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They Call Me Coach McGraw-Hill Education

The legendary coach talks about his life, his players, and his winning philosophies in this bestselling autobiography John Wooden's dedication and inspiration made him America's "winningest" coach. His beliefs in hard work and preparedness brought the UCLA Bruins an unparalleled 10 NCAA basketball championships. Now in this bestselling autobiography--with a Foreword by Hall-of-Famer Bill Walton--the college basketball legend reflects on his record-breaking career, his life behind the scenes, and how his top players went on to shape and change the NBA. From the everyday basics to important life lessons ("It's not how tall you are, but how tall you play"), Wooden shares his worldly wisdom on and off the court to offer a personal history of

an unforgettable time in college basketball, answering the most-asked questions about his life, his career, and the players who made his teams unbeatable. "They Call Me Coach is grass-roots Americana, a story bigger than basketball. One of those rare sports books that is must reading for everyone." --Chicago Tribune "What Knute Rockne was to football, Connie Mack to baseball, and Wilbur and Orville Wright to flying, John Wooden is to basketball. This book captures the full flavor of the man, the philosophies that work in life, and the philosophies that work on the court. I commend it to people who want to succeed at either--or both." --Los Angeles Times

They Call Me Coach *McGraw Hill Professional*

The former UCLA men's basketball coach reflects on his career, his life outside of basketball, and the impact some of his top players had on the NBA.

They Call Me Coach

They Call Me Coach

The Fascinating First-person Story of a Legendary Basketball Coach *W Publishing Group*

Now featuring a great new look and a Foreword by hoop Hall of Famer Bill Walton, the critically acclaimed, classic autobiography of UCLA basketball's legendary coach America's "winningest coach" is back. Still charming fans everywhere, college basketball legend John Wooden reflects on his record-breaking career, his inspired life behind the scenes, and how his top

players went on to shape and change the NBA.

They Call Me Coach

If I Can You Can *Beyond Publishing*

Just when you thought you couldn't do it you meet someone who challenges the status quo. Just when you thought you couldn't do it you meet someone who challenges the status quo. Just when you thought you couldn't do it you meet someone who challenges the status quo. Just when you thought you couldn't do it you meet someone who challenges the status quo. Just when you thought you couldn't do it you meet someone who challenges the status quo. Just when you thought you couldn't do it you meet someone who challenges the status quo. Just when you thought you couldn't do it you meet someone who challenges the status quo. Just when you thought you couldn't do it you meet someone who challenges the status quo.

They Call Me Coach *WestBow Press*

For over thirty years, Bob Jenkins had been defined by wins and losses in college basketball. As a highly successful Division I head basketball coach, he had reached the pinnacle of his profession. Then one day, without warning, he finds himself being dismissed from coaching by the athletic director of the university. He is angry and confused about how to navigate this turn of events and what to do with the rest of his life. His wife, Sarah, feels that God is moving in his life and leading him in another direction. Bob feels to the contrary that God has forsaken him. Against his better judgment and with pressure from Sarah and their twin daughters, he retires and moves to Florida to begin again. Then

one day while working out at the local YMCA he happens upon a Special Olympics basketball team practicing. The thought of God leading him in another direction resurfaces. He will coach again.

Don't Call Me Coach

A Lesson Plan for Life *Camino Books Incorporated*

At last, those of us not lucky enough to hear Phil Martelli in person can now draw inspiration from his book. *Don't Call Me Coach* presents him at his compelling and captivating best, as he finally puts into print the mantra of his memorable speeches. In fact one of America's most colorful, outspoken, and successful coaches, Martelli compresses his three decades of experience into a ten-point lesson plan for life that will benefit anyone, no matter what the challenges may be. We are all coaches, he insists, and each of us represents a book of unique experiences others can learn from. We are defined not by what we do, but by who we are. Yet we should not take ourselves seriously, but, rather, what we do. And so, even though he was named college basketball's Coach of the Year in 2004, this quintessentially regular Philly guy prefers not to be addressed as Coach Martelli. If you will, just call me Phil. . . . This book is my conversation with you. This unpretentious tone pervades *Don't Call Me Coach* as distinctively different from most life-lessons books as Phil Martelli's spontaneous HawkTalk is from other coaches tightly scripted TV shows. Martelli's experiences within his own extended family often funny, sometimes poignant, and always instructive form a warmly personal background to everything he spells out in his book. Having turned down far more lucrative

offers to coach at mega-universities, Martelli enters another new season at the helm of the storied mens basketball program at Philadelphia's Saint Josephs University. As he puts it, You have to know where your heart is. These expressions of his heart and mind will resonate in yours, no matter where you went to school, and whether you're an avid sports fan or not. As Phil concludes, The Hawk will never die! is more than the slogan of one specific university. It represents the will to excel, to never give in an approach to life we can all share.

