a Greek-American family through the vicissitudes of the twentieth century, Jeffrey Eugenides' witty, exuberant novel

on one level tells a traditional story about three generations of a fantastic, absurd, lovable immigrant family -- blessed and cursed with generous doses of tragedy and high comedy. But there's a provocative twist. Cal, the narrator -- also Callie -- is a hermaphrodite. And the explanation for this takes us spooling back in time, through a breathtaking review of the twentieth century, to 1922, when the Turks sacked Smyrna and Callie's grandparents fled for their lives. Back to a tiny village in Asia Minor where two lovers, and one rare genetic mutation, set our narrator's life in motion. Middlesex is a grand, utterly original fable of crossed bloodlines, the

intricacies of gender, and the deep, untidy promptings of desire. It's a brilliant exploration of divided people, divided families, divided cities and nations -- the connected halves that make up ourselves and our world.

A History of the Present Illness
Bloomsbury Publishing USA

Sixteen linked stories explore the marginalized humanity in communities, hospitals, and nursing homes in San Francisco, including an elderly Chinese immigrant who is forced to make a painful sacrifice and a young veteran whose injuries symbolize the rest of his life.

Unequal Treatment:

Confronting Racial and Ethnic Disparities in Health Care (with CD)
National Academies Press

Racial and ethnic disparities in health care are known to reflect access to care and other issues that arise from differing socioeconomic conditions. There is, however, increasing evidence that even after such differences are accounted for, race and ethnicity remain significant predictors of the quality of health care received. In *Unequal Treatment*, a panel of experts documents this evidence and explores how persons of color experience the health care environment. The book examines how disparities in treatment may arise in health

care systems and looks at aspects of the clinical encounter that may contribute to such disparities. Patients' and providers' attitudes, expectations, and behavior are analyzed. How to intervene? Unequal Treatment offers recommendations for improvements in medical care financing, allocation of care, availability of language translation, community-based care, and other arenas. The committee highlights the potential of cross-cultural education to improve provider-patient communication and offers a detailed look at how to integrate cross-cultural learning within the health professions. The book concludes with recommendations for data collection and

research initiatives. Unequal Treatment will be vitally important to health care policymakers, administrators, providers, educators, and students as well as advocates for people of color.

Richistan

A Journey Through the American Wealth Boom and the Lives of the New Rich *Currency*

The rich have always been different from you and me, but this revealing and funny journey through "Richistan" entertainingly shows that they are more different than ever. Richistanis have 400-foot-yachts, 30,000-square-foot homes, house staffs of more than 100, and their

own “arborists.” They’re also different from Old Money, and have torn down blue-blood institutions to build their own shining empire. Richistan is like the best travel writing, full of colorful and interesting stories providing insights into exotic locales. Robert Frank has been loitering on the docks of yacht marinas, pestering his way into charity balls, and schmoozing with real estate agents selling mega-houses to capture the story of the twenty-first century’s nouveau riche: House-training the rich. People with new wealth have to be taught how to act like, well, proper rich people. Just in the nick of time, there’s been a boom in the number of newly trained butlers—“household managers”—who will serve just the right cabernet when a Richistani’s new buddies from Palm Beach stop by. “My boat is bigger than your boat.” Only in Richistan would a 100-foot-boat be considered a dinghy. Personal pleasure craft have started to rival navy destroyers in size and speed. Richistan is also a place where friends make fun of those misers who buy the new girlfriend a mere Mercedes SLK. “You want my money? Prove that you’re helping the needy!” Richistanis are not only consuming like crazy, they’re also shaking up the establishment’s bureaucratic, slow-moving charity network, making lean, results-oriented

philanthropy an important new driving force. Move over, Christian Coalition. Richistanis are more Democratic than Republican, “fed up and not going to take it anymore,” and willing to spend millions to get progressive-oriented politicians elected. “My name is Mike and I’m rich.” Think that money is the answer? Think again as Robert Frank explores the emotional complexities of wealth. And, as Robert Frank reveals, there is not one Richistan but three: Lower, Middle, and Upper, each of which has its own levels and distinctions of wealth—the haves and the have-mores. The influence of Richistan and the Richistanis extends well beyond the almost ten million households

that make up its population, as the nonstop quest for status and an insatiable demand for luxury goods reshapes the entire American economy.

