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# The Trouble With Being Born Book

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**The Trouble with Being Born** *Simon and Schuster*

Through a series of aphorisms, the Romanian philosopher meditates on the nature of being alive. In this volume, which reaffirms the uncompromising brilliance of his mind, Cioran strips the human condition down to its most basic components, birth and death, suggesting that disaster lies not in the prospect of death but in the fact of birth, "that laughable accident." In the lucid, aphoristic style that characterizes his work, Cioran writes of time and death, God and religion, suicide and suffering, and the temptation to silence. Through sharp observation and patient contemplation, Cioran cuts to the heart of the human experience. "A love of Cioran creates an urge to press his writing into someone's hand, and is followed by an equal urge to pull it away as poison." —The New Yorker "In the company of Nietzsche and Kierkegaard." —Publishers Weekly "No modern writer twists the knife with Cioran's dexterity. . . . His writing . . . is informed with the bitterness of genuine compassion." —Boston Phoenix "An orgy of cynicism and philosophical violence that circles around a ludicrous jibe . . . that the thing to be avoided at all costs is—yes!—getting born. The renewal of Species is an endless holocaust, and in this "fallen universe" the one unpardonable crime is to inflict Life on the unborn." —The Irish Times (Ireland)

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**The Trouble With Being Born** *Penguin UK*

'Not to be born is undoubtedly the best plan of all. Unfortunately it is within no one's reach.' In *The Trouble With Being Born*, E. M. Cioran grapples with the major questions of human existence: birth, death, God, the passing of time, how to relate to others and how to make ourselves get out of bed in the morning. In a series of interlinking aphorisms which are at once pessimistic, poetic and extremely funny, Cioran finds a kind of joy in his own despair, revelling in the absurdity and futility of our existence, and our inability to live in the world. Translated by Pulitzer Prize-winning poet and critic Richard Howard, *The Trouble With Being Born* is a provocative, illuminating testament to a singular mind.

**The Trouble with Being Born** *University of Alabama Press*

A fierce portrait of memory, family, and regret *The Trouble with Being Born* is a stark meditation on memory and the struggle—both necessary and impossible—to remember.

**On the Heights of Despair** *University of Chicago Press*

"Born of a terrible insomnia which E. M. Cioran called "a dizzying lucidity which would turn even paradise into hell," this book presents the youthful Cioran, a self-described "Nietzsche still complete with his Zarathustra, his poses, his mystical clown's tricks, a whole circus of the heights." On the Heights of Despair shows Cioran's first grappling with themes he would return to in his mature works: despair and decay, absurdity and alienation, futility and the irrationality of existence. It also presents Cioran as a connoisseur of apocalypse, a theoretician of despair, for whom writing and philosophy both share the "lyrical virtues" that alone lead to metaphysical revelations. An exorcism of despair, this book offers insights into the ironic anguish of Cioran's philosophic mind while providing fascinating information on his early development as a writer and thinker."

**History and Utopia** *Simon and Schuster*

"Only a monster can allow himself the luxury of seeing things as they are," writes E. M. Cioran, the Romanian-born philosopher who has rightly been compared to Samuel Beckett. In *History and Utopia*, Cioran the monster writes of politics in its broadest sense, of history, and of the utopian dream. His views are, to say the least, provocative. In one essay he casts a scathing look at democracy, that "festival of mediocrity"; in another he turns his uncompromising gaze on Russia, its history, its evolution, and what he calls "the virtues of liberty." In the dark shadow of Stalin and Hitler, he writes of tyrants and tyranny with rare lucidity and convincing logic. In "Odyssey of Rancor," he examines the deep-rooted dream in all of us to "hate our neighbors," to take

immediate and irremediable revenge. And, in the final essay, he analyzes the notion of the "golden age," the biblical Eden, the utopia of so many poets and thinkers.