Coach Wooden and Me

Our 50-Year Friendship On and Off the Court *Grand Central Publishing*

Former NBA star and Presidential Medal of Freedom recipient Kareem Abdul-Jabbar explores his 50-year friendship with Coach John Wooden, one of the most enduring and meaningful relationships in sports history. When future NBA legend Kareem Abdul-Jabbar was still an 18-year-old high school basketball prospect from New York City named Lew Alcindor, he accepted a scholarship from UCLA largely on the strength of Coach John Wooden's reputation as a winner. It turned out to be the right choice, as Alcindor and his teammates won an unprecedented three NCAA championship titles. But it also marked the beginning of one of the most extraordinary and enduring friendships in the history of sports. In *Coach Wooden and Me*, Abdul-Jabbar reveals the inspirational story of how his bond with John Wooden evolved from a history-making coach-player mentorship into a deep and genuine friendship that transcended sports, shaped the course of

both men's lives, and lasted for half a century. *Coach Wooden and Me* is a stirring tribute to the subtle but profound influence that Wooden had on Kareem as a player, and then as a person, as they began to share their cultural, religious, and family values while facing some of life's biggest obstacles. From his first day of practice, when the players were taught the importance of putting on their athletic socks properly; to gradually absorbing the sublime wisdom of Coach Wooden's now famous "Pyramid of Success"; to learning to cope with the ugly racism that confronted black athletes during the turbulent Civil Rights era as well as losing loved ones, Abdul-Jabbar fondly recalls how Coach Wooden's fatherly guidance not only paved the way for his unmatched professional success but also made possible a lifetime of personal fulfillment. Full of intimate, never-before-published details and delivered with the warmth and erudition of a grateful student who has learned his lessons well, *Coach Wooden and Me* is at once a celebration of the unique philosophical outlook of college basketball's most storied coach and a moving testament to the all-conquering power of friendship. Instant New York Times and USA Today Bestseller President Barack Obama's Favorite Book of 2017 A Boston Globe and Huffington Post Best Book of 2017 Pick

They Call Me Killer

Tales from Junior Hockey's Legendary Hall-of-Fame Coach *John Wiley & Sons*

A lighthearted, intimate chronicle of the Hall-of-Fame junior hockey coach traces his three decades as a head coach and

subsequent years as a general manager for the Ottawa 67s, sharing stories and comments from famous athletes while offering insight into his gritty coaching style. Original.

Call Me Coach

Alaska's Greatest Wrestling Stories *Publication Consultants*
Steve Wolfe, fresh out of college, comes to the little town of Homer, Alaska and begins his wrestling coach career. Homer, Alaska is at the end of the road. Coach soon finds that Alaska is full of unbelievable characters--kids and adults alike--students, teachers, and neighbors. Coach's interactions with these characters make for nonstop humor and inspiration. *Call Me Coach* is a story of rare experiences of struggle, failure, but ultimately triumph. Alaskans and wrestlers have a common spirit--the spirit of adventure and overcoming all adversity. *Call Me Coach* is a humorous story of motivation and the spirit of Alaska and wrestling.

How to Be Like Coach Wooden

Life Lessons from Basketball's Greatest Leader *Health Communications, Inc.*

John Wooden is an American icon. Since he announced his retirement thirty years ago, "Coach" remains one of our country's most popular and heroic figures. What John Wooden accomplished as basketball coach at UCLA will never be repeated—eighty-eight victories in a row, ten national championships—but what makes his legacy even more amazing

is how he did it: with honor, integrity and grace. In his research for *How to Be Like Coach Wooden*, Pat Williams recounts well over 800 interviews. The result is an inspiring motivational biography about a great hero of basketball and one of the most amazing leaders in history. *How to Be Like Coach Wooden* is the next dynamic book in the *How to Be Like* "character biography" series, which focuses on drawing out important lessons from the lives of great men and women. In this book, readers will learn from Coach Wooden, a beacon of honesty, goodness and faith. Wooden cared about winning in basketball, but he cared more about winning in life.