Ask a Manager

How to Navigate Clueless Colleagues, Lunch-Stealing Bosses, and the Rest of Your Life at Work *Ballantine Books*

From the creator of the popular website Ask a Manager and New York’s work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There’s a reason Alison Green has been called “the Dear Abby of the work world.” Ten years as a workplace-advice

columnist have taught her that people avoid awkward conversations in the office because they simply don't know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what to say when

- coworkers push their work on you—then take credit for it
- you accidentally trash-talk someone in an email then hit “reply all”
- you're being micromanaged—or not being managed at all
- you catch a colleague in a lie
- your boss seems unhappy with your work
- your cubemate's loud speakerphone is making you homicidal
- you got drunk at the holiday party

Praise for

Ask a Manager “A must-read for anyone who works . . . [Alison Green's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work.”—Booklist (starred review) “The author's friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience.”—Library Journal (starred review) “I am a huge fan of

Alison Green's Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor.”—Robert Sutton, Stanford professor and author of *The No Asshole Rule* and *The Asshole Survival Guide* “Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way.”—Erin Lowry, author of *Broke Millennial: Stop Scraping By and Get Your Financial Life Together*

The Little Stranger
McClelland & Stewart
From the multi-award-

winning and bestselling author of *The Night Watch* and *Fingersmith* comes an astonishing novel about love, loss, and the sometimes unbearable weight of the past. In a dusty post-war summer in rural Warwickshire, a doctor is called to see a patient at Lonely Hundreds Hall. Home to the Ayres family for over two centuries, the once grand house is now in decline, its masonry crumbling, its garden choked with weeds. All around, the world is changing, and the family is struggling to adjust to a society with new values and rules. Roddie Ayres, who returned from World War II physically and emotionally wounded, is desperate to keep the house and what remains of the estate together for the

sake of his mother and his sister, Caroline. Mrs. Ayres is doing her best to hold on to the gracious habits of a gentler era and Caroline seems cheerfully prepared to continue doing the work a team of servants once handled, even if it means having little chance for a life of her own beyond Hundreds. But as Dr. Faraday becomes increasingly entwined in the Ayreses' lives, signs of a more disturbing nature start to emerge, both within the family and in Hundreds Hall itself. And Faraday begins to wonder if they are all threatened by something more sinister than a dying way of life, something that could subsume them completely. Both a nuanced evocation of

1940s England and the most chill-inducing novel of psychological suspense in years, *The Little Stranger* confirms Sarah Waters as one of the finest and most exciting novelists writing today.

The Pact

Three Young Men Make a Promise and Fulfill a Dream

Penguin

A NEW YORK TIMES BESTSELLER A remarkable story about the power of friendship. Chosen by *Essence* to be among the forty most influential African Americans, the three doctors grew up in the streets of Newark, facing city life's temptations, pitfalls, even jail. But one day these three young men made a pact. They

promised each other they would all become doctors, and stick it out together through the long, difficult journey to attaining that dream. Sampson Davis, George Jenkins, and Rameck Hunt are not only friends to this day—they are all doctors. This is a story about joining forces and beating the odds. A story about changing your life, and the lives of those you love most... together.

The Warmth of Other Suns

The Epic Story of America's Great Migration *Random House*

NATIONAL BEST SELLER • NATIONAL BOOK CRITICS CIRCLE AWARD WINNER • NAMED ONE OF TIME'S TEN BEST NONFICTION

BOOKS OF THE DECADE AND ONE OF BUZZFEED'S BEST BOOKS OF THE DECADE "A brilliant and stirring epic . . . Ms. Wilkerson does for the Great Migration what John Steinbeck did for the Okies in his fiction masterpiece, *The Grapes of Wrath*; she humanizes history, giving it emotional and psychological depth."—John Stauffer, *The Wall Street Journal* NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY The New York Times • USA Today • O: The Oprah Magazine • Publishers Weekly • Salon • Newsday • The Daily Beast In this beautifully written masterwork, Pulitzer Prize-winning author Isabel Wilkerson chronicles one of the great untold stories of American history: the