**Anathemas and Admirations** *Skyhorse Publishing Inc.*

"Instead of accumulating wisdom, he has shed certainties. Instead of reaching out to touch someone, he has fastidiously cultivated his exemplary solitude. If he is an aphorist, he's one who resembles Nietzsche, not Kahlil Gibran."—Edmund White, *The New York Times*

**Outliers** *Little, Brown*

From the bestselling author of *The Bomber Mafia*, learn what sets high achievers apart—from Bill Gates to the Beatles—in this seminal work from "a singular talent" (*New York Times Book Review*). In this stunning book, Malcolm Gladwell takes us on an intellectual journey through the world of "outliers"—the best and the brightest, the most famous and the most successful. He asks the question: what makes high-achievers different? His answer is that we pay too much attention to what successful people are like, and too little attention to where they are from: that is, their culture, their family, their generation, and the idiosyncratic experiences of their upbringing. Along the way he explains the secrets of software billionaires, what it takes to be a great soccer player, why Asians are good at math, and what made the Beatles the greatest rock band. Brilliant and entertaining, *Outliers* is a landmark work that will simultaneously delight and illuminate.

**Drawn and Quartered** *Skyhorse Publishing Inc.*

"A brilliant and original exponent of a rare genre, the philosophical essay. Once read, Cioran cannot fail to provoke reaction."—New York Times Book Review

**Cosmic Pessimism** *U of Minnesota Press*

"We're doomed." So begins the work of the philosopher whose unabashed and aphoristic indictments of the human condition have been cropping up recently in popular culture. Today we find ourselves in an increasingly inhospitable world that is, at the same time, starkly indifferent to our species-specific hopes, desires, and disappointments. In the Anthropocene, pessimism is felt everywhere but rarely given its proper place. Though pessimism may be, as Eugene Thacker says, the lowest form of philosophy, it may also contain an enigma central to understanding the horizon of the human. Written in a series of fragments, aphorisms, and prose poems, Thacker's *Cosmic Pessimism* explores the varieties of pessimism and its often-conflicted relation to philosophy. "Crying, laughing, sleeping—what other responses are adequate to a life that is so indifferent?"

**The New Gods** *University of Chicago Press*

Dubbed "Nietzsche without his hammer" by literary critic James Wood, the Romanian philosopher E. M. Cioran is known as much for his profound pessimism and fatalistic approach as for the lyrical, raging prose with which he communicates them. Unlike many of his other works, such as *On the Heights of Despair* and *Tears and Saints*, *The New Gods* eschews his usual aphoristic approach in favor of more extensive and analytic essays.

Returning to many of Cioran's favorite themes, *The New Gods* explores humanity's attachment to gods, death, fear, and infirmity, in essays that vary widely in form and approach. In "Paleontology" Cioran describes a visit to a museum, finding the relatively pedestrian destination rife with decay, death, and human weakness. In another chapter, Cioran explores suicide in shorter, impressionistic bursts, while "The Demiurge" is a shambolic exploration of man's relationship with good, evil, and God. All the while, *The New Gods* reaffirms Cioran's belief in "lucid despair," and his own signature mixture of pessimism and skepticism in language that never fails to be a pleasure. Perhaps his prose itself is an argument against Cioran's near-nihilism: there is beauty in his books.

**A Short History of Decay** *Simon and Schuster*

E. M. Cioran confronts the place of today's world in the context of human history—focusing on such major issues of the twentieth century as human progress, fanaticism, and science—in this nihilistic and witty collection of aphoristic essays concerning the nature of civilization in mid-twentieth-century Europe. Touching upon Man's need to worship, the feebleness of God, the downfall of the Ancient Greeks and the melancholy baseness of all existence, Cioran's pieces are pessimistic in the extreme, but also display a beautiful certainty that renders them delicate, vivid, and memorable. Illuminating and brutally honest, *A Short History of Decay* dissects Man's decadence in a remarkable series of moving and beautiful pieces.

**Searching for Cioran** *Indiana University Press*

Ilinca Zarifopol-Johnston's critical biography of the Romanian-born French philosopher E. M. Cioran focuses on his crucial formative years as a mystical revolutionary attracted to right-wing nationalist politics in interwar Romania, his writings of this period, and his self-imposed exile to France in 1937. This move led to his transformation into one of the most famous French moralists of the 20th century. As an enthusiast of the anti-rationalist philosophies widely popular in Europe during the first decades of the 20th century, Cioran became an advocate of the fascistic Iron Guard. In her quest to understand how Cioran and other brilliant young intellectuals could have been attracted to such passionate national revival movements, Zarifopol-Johnston, herself a Romanian emigrant, sought out the aging philosopher in Paris in the early 1990s and retraced his steps from his home village of Rasinari and youthful years in Sibiu, through his student years in Bucharest and Berlin, to his early residence in France. Her portrait of Cioran is complemented by an engaging autobiographical account of her rediscovery of her own Romanian past.