Wooden: A Coach's Life *Times Books*

A provocative and revelatory new biography of the legendary UCLA coach John Wooden, by one of America's top college basketball writers. No college basketball coach has ever dominated the sport like John Wooden. His UCLA teams reached unprecedented heights in the 1960s and '70s capped by a run of ten NCAA championships in twelve seasons and an eighty-eight-game winning streak, records that stand to this day. Wooden also became a renowned motivational speaker and writer, revered for his "Pyramid of Success." Seth Davis of *Sports Illustrated* and CBS Sports has written the definitive biography of Wooden, an unflinching portrait that draws on archival research and more than two hundred interviews with players, opponents, coaches, and even Wooden himself. Davis shows how hard Wooden strove for success, from his All-American playing days at Purdue through his early years as a high school and college coach to the glory days at UCLA, only to discover that reaching new heights brought

new burdens and frustrations. Davis also reveals how at the pinnacle of his career Wooden found himself on questionable ground with alumni, referees, assistants, and even some of his players. His was a life not only of lessons taught, but also of lessons learned. Woven into the story as well are the players who powered Wooden's championship teams – Kareem Abdul-Jabbar, Bill Walton, Walt Hazzard, and others – many of whom speak frankly about their coach. The portrait that emerges from Davis's remarkable biography is of a man in full, whose life story still resonates today.

They Call Me Big House *John F. Blair, Publisher*

Big House. For nearly half a century in college basketball circles, no other introduction was necessary. Clarence E. "Big House" Gaines became head coach at Winston-Salem Teachers College in 1946. He was not just the head basketball coach. He was the head coach. Period. He coached every sport the school offered -- football, basketball, track, tennis, boxing. He taught in the classroom, too. And all for \$2,400 a year. He slept in the men's dormitory and ate discounted meals in the cafeteria. How good were his teams in those early days? About as good as you'd expect at a predominantly women's college whose cupboard of male athletes was bare immediately after World War II.

I Came As a Shadow

An Autobiography *Henry Holt and Company*

A NEW YORK TIMES NOTABLE BOOK The long-awaited autobiography from Georgetown University's legendary coach,

whose life on and off the basketball court threw America's unresolved struggle with racial justice into sharp relief. John Thompson was never just a basketball coach and *I Came As A Shadow* is categorically not just a basketball autobiography. After five decades at the center of race and sports in America, Thompson—the iconic NCAA champion, Black activist, and educator—was ready to make the private public at last, and he completed this autobiography shortly before his death in the historically tumultuous summer of 2020. Chockful of stories and moving beyond mere stats (three Final Fours, four-time national coach of the year, seven Big East championships, 97 percent graduation rate), Thompson's book drives us through his childhood under Jim Crow segregation to our current moment of racial reckoning. We experience riding shotgun with Celtics icon Red Auerbach and coaching NBA Hall of Famers like Patrick Ewing and Allen Iverson. What were the origins of the phrase "Hoya Paranoia"? You'll see. And parting his veil of secrecy, Thompson brings us into his negotiation with a D.C. drug kingpin in his players' orbit in the 1980s, as well as behind the scenes of his years on the Nike board. Thompson's mother was a teacher who had to clean houses because of racism in the nation's capital. His father could not read or write. Their son grew up to be a man with his own larger-than-life statue in a building that bears his family's name on a campus once kept afloat by the selling of 272 enslaved Black people. This is a great American story, and John Thompson's experience sheds light on many of the issues roiling our nation. In these pages, he proves himself to be the elder statesman whose final words college basketball and the country need to hear. *I Came As A Shadow* is not a swan song, but a

bullhorn blast from one of America's most prominent sons.

They Call Me Coach

This fascinating first-person story of UCLA's brilliant basketball coach.

Called to Coach

Reflections on Life, Faith and Football *Simon and Schuster*

In this New York Times bestseller, legendary coach Bobby Bowden gives readers an inside look at the path that led him to become one of college football's most successful coaches—now in paperback. Coach Bobby Bowden is an icon of college football who ran his legendary, top-ranking program with a trademark southern charm. With his recent retirement, Bowden is ready to give fans and readers the behind-the-scenes story of his 55-year career and the path that helped him become one of college football's most successful coaches and patriarch of the sport's most famous coaching family. In this book, Bowden will reveal never-before-published details of the moments and events that have defined his life, including: * The tragic death of his grandson and son-in-law in a 2004 automobile accident. * The details of his retirement as FSU's coach at the end of the 2009 season.

Wooden on Leadership

How to Create a Winning Organization *McGraw Hill Professional*

A Wall Street Journal Bestseller A compelling look inside the mind

and powerful leadership methods of America's coaching legend, John Wooden "Team spirit, loyalty, enthusiasm, determination. . . . Acquire and keep these traits and success should follow." -- Coach John Wooden John Wooden's goal in 41 years of coaching never changed; namely, to get maximum effort and peak performance from each of his players in the manner that best served the team. Wooden on Leadership explains step-by-step how he pursued and accomplished this goal. Focusing on Wooden's 12 Lessons in Leadership and his acclaimed Pyramid of Success, it outlines the mental, emotional, and physical qualities essential to building a winning organization, and shows you how to develop the skill, confidence, and competitive fire to "be at your best when your best is needed"--and teach your organization to do the same. Praise for Wooden on Leadership: "What an all-encompassing Pyramid of Success for leadership! Coach Wooden's moral authority and brilliant definition of success encompass all of life. How I admire his life's work and concept of what it really means to win!" --Stephen R. Covey, author, *The 7 Habits of Highly Successful People* and *The 8th Habit: From Effectiveness to Greatness* "Wooden On Leadership offers valuable lessons no matter what your endeavor. 'Competitive Greatness' is our goal and that of any successful organization. Coach Wooden's Pyramid of Success is where it all starts." --Jim Sinegal, president & CEO, Costco