decades-long migration of black citizens who fled the South for northern and western cities, in search of a better life. From 1915 to 1970, this exodus of almost six million people changed the face of America. Wilkerson compares this epic migration to the migrations of other peoples in history. She interviewed more than a thousand people, and gained access to new data and official records, to write this definitive and vividly dramatic account of how these American journeys unfolded, altering our cities, our country, and ourselves. With stunning historical detail, Wilkerson tells this story through the lives of three unique individuals: Ida Mae Gladney, who in 1937 left sharecropping and

prejudice in Mississippi for Chicago, where she achieved quiet blue-collar success and, in old age, voted for Barack Obama when he ran for an Illinois Senate seat; sharp and quick-tempered George Starling, who in 1945 fled Florida for Harlem, where he endangered his job fighting for civil rights, saw his family fall, and finally found peace in God; and Robert Foster, who left Louisiana in 1953 to pursue a medical career, the personal physician to Ray Charles as part of a glitteringly successful medical career, which allowed him to purchase a grand home where he often threw exuberant parties. Wilkerson brilliantly captures their first treacherous

and exhausting cross-country trips by car and train and their new lives in colonies that grew into ghettos, as well as how they changed these cities with southern food, faith, and culture and improved them with discipline, drive, and hard work. Both a riveting microcosm and a major assessment, *The Warmth of Other Suns* is a bold, remarkable, and riveting work, a superb account of an “unrecognized immigration” within our own land. Through the breadth of its narrative, the beauty of the writing, the depth of its research, and the fullness of the people and lives portrayed herein, this book is destined to become a classic.

NAMED ONE OF THE

BEST BOOKS OF THE YEAR BY The New Yorker • The Washington Post • The Economist • Boston Globe • San Francisco Chronicle • Chicago Tribune • Entertainment Weekly • Philadelphia Inquirer • The Guardian • The Seattle Times • St. Louis Post-Dispatch • The Christian Science Monitor

Memory Lessons

A Doctor's Story *Hachette UK*

The story of becoming a doctor, and being a son. Jerald Winakur is a doctor who cares for, and about, the elderly. Dedicated and compassionate, he's a surrogate son to many. And yet, all his years of service helping patients and their families adjust to the

challenges of aging did not prepare him for becoming father to his own father, who had become as needy as any child. In *Memory Lessons*--a tender and provocative book--Dr. Winakur writes about what it's like to be medical counselor to countless patients, while disclosing his personal heartbreak at watching his 86-year-old father descend into disability and dementia, his mother at his side. In both of these roles--highly skilled professional and loving son--he finds he is hard pressed to alter a course that devastates his dad and tears at his family. But he does what he can. A doctor who does his best to listen carefully to each patient in turn, who attempts to confront every problem

with, as he says, "a reasonable fund of knowledge, a modicum of common sense, and a large dose of honesty," Dr. Winakur knows that there is much we can do by loving and listening. We all search for answers; we all want to do the right thing for our parents, but few of us know what that right thing is. Faced with caring for a growing sea of elders, Dr. Winakur reflects on his thirty years in the medical profession to consider the very personal and immediate questions asked by families every day: What are we going to do with Dad? Who will care for him--and how? These are urgent questions, and they're faced head-on in *Memory Lessons* with unflinching

honesty, hope, and, above all, love.

The Inevitable

Dispatches on the Right to Die *St. Martin's Press*

A riveting, incisive, and wide-ranging book about the Right to Die movement, and the doctors, patients, and activists at the heart of this increasingly urgent issue. More states and countries are passing right-to-die laws that allow the sick and suffering to end their lives at pre-planned moments, with the help of physicians. But even where these laws exist, they leave many people behind. The *Inevitable* moves beyond margins of the law to the people who are meticulously planning their final hours—far from

medical offices, legislative chambers, hospital ethics committees, and polite conversation. It also shines a light on the people who help them: loved ones and, sometimes, clandestine groups on the Internet that together form the “euthanasia underground.” Katie Engelhart, a veteran journalist, focuses on six people representing different aspects of the right to die debate. Two are doctors: a California physician who runs a boutique assisted death clinic and has written more lethal prescriptions than anyone else in the U.S.; an Australian named Philip Nitschke who lost his medical license for teaching people how to end their lives painlessly

and peacefully at “DIY Death” workshops. The other four chapters belong to people who said they wanted to die because they were suffering unbearably—of old age, chronic illness, dementia, and mental anguish—and saw suicide as their only option. Spanning North America, Europe, and Australia, *The Inevitable* offers a deeply reported and fearless look at a morally tangled subject. It introduces readers to ordinary people who are fighting to find dignity and authenticity in the final hours of their lives.