### **The Trouble with Henry and Zoe** *Simon and Schuster*

A heart-warming and funny novel about love and the choices we make. How bad choices can lead to good things, and how life is never what you expect it to be. Perfect for fans of *One Day* and *Me Before You*, from the author of *The Two of Us*. Henry and Zoe have more in common than they realise. For a start, they both have pasts they'd rather leave behind. After jilting his childhood sweetheart on the eve of their wedding, Henry makes a break for London. He has no friends, no job, no home, no plan. Zoe has

great friends, two jobs, a new house, and a big scary plan. After a traumatic, life-changing event, she plans to leave London and spend a year travelling. Alone. If Henry and Zoe had met one year ago, things might have worked out differently. But that's not the way life works. They meet seven months after their worlds have been turned upside down. And four months before Zoe is due to climb on a plane... What readers said about Andy Jones's first novel, the bestselling *The Two of Us*: 'Frank, funny and bittersweet, *The Two of Us* is a love story about what happens when a relationship looks all wrong but feels all right. This is a book with its heart firmly in the right place' Louise Candlish 'Touching, funny and real, Andy Jones's novel about what happens after the love story had me laughing one minute and crying the next. I loved it' Jane Costello 'At my age I am still amazed when a writer with the gift of the written word can make me care about a character so much that I can be reduced to tears one minute and laughing the next - but this author manages to do just that' Sun 'Honest, heartfelt and real, Jones has poured heart and soul into his words ... *The Two of Us* is a beautiful read about love, friendship and life!' *The Love of a Good Book* 'A really good read and amazingly impressive from a debut author. Have some tissues ready but also be prepared to hold your breath and laugh your socks off' *Fabulous Book Fiend* 'It is a truly inspirational and emotional read, one which will stay with me for a long time and is definitely one of my top reads of 2015' *Compelling Reads* 'Like *One Day* and *Me Before You*, *The Two of Us* almost reads like a screenplay for a hit film and I would not be surprised if we see this on the big screen in a year or two.' *Hollikins, Goodreads* 'You'll have a lump in your throat more than

once and you'll shade more than one tear but it will also make you laugh and will warm your heart. An outstanding debut' Alba in Bookland 'A damn fine book and has already barged its way into my top ten of the year so far and I don't foresee it budging. Well done, Andy Jones' Lisa Talks About... 'A beautifully written story with a lot of emotions and adorable scenes' Sky's Book Corner 'A lovely story, well written and tender, both heart-warming and heart-breaking. I haven't read a book for a long time that made me feel happy and sad by the end' Melanie Trevelyan, Goodreads

**Tears and Saints** *University of Chicago Press*

"(Cioran's) statements have the compression of poetry and the audacity of cosmic clowning".--WASHINGTON POST. In TEARS AND SAINTS, Cioran touches on nearly all the themes that would preoccupy the writer over the course of his career. Self-consciously perverse, this collection will fascinate anyone interested in saints, mysticism, philosophy, the history of Christianity, or the ultimate strangeness of the sacred.

**The Trouble with Women** *Andrews McMeel Publishing*

Ever noticed that women don't feature much in history books, and wondered why? Then this is the book for you. In *The Trouble with Women*, feminist artist Jacky Fleming illustrates how the opinions of supposed male geniuses, such as Charles Darwin (who believed that women have smaller brains than men) and John Ruskin (who believed that women's main function was to praise men), have shaped the fate of women through history, confining them to a life of domesticity and very little else. Get ready to laugh, wince, and rescue forgotten women from the

"dustbin of history," while keeping a close eye out for tell-tale "genius hair."