They Call Me Coach *W Publishing Group*

The famous UCLA basketball coach talks about his players, his own phenomenal career, and the mental and spiritual attitudes which bring success

Coach Wooden One-On-One *Revel*

This book of 60 daily readings is the result of one-on-one conversations between basketball's legendary coach and teacher, John Wooden, and Jay Carty, former Laker and one time Wooden assistant. Each of the two page readings contains life wisdom from the Coach, application and reflection from Jay and a daily Scripture reading and prayer.

A Game Plan for Life

The Power of Mentoring *Bloomsbury Publishing USA*

The UCLA Bruins coach pays tribute to the individuals who helped foster the values that shaped his career, and shares interviews with people he mentored throughout the years, including Kareem Abdul-Jabbar and Bill Walton.

They Better Call Me Sugar

My Journey from the Hood to the Hardwood *Akashic Books*

In unflinchingly honest prose, Sugar Rodgers shares her inspiring story of overcoming tremendous odds to become an all-star in the WNBA. "They Better Call Me Sugar is fabulous--so infinitely readable and engaging. Sugar Rodgers is such a clear-eyed and thoughtful writer and a huge inspiration. There are so many young people I can't wait to give this book to." --Jacqueline Woodson, author of *Brown Girl Dreaming*, former National Ambassador for Young People's Literature "[Rodgers] now has a new goal: sharing her story with others. She certainly accomplishes that in this raw, compelling memoir of a girl

growing up in difficult circumstances but with the wits, confidence, and drive that made her an All-Star. An inspiring autobiography." --Booklist "WNBA champion Rodgers reflects on her childhood and road to athletic glory...Encouraging tidbits will stay with readers, such as, 'Stars are stars because they work hard even when the lights are not on'...This memoir...has a bold bounce." --Kirkus Reviews "Sugar Rodgers's story will be inspirational not only for young girls, not only for young athletes, but for everyone. You never know the mountains people have to climb to reach the level of success they have achieved." --Etan Thomas, former NBA player, author of *We Matter: Athletes and Activism* "Having had the privilege of playing and working with Sugar Rodgers, I've been blessed with a front row seat to watch her grow into the woman she is today. My hope and prayer is that everyone, both young and old, gets an opportunity to read this book and let Sugar--the athlete, the woman, the survivor--have as much of an impact on their lives as she has had on mine." --Swin Cash, three-time WNBA champion, VP of Basketball Operations with the New Orleans Pelicans "It would be too easy to say that Sugar Rodgers's memoir is a slam dunk. It's more than that--it's a three-pointer from deep. If you want to know what it takes to shoot for your dreams in sports and in life, read this book." --C.J. Farley, author of *Around Harvard Square* Growing up in dire poverty in Suffolk, Virginia, Sugar (born Ta'Shauna) Rodgers never imagined that she would become an all-star player in the WNBA (Women's National Basketball Association). Both of her siblings were in and out of prison throughout much of her childhood and shootings in her neighborhood were commonplace. For Sugar this was just a fact of life. While academics wasn't a

high priority for Sugar and many of her friends, athletics always played a prominent role. She mastered her three-point shot on a net her brother put up just outside their home, eventually becoming so good that she could hustle local drug dealers out of money in one-on-one contests. With the love and support of her family and friends, Sugar's performance on her high school basketball team led to her recruitment by the Georgetown Hoyas, and her eventual draft into the WNBA in 2013 by the Minnesota Lynx (who won the WNBA Finals in Sugar's first year). The first of her family to attend college, Sugar speaks of her struggles both academically and as an athlete with raw honesty. Sugar's road to a successful career as a professional basketball player is fraught with sadness and death--including her mother's death when she's fourteen, which leaves Sugar essentially homeless. Throughout it all, Sugar clings to basketball as a way to keep herself focused and sane. And now Sugar shares her story as a message of hope and inspiration for young girls and boys everywhere, but especially those growing up in economically challenging conditions. Never sugarcoating her life experiences, she delivers a powerful message of discipline, perseverance, and always believing in oneself.

