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Publication Title	Author	Genre Recap
Historical Fiction	A hauntingly attractive story of 2 sisters in Nazi-occupied France that explores the power of love, household, and durability in the face of difficulty.	
Psychological Thriller	A fascinating emotional thriller that follows a criminal therapist as he attempts to untangle the secret behind his individual's silence after she purportedly murders her spouse.	
Philosophical Fiction	A mystical and spiritual trip that adheres to a young Andalusian guard kid as he lays out to meet his fate and discover real significance of life.	

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Book Title	Key Takeaways	Suggestions
• The undependable narrator produces a feeling of secret and thriller throughout the book. • The themes of addiction and residential abuse are explored in depth. • The story spins kept us on the edge of our seats till the really last web page. • Guide highlights the importance of living in the here and now minute and releasing past and future concerns. • The concept of the "pain body" is introduced to explain exactly how past injuries can affect our existing experiences. • Practical workouts are given to aid readers implement the trainings into their lives.	• If you enjoyed this publication, check out Into the Water by Paula Hawkins for an additional thrilling mystery. • Gone Lady by Gillian Flynn is an additional preferred psychological thriller with a twisty story. • The Untethered Spirit by Michael A. Vocalist supplies similar insights on living in the present minute and finding inner peace. • Huge Magic by Elizabeth Gilbert checks out the creative procedure and just how we can live an extra satisfying life by accepting our enthusiasms.	
• The book tells a powerful tale of 2 sisters living in Nazi-occupied France during The Second World War. • The styles of guts, sacrifice, and love are checked out with the point of views of both siblings. • The historical context and vivid summaries make the tale come to life.	• All the Light We Can not See by Anthony Doerr is one more World War II story that tells a relocating story of love and survival. • If you appreciate historical fiction, try The Alice Network by Kate Quinn, which complies with a network of women spies throughout World War I.	

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Simon Yeo has trained in martial arts for more than 30 years and has practiced Judo, Kyokushin Karate, Tai Chi, Pk Mei King Fu, Tae Kwon Do, traditional Jiu Jitsu, and Brazilian Jiu Jitsu. He has studied Bujinkan Ninjutsu under the Ninja Grand Master, Masaaki Hatsumi, and holds a 10th degree black belt in this art.

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Simon has had a number of his articles published by Combat and other magazines in the UK and is

the author of the top selling book Ninjutsu: The Secret Art of the Ninja. In 2009 Grand Master Masaaki Hatsumi awarded Simon the highest grade in the Bujinkan system. He has been teaching the Bujinkan system since 1993.

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Simon Yeo has trained in martial arts for more than 30 years and has practiced Judo, Kyokushin Karate, Tai Chi, Pk Mei King Fu, Tae Kwon Do, traditional Jiu Jitsu, and Brazilian Jiu Jitsu. He has studied Bujinkan Ninjutsu under the Ninja Grand Master, Masaaki Hatsumi, and holds a 10th degree black belt in this art.

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