**The Trouble with Goats and Sheep** *Simon and Schuster*

"I loved this book. It's one of those books that you just want to give to everybody." —Nancy Pearl on NPR's Morning Edition "An astute, engaging debut" (Publishers Weekly), *The Trouble with Goats and Sheep* is a quirky and utterly charming tale of a community in need of reconciliation and two girls learning what it means to belong. England, 1976. Mrs. Creasy is missing and the Avenue is alive with whispers. The neighbors blame her sudden disappearance on the heat wave, but ten-year-olds Grace and Tilly aren't convinced, and decide to take matters into their own hands. Spunky, spirited Grace and quiet, thoughtful Tilly go door to door in search of clues. The cul-de-sac starts to give up its secrets, and the amateur detectives uncover more than they ever imagined. A complicated history of deception begins to emerge—everyone on the Avenue has something to hide. During that sweltering summer, the lives of all the neighbors begin to unravel. The girls come to realize that the lies told to conceal what happened one fateful day about a decade ago are the same ones Mrs. Creasy was starting to peel back just before she disappeared... "A thoughtful tale of loyalty and friendship, family dynamics and human nature" (Kirkus Reviews), this glorious debut is part coming-of-age story, part mystery. *The Trouble with Goats and Sheep* radiates an unmistakable warmth and intelligence and is "rife with tiny extraordinaries" (The New York Times Book Review). "Joanna Cannon is an author to watch" (Booklist, starred review).



### **The Trouble with Peace** *Orbit*

A fragile peace gives way to conspiracy, betrayal, and rebellion in this sequel to the New York Times bestselling *A Little Hatred* from epic fantasy master Joe Abercrombie. "A master of his craft." —Forbes "No one writes with the seismic scope or primal intensity of Joe Abercrombie." —Pierce Brown Peace is just another kind of battlefield . . . Savine dan Glokta, once Adua's most powerful investor, finds her judgement, fortune and reputation in tatters. But she still has all her ambitions, and no scruple will be permitted to stand in her way. For heroes like Leo dan Brock and Stour Nightfall, only happy with swords drawn, peace is an ordeal to end as soon as possible. But grievances must be nursed, power seized, and allies gathered first, while Rikke must master the power of the Long Eye . . . before it kills her. Unrest worms into every layer of society. The Breakers still lurk in the shadows, plotting to free the common man from his shackles, while noblemen bicker for their own advantage. Orso struggles to find a safe path through the maze of knives that is politics, only for his enemies, and his debts, to multiply. The old ways are swept aside, and the old leaders with them, but those who would seize the reins of power will find no alliance, no friendship, and no peace lasts forever. For more from Joe Abercrombie, check out: *The Age of Madness* *A Little Hatred* *The Trouble With Peace* *The Wisdom of Crowds* *The First Law Trilogy* *The Blade Itself* *Before They Are Hanged* *Last Argument of Kings* *Best Served Cold* *The Heroes* *Red Country* *The Shattered Sea Trilogy* *Half a King* *Half a World* *Half a War*

**The Trouble With Harry** *Sourcebooks, Inc.*

Enjoy unforgettable characters and irreverent laughs in the Regency series that launched the career of New York Times bestselling author Katie MacAlister You think you've got troubles? As a spy for the Crown, Lord Harry Rosse faced clever and dangerous adversaries-but it's his five offspring who seem likely to send him to Bedlam. At his wits' end, he's advertised for a wife and found one, but perhaps he should have been a bit more forthcoming on certain points... Wait till you meet Harry and Plum... Frederica Pelham, affectionately known as Plum, spent years avoiding the scandals of her past, and is desperate for quiet security and a chance to make a family. What she finds is a titled husband and five little devils who seem bent on their own destruction, not to mention hers. And while all kinds of secrets are catching up with them, Plum knows the real trouble with Harry... is that he's stolen her heart. "Memorable characters, witty dialogue and suspense...in MacAlister's unique style." -RT Book Reviews

### **The Trouble with Taiwan** *Zed Books Ltd.*

'Fresh and authoritative, written with brio and precision.' Thomas Plate, author of *Yo-Yo Diplomacy* 'An important and timely guide to one of the most dangerous potential flashpoints for future conflict between the West and China.' James Griffiths, author of *The Great Firewall of China* 'Brown and Wu Tzu-hui help situate a Taiwan whose "place" in the world is otherwise plagued by uncertainty.' Benjamin Zawacki, author of *Thailand*