Don't Put Me In, Coach

My Incredible NCAA Journey from the End of the Bench to the End of the Bench *Anchor Books*

An irreverent critique of big-time NCAA basketball by the author of the popular Club Trillion blog describes how his ambition to become a doctor was sidelined so that that he could join the elite

Buckeyes in spite of his lesser talents, which rendered him perpetually benched and ironically scouted by the Harlem Globetrotters.

Coach's Guide to Teaching *John Catt Educational*

The mark of a great coach is a constant desire to learn and grow. A hunger to use whatever can make them better. The best-selling author of *Teach Like a Champion* and *Reading Reconsidered* brings his considerable knowledge about the science of classroom teaching to the sports coaching world to create championship caliber coaches on the court and field. What great classroom teachers do is relevant to coaches in profound ways. After all, coaches are at their core teachers. Lemov knows that coaches face many of the same challenges found in the classroom, so the science of learning applies equally to them. Unfortunately, coaches and organizations have a mixed level of understanding of the research and study of the science of learning. Sometimes coaches and organizations build their teaching on myths and platitudes more than science. Sometimes there isn't any science applied at all. While there are thousands of books and websites a coach can consult to better understand technical and tactical aspects of the game, there is nothing for a coach to consult that explicitly examines the teaching problems on the field, the court, the rink, and the diamond. Until now. Intended to offer lessons and guidance that are applicable to coaches of any sporting endeavor including everyone from parent volunteers to professional coaches and private trainers, Lemov brings the powerful science of learning to the arena of sports coaching to create the next generation of championship caliber

coaches.

My Personal Best

Life Lessons from an All-American Journey *McGraw Hill Professional*

NATIONAL BESTSELLER For John Wooden's millions of fans--a heartfelt and revealing self-portrait about the people and events that shaped his life Sports Illustrated declared: "There has never been a finer coach in American sports than John Wooden. Nor a finer man." ESPN selected him as the "Greatest Coach of the 20th Century." From his birth on an Indiana tenant farm, to All-American honors at Purdue, to his historic record-setting UCLA dynasty, John Wooden is a towering figure in 20th-century sports, and his experience and wisdom an American treasure. In *My Personal Best*, Coach Wooden tells how he did it and the lessons he learned on his remarkable journey. Pairing never-before-seen photos from Coach Wooden's private collection with his personal stories and affirmations, this book encompasses the dramatic arc of Wooden's larger-than-life achievements and experiences. As he did in his perpetual bestseller *Wooden*, Coach offers a wealth of biographical details, personal reflections, and a lifetime of lessons. His millions of fans will cherish this definitive pictorial history of a living sports legend. "John Wooden is a living legend because he practiced what he preached--the code of ethics which created America's strength." --Phil Jackson, head coach, Los Angeles Lakers "Most of what I know, what's made me a smart man, has come from John Wooden." --Kareem Abdul-Jabbar, Naismith Basketball Hall of Famer "A man of John Wooden's

accomplishments and integrity would stand out in any era, but now, almost three decades after he coached his last game, he is in some ways an even more striking figure." --Bob Costas

They Call Me Pathfinder

Education-Basketball-Equality

Get inspiration for finding your path from one man's true story of life in the Deep South, a memoir lauded by Coretta Scott King's cousin, Christine Jackson, as "a book everyone should read!" Growing up, Mark Epstein had dreams of playing basketball, but his lack of motivation sidelined him. Inspired after he read true civil rights stories about Black Americans, Epstein's secret dream was born. Personal heartbreak drove him to a new life in Charleston, South Carolina, where he found his mission to improve the world through sports. In this inspiring memoir of an educator, Epstein shares the magic of befriending some of the greatest athletes in history as well as students and parents in the public school system. From desperate circumstances to a twenty-seven-year career in education and coaching, *They Call Me Pathfinder* is the story of how one lost soul from Massachusetts found his way to a life that became an American dream come true.

Coach Wooden's Pyramid of Success *ReadHowYouWant.com*

Legendary college basketball coach John Wooden and Jay Carty know that when it comes down to it, success is an equal opportunity player. Anyone can create it in his or her career, family and beyond. Based on John Wooden's own method to

victory, Coach Wooden's Pyramid of Success reveals that success is built block by block, where each block is a crucial principle contributing to life-long achievement in every area of life. Each of these 32 daily readings takes an in-depth look at a single block of the pyramid. When these blocks are combined they form the structure of the pyramid of success. Discover the building blocks and key values, from confidence to faith, that brought Coach to the pinnacle of success as a leader, a teacher and a follower of God.