The Finest Traditions of My Calling

One Physician's Search for the

Renewal of Medicine

Yale University Press

"Patients and doctors alike are keenly aware that the medical world is in the midst of great change. We live in an era of continuous healthcare reforms, many of which focus on high volume, efficiency, and cost-effectiveness. This compelling, thoughtful book is the response of a practicing physician who explains how population-based reforms are diminishing the relationship between doctor and patients, to the detriment of both. As an antidote to stubbornly held traditions, Dr. Abraham M. Nussbaum suggests ways that doctors and patients can learn what it means to be ill and to seek medical assistance. Drawing on

personal stories, validated studies, and neglected history, the author develops a series of metaphors to explore a doctor's role in different healthcare reform scenarios: scientist, technician, author, gardener, teacher, servant, and witness. Each role shapes what physicians see when they encounter a patient. Dr. Nussbaum cautions that true healthcare reform can happen only when those who practice medicine can see, and be seen by, their patients as fellow creatures. His memoir makes a hopeful appeal for change, and his insights reveal the direction that change must take."--Jacket flap.

A Book about Doctors

Life on the Line

Young Doctors Come of Age in a Pandemic *Harper*

A New York Times reporter's gripping account of the medical students who received their degrees early to help treat thousands of critically ill Covid-19 patients in New York City during the height of the pandemic--an engrossing and eye-opening book in the tradition of Sheri Fink's *Five Days at Memorial* and Scott Turow's *One L*. In March 2020, soon-to-graduate medical students in New York City were nervously awaiting "match day" when they would learn where they would begin their residencies. Only a week later, these young physicians learned that they would be sent to the

front lines of the desperate battle to treat and save patients as the coronavirus suddenly plunged New York's healthcare system into crisis. Hailing from some of the nation's most prestigious institutions, including New York University and Einstein College of Medicine, a group of new doctors took the Hippocratic Oath via Zoom, then were sent into the medical floors of iconic New York hospitals including Bellevue and Montefiore, the epicenters of the epicenter. Journalist Emma Goldberg first told the story of these young doctors for the New York Times. In this powerful book, she expands on her reporting, offering an up-close portrait of these bright yet inexperienced health professionals and the challenges they face fighting to save their patients' lives. Goldberg illuminates how the pandemic redefines what it means for them to be not only doctors but also coworkers, classmates, friends, romantic partners and concerned family members. Woven together from in-depth interviews with the doctors, their diaries and notes, and Goldberg's own extensive reporting, this page-turning narrative is an unforgettable depiction of a crisis unfolding in real time, and a timeless and unique chronicle of the rite of passage of young doctors.

The Premonition: A

Pandemic Story W. W. Norton & Company
 New York Times Bestseller For those who could read between the lines, the censored news out of China was terrifying. But the president insisted there was nothing to worry about. Fortunately, we are still a nation of skeptics. Fortunately, there are those among us who study pandemics and are willing to look unflinchingly at worst-case scenarios. Michael Lewis's taut and brilliant nonfiction thriller pits a band of medical visionaries against the wall of ignorance that was the official response of the Trump administration to the outbreak of COVID-19. The characters you will meet in these pages are as fascinating as

they are unexpected. A thirteen-year-old girl's science project on transmission of an airborne pathogen develops into a very grown-up model of disease control. A local public-health officer uses her worm's-eye view to see what the CDC misses, and reveals great truths about American society. A secret team of dissenting doctors, nicknamed the Wolverines, has everything necessary to fight the pandemic: brilliant backgrounds, world-class labs, prior experience with the pandemic scares of bird flu and swine flu...everything, that is, except official permission to implement their work. Michael Lewis is not shy about calling these people heroes for their

refusal to follow directives that they know to be based on misinformation and bad science. Even the internet, as crucial as it is to their exchange of ideas, poses a risk to them. They never know for sure who else might be listening in.