### **The Temptation to Exist** *Simon and Schuster*

This collection of eleven essays originally appeared in France



thirty years ago and created a literary whirlwind on the Left Bank. Cioran writes incisively about Western civilizations, the writer, the novel, mystics, apostles, and philosophers. The Temptation to Exist first introduced this brilliant European thinker twenty years ago to American readers, in a superb translation by Richard Howard. This literary mystique around Cioran continues to grow, and The Temptation to Exist has become an underground classic. In this work Cioran writes about Western civilizations, the writer, the novel, about mystics, apostles, philosophers. For those to whom the very word philosophy brings visions of arduous reading, be assured: Cioran is crystal-clear, his style quotable and aphoristic. “A sort of final philosopher of the Western world. His statements have the compression of poetry and the audacity of cosmic clowning”—The Washington Post

### **The Trauma of Birth** *Psychology Press*

First Published in 1999. Routledge is an imprint of Taylor & Francis, an informa company.

### **The Trouble With Being a Duke** *Harper Collins*

Sometimes happily ever after . . . Anthony Hurst, Duke of Kingsborough, knows the time has come for him to produce an heir. But first he must find a bride. When he meets the most exquisite woman at his masquerade ball, he thinks his search is over . . . until the breathtaking beauty runs off. With few clues other than her figure, her scent, and the memory of her kiss, Anthony must find his mystery lady. . . . needs a little bit of help. Isabella Chilcott can scarcely believe it: she is finally at the Kingsborough Ball. As a child, she dreamed of dancing a waltz

here, and now, thanks to a gorgeous gown she's found in the attic, Isabella is living her fairytale fantasy. And she's waltzing with the Duke of Kingsborough himself! But she must escape before he discovers her secrets . . . for she is not who she pretends to be, and falling in love with Prince Charming is the last thing she can allow herself to do . . .

### **The Trouble with Flying** *Rachel Morgan*

Sarah doesn't talk to strangers. Aiden won't shut up. When they find themselves next to each other on a plane, unexpected sparks begin to fly ... - - - Sarah doesn't talk to strangers. It's awkward, stressful, and there's the uncontrollable blushing to worry about. When she boards a plane to fly home after an overseas holiday, she plans to stick her nose in a book and ignore everyone around her. Aiden's terrified of flying, and it's his first time on a plane. If he can distract himself by talking non-stop for the entire flight, he will. Too bad for Sarah he's sitting right next to her. Against all Sarah's expectations, she ends up enjoying Aiden's company. They laugh, argue, concoct stories about other passengers, and accidentally hold hands during the turbulence. When the time comes to say goodbye, Sarah can't help the crazy thought that she shouldn't let Aiden go. Then he kisses her. And then he's gone. With her world turning upside down in more ways than one, Sarah has to make a decision: stick with the safe, predictable life that's been mapped out for her, or find the courage to go after what she truly wants. - - - Nominated as an InD'tale RONE Award Finalist in 2015, The Trouble with Flying is a sweet, clean contemporary romance that can be read as a standalone novel.

**Better Never to Have Been** *Oxford University Press*

First published in paperback in 2008. Reprinted 2009, 2013.

**White Fragility** *Beacon Press*

The New York Times best-selling book exploring the counterproductive reactions white people have when their assumptions about race are challenged, and how these reactions maintain racial inequality. In this “vital, necessary, and beautiful book” (Michael Eric Dyson), antiracist educator Robin DiAngelo deftly illuminates the phenomenon of white fragility and “allows us to understand racism as a practice not restricted to ‘bad people’ (Claudia Rankine). Referring to the defensive moves that white people make when challenged racially, white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence. These behaviors, in turn, function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue. In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.

**The Feminine Mystique** *W. W. Norton & Company*

Released for the first time in paperback, this landmark social and political volume on feminism is credited with being responsible for raising awareness, liberating both sexes, and triggering major advances in the feminist movement. Reprint.

**The Trouble with Diversity** *Macmillan*

A critique of the American obsession with diversity argues that

we are ignoring the ever-widening economic divide in American society, that diversity has created a false notion of social justice, and that we need to emphasize equality over diversity.