The Absolutely True Diary of a Part-Time Indian *Little, Brown Books for Young Readers*

Bestselling author Sherman Alexie tells the story of Junior, a budding cartoonist growing up on the Spokane Indian Reservation. Determined to take his future into his own hands, Junior leaves his troubled school on the rez to attend an all-white farm town high school where the only other Indian is the school mascot. Heartbreaking, funny, and beautifully written, *The Absolutely True Diary of a Part-Time Indian*, which is based on the author's own experiences, coupled with poignant drawings by Ellen Forney that reflect the character's art, chronicles the contemporary adolescence of one Native American boy as he attempts to break away from the life he was destined to live. With a forward by Markus Zusak, interviews with Sherman Alexie and Ellen Forney, and four-color interior art throughout, this edition is perfect for fans and collectors alike.

Don't Call Me Coach *FurPlanet Productions*

Garth Hood has a PhD in physics, and has applied at labs and

universities all over the country for two years. But the only job he's found in that time is as gym coach at a high school, and his bench press got him there, not his education. Angry, but still determined to do his best, Garth throws himself into his new role as weight coach. But one of his students, a Doberman senior named Evan Silvers, takes Garth by surprise. Evan is aggressive, alluring, and exactly Garth's type. For the sake of his future, Garth resists. But as time goes by, the school pushes more and more on Garth, and his frustration ramps up. Will Garth be able to resist Evan's advances, find a way to make a difference, and break out of his cage?

Coach 'Em Way Up

5 Lessons for Leading the John Wooden Way *Entrepreneur Press*

All Great Coaches Are Good Leaders But Not All Good Leaders Are Great Coaches Coach 'Em Way Up teaches readers to exhibit their best thinking, set a great example, assess how you teach, lead with confidence, and mentor others to put them on a path to lasting competitive greatness while becoming great people, too. Based on the teachings of legendary UCLA basketball coach John Wooden, readers get effective leadership strategies for creating a culture of excellence in today's modern workplace. Simply put, Coach 'Em Way Up does for readers what John Wooden did for decades: guide you to achieve true success challenge you to reach extraordinary levels of performance prepare you to coach yourself and others to be the very best inspire you to pursue not just greatness but also goodness Make John Wooden a coach and

mentor for your future. Allow him to coach you to coach yourself, your team, and business up—all the way up.

Not Your Average Runner

Why You're Not Too Fat to Run and the Skinny on How to Start Today *Morgan James Publishing*

Do you think running sucks? Do you think you're too fat to run? Look no further, Not Your Average Runner is for everyone. With humor, compassion, and lots of love, Jill Angie delivers the goods: overcoming the challenges of running with an overweight body and giving individuals self-esteem an enormous boost in the process. This isn't a guide to running for weight loss, or a simple running plan. It shows readers how a woman carrying a few (or many) extra pounds can successfully become a runner in the body she has right now. Jill Angie is a certified running coach and personal trainer who wants to live in a world where everyone is free to feel fit and fabulous at any size. She started the Not Your Average Runner movement in 2013 to show that runners come in all shapes, sizes and speeds, and, since then, has assembled a global community of revolutionaries that are taking the running world by storm. If you would like to be part of the revolution, flip to the inside and find out more!

Ask a Manager

How to Navigate Clueless Colleagues, Lunch-Stealing Bosses, and the Rest of Your Life at Work *Ballantine Books*

From the creator of the popular website Ask a Manager and New

York's work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There's a reason Alison Green has been called "the Dear Abby of the work world." Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don't know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit "reply all" • you're being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate's loud speakerphone is making you homicidal • you got drunk at the holiday party Praise for *Ask a Manager* "A must-read for anyone who works . . . [Alison Green's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work."—Booklist (starred review) "The author's friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience."—Library Journal (starred review) "I am a huge fan of Alison Green's *Ask a Manager* column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor."—Robert Sutton, Stanford professor and author of *The No Asshole Rule* and *The Asshole*

Survival Guide "Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way."—Erin Lowry, author of *Broke Millennial: Stop Scraping By and Get Your Financial Life Together*

They Called Me Chocolate Rocket

The Life and Times of John Paris, Jr., Hockey's First Black Professional Coach *Formac Publishing Company*

In the ultra-competitive junior hockey leagues in the early 1960s, a young man could tolerate nearly anything that helped him stand out from the hordes of other prospects, so John Paris, Jr. did just that. The African-Canadian from Nova Scotia dazzled and dominated on the ice -- often facing racism on and off the ice. It took courage. *They Called Me Chocolate Rocket* is the story of John's life from his childhood in the Curry's Corner section of Windsor, Nova Scotia, where he was rated one of the top junior prospects in Eastern Canada and scouted by the legendary Scotty Bowman, to his eventual decision to coach, beginning with the Montreal-area minor systems and on to the pro ranks with the IHL's Atlanta Knights. Although John has an impressive resume, it is the stories of the complex life that he has lived -- persevering in a hockey world where blacks were rare -- that propel the book. From John being befriended by Rocket Richard as a junior, to being brought back from near-death in a Montreal hospital at age 25, to getting a "street lesson" in Atlanta when caught in a gang fight, and more. Now living in Dallas, Texas with his wife and young daughter, John is actively involved in hockey as a coach and principal instructor for top-level prospects, and works in

prestigious U.S. junior development camps.