Doctors and Friends *Penguin*

"Three female doctors and friends remind the reader of the heart-wrenching tragedies and impossible choices that make such a cast not only heroic but human."-Kristina McMorris, New York Times bestselling author of *Sold on a Monday* Hannah, Compton, and Kira have been close friends since medical school, reuniting once a year for a much-needed vacation. Just

as they gather to travel in Spain, an outbreak of a fast-spreading virus throws the world into chaos. When Compton Winfield returns to her job as an ER doctor in New York City, she finds a city changed beyond recognition-and a personal loss so gutting it reshapes every aspect of her life. Hannah Geier's career as an ob-gyn in San Diego is fulfilling but she's always longed for a child of her own. After years of trying, Hannah discovers she's expecting a baby just as the disease engulfs her city. Kira Marchand, an infectious disease doctor at the CDC in Atlanta, finds herself at the center of the American response to the terrifying new

illness. Her professional battle turns personal when she must decide whether her children will receive an experimental but potentially life-saving treatment. Written prior to Covid-19 by a former emergency medicine physician, *Doctors and Friends* incorporates unexpected wit, razor-edged poignancy, and a deeply relatable cast of characters who provoke both laughter and tears. Martin provides a unique insider's perspective into the world of medical professionals working to save lives during the most difficult situations of their careers.

Occupational Outlook Handbook

The Life of Sir William Osler

When Doctors Don't Listen

How to Avoid Misdiagnoses and Unnecessary Tests *Macmillan*

Discusses how to avoid harmful medical mistakes, offering advice on such topics as working with a busy doctor, communicating the full story of an illness, evaluating test risks, and obtaining a working diagnosis.

Taking the Medicine

A Short History of Medicine's Beautiful Idea, and our Difficulty Swallowing It *Random House*

Doctors and patients alike trust the medical profession and its therapeutic powers;

yet this trust has often been misplaced. Whether prescribing opium or thalidomide, aspirin or antidepressants, doctors have persistently failed to test their favourite ideas - often with catastrophic results. From revolutionary America to Nazi Germany and modern big-pharmaceuticals, this is the unexpected story of just how bad medicine has been, and of its remarkably recent effort to improve. It is the history of well-meaning doctors misled by intuition, of the startling human cost of their mistakes and of the exceptional individuals who have helped make things better. Alarming and optimistic, *Taking the Medicine* is essential

reading for anyone interested in how and why to trust the pills they swallow.

Country Doctors of Arkansas

All That Man Is

A Novel

Finalist for the 2016 Man Booker Prize
Winner of the 2016 Paris Review Plimpton Prize for Fiction
A magnificent and ambitiously conceived portrait of contemporary life, by a genius of realism *All That Man Is* traces the arc of life from the spring of youth to the winter of old age by following nine men who range from the working-class ex-grunt to the pompous college student, the middle-aged loser to the Russian oligarch.

Ludicrous and inarticulate, shocking and despicable, vital, pitiable, and hilarious, these men paint a picture of modern manhood. David Szalay is a master of a new kind of realism that vibrates with detail, intelligence, relevance, and devastating pathos. In *All That Man Is*, a Man Booker Prize finalist and the winner of the Gordon Burn Prize and the Plimpton Prize, he brilliantly illuminates the physical and emotional terrain of an increasingly globalized Europe. "Szalay's prose . . . is frequently brilliant, remarkable for its grace and economy . . . [All That Man Is] has a new urgency now that the post-Cold War dream of a Europe of open borders and broad, shared identity has come under increasing question." —Garth Greenwell, *The New York Times Book Review* "Szalay does so much and so well that we come to view his snapshots of lives as brilliant, captivating dramas." —*Star Tribune* (Minneapolis) "A 100-megawatt novel: intelligent, intricate, so very well made, the form perfectly fitting the content. When I reached the end, I turned straight back to the start to begin again." —*The Sunday Times* (London)