**Make Way for Ducklings** *Penguin*

"Robert McCloskey's unusual and stunning pictures have long been a delight for their fun as well as their spirit of place."—The Horn Book Mrs. Mallard was sure that the pond in the Boston Public Gardens would be a perfect place for her and her eight ducklings to live. The problem was how to get them there through the busy streets of Boston. But with a little help from the Boston police, Mrs. Mallard and Jack, Kack, Lack, Nack, Ouack, Pack, and Quack arrive safely at their new home. This brilliantly illustrated, amusingly observed tale of Mallards on the move has won the hearts of generations of readers. Awarded the Caldecott Medal for the most distinguished American picture book for children in 1941, it has since become a favorite of millions. This classic tale of the famous Mallard ducks of Boston is available for the first time in a full-sized paperback edition. Make Way for Ducklings has been described as "one of the merriest picture books ever" (The New York Times). Ideal for reading aloud, this book deserves a place of honor on every child's bookshelf. "This delightful picture book captures the humor and beauty of one special duckling family. ... McClosky's illustrations are brilliant and filled with humor. The details of the ducklings, along with the popular sights of Boston, come across wonderfully. The image of the entire family proudly walking in line is a classic."—The Barnes & Noble Review "The quaint story of the mallard family's search for the perfect place to hatch ducklings. ... For more than fifty

years kids have been entertained by this warm and wonderful story."—Children's Literature

**Born a Crime** *One World*

#1 NEW YORK TIMES BESTSELLER • More than one million copies sold! A “brilliant” (Lupita Nyong’o, Time), “poignant” (Entertainment Weekly), “soul-nourishing” (USA Today) memoir about coming of age during the twilight of apartheid “Noah’s childhood stories are told with all the hilarity and intellect that characterizes his comedy, while illuminating a dark and brutal period in South Africa’s history that must never be forgotten.”—Esquire Winner of the Thurber Prize for American Humor and an NAACP Image Award • Named one of the best books of the year by The New York Time, USA Today, San Francisco Chronicle, NPR, Esquire, Newsday, and Booklist Trevor Noah’s unlikely path from apartheid South Africa to the desk of The Daily Show began with a criminal act: his birth. Trevor was born to a white Swiss father and a black Xhosa mother at a time when such a union was punishable by five years in prison. Living proof of his parents’ indiscretion, Trevor was kept mostly indoors for the earliest years of his life, bound by the extreme and often absurd measures his mother took to hide him from a government that could, at any moment, steal him away. Finally liberated by the end of South Africa’s tyrannical white rule, Trevor and his mother set forth on a grand adventure, living openly and freely and embracing the opportunities won by a centuries-long struggle. Born a Crime is the story of a mischievous young boy who grows into a restless young man as he struggles to find himself in a world where he was never supposed to exist. It is

also the story of that young man’s relationship with his fearless, rebellious, and fervently religious mother—his teammate, a woman determined to save her son from the cycle of poverty, violence, and abuse that would ultimately threaten her own life. The stories collected here are by turns hilarious, dramatic, and deeply affecting. Whether subsisting on caterpillars for dinner during hard times, being thrown from a moving car during an attempted kidnapping, or just trying to survive the life-and-death pitfalls of dating in high school, Trevor illuminates his curious world with an incisive wit and unflinching honesty. His stories weave together to form a moving and searingly funny portrait of a boy making his way through a damaged world in a dangerous time, armed only with a keen sense of humor and a mother’s unconventional, unconditional love.

**The Human Predicament** *Oxford University Press*

Are our lives meaningless? Is death bad? Would immortality be better? Alternatively, should we hasten our deaths by acts of suicide? Many people are tempted to offer comforting optimistic answers to these big questions. The Human Predicament offers a less sanguine assessment, and defends a substantial, but not unmitigated, pessimism.

**The Trouble with Mr. Darcy** *Sourcebooks, Inc.*

The villainous George Wickham, determined to start trouble, returns to Hertfordshire and places the lives of Elizabeth and her newborn son in danger, forcing Darcy to rush to the rescue.