The Greatest Coach Ever

Timeless Wisdom and Insights of John Wooden *Gospel Light Publications*

Coach John Wooden's teams won 10 NCAA mens basketball championships at UCLA and Sporting News magazine named him the greatest coach of all time. Yet decades after he retired and now after his passing, his wisdom capsulized so clearly in his famous Pyramid of Success continues to guide new generations of athletes, coaches, and people of all walks of life. In *The Greatest Coach Ever*, the Fellowship of Christian Athletes features 40 tributes from athletes, coaches, and other influential leaders like Bobby Bowden, Tom Osborne, Sue Semrau, Tony Dungy, Mike Singletary, Tamika Catchings, Joe Girardi, Jim Tressel and David Robinson playing honor to Coach Wooden and reflecting on how his example has challenged and changed them. Their stories can challenge and change your life, too. Coach Wooden appreciated the tributes and the honor of being called the greatest coach ever, but felt uncomfortable with the title. He was eager to see that this book points to the one whom he calls the greatest coach ever. I am happy being remembered as a man of integrity. I like that, --John Wooden, May 21 2010.

Out of the Pocket

Football, Fatherhood, and College GameDay Saturdays *Simon and Schuster*

This powerfully intimate, plain-spoken memoir about fathers and sons, fortitude, and football from the face and voice of college football—Kirk Herbstreit—is not just “a window into the game, but also a peek into what makes him special: his heart” (David Shaw, head coach, Stanford University). Kirk Herbstreit is a reflection of the sport he loves, a reflection of his football-crazed home state of Ohio, where he was a high school star and Ohio State captain, and a reflection of another Ohio State football captain thirty-two years earlier: his dad Jim, who battled Alzheimer’s disease until his death in 2016. In *Out of the Pocket*, Herbstreit does what his father did for him: takes you inside the locker rooms, to the practice fields, to the meeting rooms, to the stadiums. Herbstreit describes how a combination of hard work, perseverance, and a little luck landed him on the set of ESPN’s iconic College GameDay show, surrounded by tens of thousands of fans who treat their Saturdays like a football Mardi Gras. He takes you into the television production meetings, on to the GameDay set, and into the broadcast booth. You’ll live his life during a football season, see the things he sees, experience every chaotic twist and turn as the year unfolds. Not to mention the relationships he’s established and the insights he’s learned from the likes of coaches and players such as Nick Saban, Tim Tebow, Dabo Swinney, and Peyton Manning, as well as his colleagues, including Chris Fowler, Rece Davis, and his “second dad,” the beloved Coach Lee Corso. Yes, Kirk Herbstreit is the undeniable face and voice of college football—but he’s also a survivor. He’s the quiet kid who withstood the collapse of his parents’ marriage. The boy who endured too many overbearing stepdads and stepmoms. The painfully shy student who always chose the last

desk in the last row of the classroom. The young man who persevered through a frustrating Ohio State playing career. The new college graduate who turned down a lucrative sales job after college to pursue a “no way you’ll make it” dream career in broadcasting. Inspiring and powerful, *Out of the Pocket* “proves the importance of perseverance and family” (Peyton Manning).

Win Forever

Live, Work, and Play Like a Champion *Penguin*

"I know that I'll be evaluated in Seattle with wins and losses, as that is the nature of my profession for the last thirty-five years. But our record will not be what motivates me. Years ago I was asked, 'Pete, which is better: winning or competing?' My response was instantaneous: 'Competing. . . because it lasts longer.'" Pete Carroll is one of the most successful coaches in football today. As the head coach at USC, he brought the Trojans back to national prominence, amassing a 97-19 record over nine seasons. Now he shares the championship-winning philosophy that led USC to seven straight Pac-10 titles. This same mind-set and culture will shape his program as he returns to the NFL to coach the Seattle Seahawks. Carroll developed his unique coaching style by trial and error over his career. He learned that you get better results by teaching instead of screaming, and by helping players grow as people, not just on the field. He learned that an upbeat, energetic atmosphere in the locker room can coexist with an unstoppable competitive drive. He learned why you should stop worrying about your opponents, why you should always act as if the whole world is watching, and many other contrarian insights. Carroll

shows us how the Win Forever philosophy really works, both in NCAA Division I competition and in the NFL. He reveals how his recruiting strategies, training routines, and game-day rituals preserve a team's culture year after year, during championship seasons and disappointing seasons alike. Win Forever is about more than winning football games; it's about maximizing your potential in every aspect of your life. Carroll has taught business leaders facing tough challenges. He has helped troubled kids on the streets of Los Angeles through his foundation A Better LA. His words are true in any situation: "If you want to win forever, always compete."

