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Trauma A Practitioners Guide To

This book offers a comprehensive guide to all aspects of trauma counselling, covering: trauma assessment; trauma aftercare; trauma and the therapist; and a brief history of trauma. This practical guide to trauma counselling should be invaluable to counsellors, GPs, social workers, human resource managers, emergency response organizations and all those involved in treating trauma victims using counselling skills.

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Elaine Duncan, with Kathy Kain, has given us a new guide to working with clients who have experienced trauma as children or in later life. The insights and specific guidance shared in the “Tao of Trauma” will be helpful to both health workers and folks struggling to understand and heal their own physical and emotional pain.