**Nicomachean Ethics** *Phoemixx Classics Ebooks*

Nicomachean Ethics Aristotle - The Nicomachean Ethics is one of Aristotle's most widely read and influential works. Ideas central to ethics—that happiness is the end of human endeavor, that moral virtue is formed through action and habituation, and that good action requires prudence—found their most powerful proponent in the person medieval scholars simply called "the Philosopher." Drawing on their intimate knowledge of Aristotle's thought, Robert C. Bartlett and Susan D. Collins have produced here an English-language translation of the Ethics that is as remarkably faithful to the original as it is graceful in its rendering. Aristotle is well known for the precision with which he chooses his words, and in this elegant translation his work has found its ideal match. Bartlett and Collins provide copious notes and a glossary providing context and further explanation for students, as well as an introduction and a substantial interpretive essay that sketch central arguments of the work and the seminal place of Aristotle's Ethics in his political philosophy as a whole. The Nicomachean Ethics has engaged the serious interest of readers across centuries and civilizations—of peoples ancient, medieval, and modern; pagan, Christian, Muslim, and Jewish—and this new edition will take its place as the standard English-language translation.

**The Tyranny of Metrics** *Princeton University Press*

How the obsession with quantifying human performance threatens business, medicine, education, government—and the quality of our lives Today, organizations of all kinds are ruled by the belief that the path to success is quantifying human performance, publicizing the results, and dividing up the rewards

based on the numbers. But in our zeal to instill the evaluation process with scientific rigor, we've gone from measuring performance to fixating on measuring itself—and this tyranny of metrics now threatens the quality of our organizations and lives. In this brief, accessible, and powerful book, Jerry Muller uncovers the damage metrics are causing and shows how we can begin to fix the problem. Filled with examples from business, medicine, education, government, and other fields, the book explains why paying for measured performance doesn't work, why surgical scorecards may increase deaths, and much more. But Muller also shows that, when used as a complement to judgment based on personal experience, metrics can be beneficial, and he includes an invaluable checklist of when and how to use them. The result is an essential corrective to a harmful trend that increasingly affects us all.

**Communities in Action** *National Academies Press*

In the United States, some populations suffer from far greater disparities in health than others. Those disparities are caused not only by fundamental differences in health status across segments of the population, but also because of inequities in factors that impact health status, so-called determinants of health. Only part of an individual's health status depends on his or her behavior and choice; community-wide problems like poverty, unemployment, poor education, inadequate housing, poor public transportation, interpersonal violence, and decaying neighborhoods also contribute to health inequities, as well as the historic and ongoing interplay of structures, policies, and norms that shape lives. When these factors are not optimal in a

community, it does not mean they are intractable: such inequities can be mitigated by social policies that can shape health in powerful ways. *Communities in Action: Pathways to Health Equity* seeks to delineate the causes of and the solutions to health inequities in the United States. This report focuses on what communities can do to promote health equity, what actions are needed by the many and varied stakeholders that are part of communities or support them, as well as the root causes and structural barriers that need to be overcome.

**State of Resistance** *The New Press*

“Concise, clear and convincing. . . a vision for the country as a whole.” —James Fallows, *The New York Times Book Review* A leading sociologist’s brilliant and revelatory argument that the future of politics, work, immigration, and more may be found in California Once upon a time, any mention of California triggered unpleasant reminders of Ronald Reagan and right-wing tax revolts, ballot propositions targeting undocumented immigrants, and racist policing that sparked two of the nation’s most devastating riots. In fact, California confronted many of the challenges the rest of the country faces now—decades before the rest of us. Today, California is leading the way on addressing climate change, low-wage work, immigrant integration, overincarceration, and more. As white residents became a minority and job loss drove economic uncertainty, California had its own Trump moment twenty-five years ago, but has become increasingly blue over each of the last seven presidential elections. How did the Golden State manage to emerge from its unsavory past to become a bellwether for the rest of the country?

Thirty years after Mike Davis’s hellish depiction of California in *City of Quartz*, the award-winning sociologist Manuel Pastor guides us through a new and improved California, complete with lessons that the nation should heed. Inspiring and expertly researched, *State of Resistance* makes the case for honestly engaging racial anxiety in order to address our true economic and generational challenges, a renewed commitment to public investments, the cultivation of social movements and community organizing, and more.