Just Call Me John

The Leadership Story of John Gagliardi *North Star Press of St Cloud*

Practices are a little like a classroom you're teaching, says John Gagliardi. Since 1953, John, as head football coach at Saint John's University, has been teaching young men how to play winning football. His classroom has been the beautiful natural bowl of Clemens Stadium. His college teams have won 471 games, 63 more than those of his closest rival."

Welcome to the Writer's Life

How to Design Your Writing Craft, Writing Business, Writing Practice, and Reading Practice *Sasquatch Books*

Learn how to take your work to the next level with this informative guide on the craft, business, and lifestyle of writing

With warmth and humor, Paulette Perhach welcomes you into the writer's life as someone who has once been on the outside looking in. Like a freshman orientation for writers, this book includes an in-depth exploration of all the elements of being a writer—from your writing practice to your reading practice, from your writing craft to the all-important and often-overlooked business of writing. In *Welcome to the Writer's Life*, you will learn how to tap into the powers of crowdsourcing and social media to grow your writing career. Perhach also unpacks the latest research on success, gamification, and lifestyle design, demonstrating how you can use these findings to further improve your writing projects. Complete with exercises, tools, checklists, infographics, and behind-the-scenes tips from working writers of all types, this book offers everything you need to jump-start a successful writing life.

Who Says I Can't

The Astonishing Story of a Fearless Life *Harper Horizon*

On paper, Coach Rob Mendez sounds like any other football coach on any other field across America: passionate, authoritative, knowledgeable. But he's unlike any other coach you know—in fact, he's probably unlike any other person you know. Born with an extraordinarily rare condition called tetra-Amelia syndrome, Rob has no arms or legs. He moves with the assistance of a custom-made, motorized wheelchair that he operates with his back and shoulders. Many people look at Rob and see limitation, yet Rob sees opportunity: Opportunity to pursue his passion for football. Opportunity to change the way

people perceive physical disability. Opportunity to serve as a role model for the hundreds of kids he's coached over the years. Told with both humor and frankness, *Who Says I Can't?* takes readers on Rob's incredible journey, from his birth to loving parents who wanted to afford him every chance for happiness, to the emotional and physical hurdles he faced while seeking independence, to receiving the Jimmy V Award for Perseverance at the ESPY Awards in 2019. Each day, Coach Rob rolls onto the field and shows his players that dreams are achievable when you show up, do the work, and believe in yourself. And after reading this book you, too, will believe that anything is possible.

Thoughtfully Fit

Your Training Plan for Life and Business Success *Harper Horizon*

Your mind is like your body. Train it right, and it'll become stronger, faster, and more agile. Grounded in simple yet proven strategies, *Thoughtfully Fit* trains your mind to perform well under any challenging circumstance. It helps you identify your strengths and weaknesses, maximize your full potential, and customize a plan for success. Developed by Darcy Luoma, one of America's most highly credentialed leadership coaches, *Thoughtfully Fit* is the culmination of her lifetime work training leaders and teams to achieve peak mental fitness and overcome any hurdle effectively. You now have access to the same coaching that has worked for thousands of top performers. Darcy is no stranger to life's challenges. Her world changed forever when her beloved stay-at-home husband was arrested for sexual

assault of a minor and dragged out of their home in handcuffs by a SWAT team. As tempting as it was to collapse, that wasn't an option, especially for the sake of her two young daughters. Instead, Darcy relied on what she knows best: coaching and the Thoughtfully Fit® model now revealed in this book. Thoughtfully Fit shares the framework Darcy created and used to navigate life following her husband's incarceration. Through personal stories combined with concrete skills, this book draws on the same principles of being physically fit--like flexibility, agility, and strength--to train you to be mentally fit for life's challenges, big or small. If you're overwhelmed and stressed from managing all the chaos and relationships in your day-to-day life, Thoughtfully Fit will help you: improve communication strengthen your relationships have less conflict, resentment, and regret have

more energy for the things you love live with greater intention Darcy has been where you are--and she will equip you to overcome whatever obstacles life throws your way.

We Still Call Him Coach

The Life and Legacy of Les Habegger *Cross Training Pub*

We Still Call Him Coach begins with Les as the youngest of ten children growing up in a Northern Indiana Amish community. It follows him through World War II as a litter bearer in The Battle Of The Bulge and onto his successful basketball career. Les was inducted into the Seattle Pacific Athletic Hall of Fame with sixty of his former players in attendance. To them he is not only their Coachhe is their guiding force.