**The Birth Of A Mother** *Basic Books*

As you prepare to become a mother, you face an experience unlike any other in your life. Having a baby will redirect your preferences and pleasures and, most likely, will realign some of your values. As you undergo this unique psychological transformation, you will be guided by new hopes, fears, and priorities. In a most startling way, having a child will influence all of your closest relationships and redefine your role in your family’s history. The charting of this remarkable, new realm is the subject of this compelling book. Renowned psychiatrist Daniel N. Stern has joined forces with pediatrician and child psychiatrist Nadia Bruschiweiler-Stern and journalist Alison Freeland to paint a wonderfully evocative picture of the psychology of motherhood. At the heart of *The Birth of a Mother* is an arresting premise: Just as a baby develops physically in utero and after birth, so a mother is born psychologically in the many months that precede and follow the birth of her baby. The recognition of this inner transformation emerges from hundreds of interviews with new mothers and decades of clinical experience. Filled with revealing

case studies and personal comments from women who have shared this experience, this book will serve as an invaluable sourcebook for new mothers, validating the often confusing emotions that accompany the development of this new identity. In addition to providing insight into the unique state of motherhood, the authors touch on related topics such as going back to work, fatherhood, adoption, and premature birth. During pregnancy, mothers-to-be talk about morning sickness and their changing bodies, and new mothers talk about their exhaustion, the benefits of nursing or bottle-feeding, and the dilemma of whether or when they should return to work. And yet, they can be strangely mute about the dramatic and often overwhelming changes going on in their inner lives. Finally, with *The Birth of a Mother*, these powerful feelings are eloquently put into words.

#### **The Moment I Met You** *HarperCollins*

An unmissable novel of love, disaster, heartbreak, and unexpected happy endings, by the bestselling British author of *Maybe One Day*. “When I was twenty-six years old my world was literally turned upside down and inside out, like a coat pocket being excavated for loose change. It was terrible, and frightening, and it taught me a lot of things I never wanted to know.” Elena Godwin has scrimped and saved for a relaxing dream holiday in Mexico with her handsome but laddish boyfriend Harry. Life has felt a bit less exciting than she’d imagined her twenties would be, and she’s hoping the trip will add some sizzle. But on a gorgeous summer evening an earthquake strikes—shattering their peaceful vacation. The trauma changes Elena’s life forever. Ten years later, Elena still can’t forget the face of the stranger she met that

night—the man who may have saved her life. When they’re suddenly and unexpectedly thrown back together again, Elena starts to uncover the truth around that fateful night, and question whether she should have lived her life differently in the years afterwards. What if it’s not too late?

#### **The Poems of Nakahara Chūya** *Gracewing Publishing*

Acclaimed English translation of poems by one of the most gifted and colourful of Japan’s early modern poets: Nakahara Chuya. Now ranked among the finest Japanese verse of the 20th century, influenced by both Symbolism and Dada, he created lyrics renowned for their songlike eloquence, their personal imagery and their poignant charm.

#### **The Trouble with Hating You** *Forever*

A fiercely independent engineer walks out on the man her parents have set her up with -- only to start working side-by-side with him at her job in this laugh-out-loud debut with “delicious banter, deep wounds, heartwarming friendships, and a path to love that often feels impossibly hard, and [a payoff] satisfying enough to give you a book hangover the size of Texas” (Sonali Dev, USA Today bestselling author of *Recipe for Persuasion*). Liya Thakkar is a successful biochemical engineer, takeout enthusiast, and happily single woman. The moment she realizes her parents’ latest dinner party is a setup with the man they want her to marry, she’s out the back door in a flash. Imagine her surprise when the same guy shows up at her office a week later -- the new lawyer hired to save her struggling company. What’s not surprising: he’s not too thrilled to see her either after that

humiliating fiasco. Jay Shah looks good on paper...and off. Especially if you like that whole gorgeous, charming lawyer-in-a-good-suit thing. He's also infuriating. As their witty office banter turns into late-night chats, Liya starts to think he might be the

one man who truly accepts her. But falling for each other means exposing their painful pasts. Will Liya keep running, or will she finally give love a real chance?