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Complications

A Surgeon's Notes on an Imperfect Science *Metropolitan Books*

A brilliant and courageous doctor reveals, in gripping accounts of true cases, the power and limits of modern medicine. Sometimes in medicine the only way to know what is truly going on in a patient is to operate, to look inside with one's own eyes. This book is exploratory surgery on medicine itself, laying bare a science not in its idealized form but as it actually is -- complicated, perplexing, and profoundly human. Atul Gawande offers an unflinching view from the scalpel's edge, where science is ambiguous, information is limited, the stakes are high, yet decisions must be made. In dramatic and revealing stories of patients and doctors, he explores how deadly mistakes occur and why good surgeons go bad. He also shows us what happens when medicine comes up against the inexplicable: an architect with incapacitating back pain for which there is no physical cause; a young woman with nausea that won't go away; a television newscaster whose blushing is so severe that she cannot do her job. Gawande offers a richly detailed portrait of the people and the science, even as he tackles the paradoxes and imperfections inherent in caring for human lives. At once tough-minded and humane, Complications is a new kind of medical writing, nuanced and lucid, unafraid to confront the conflicts and uncertainties that lie at the heart of modern medicine, yet always alive to the possibilities of wisdom in this extraordinary endeavor. Complications is a 2002 National Book Award Finalist for Nonfiction.

Complications

Notes from the Life of a Young Surgeon *Penguin Books India*

Autobiography of Atul Gawande, a surgeon in United States of America; this personal narrative exposes surgery of its follies to the extent it is human as it is idealised science.

Complications

A Surgeon's Notes on an Imperfect Science *Macmillan*

Drawing from compelling true accounts of patients and doctors, a provocative examination of the power and limits of modern medicine reveals a world where science is uncertain, information is limited, and deadly mistakes occur. 60,000 first printing.

Better

A Surgeon's Notes on Performance *Metropolitan Books*

NATIONAL BESTSELLER The New York Times bestselling author of Being Mortal and Complications examines, in riveting accounts of medical failure

and triumph, how success is achieved in a complex and risk-filled profession The struggle to perform well is universal: each one of us faces fatigue, limited resources, and imperfect abilities in whatever we do. But nowhere is this drive to do better more important than in medicine, where lives are on the line with every decision. In this book, Atul Gawande explores how doctors strive to close the gap between best intentions and best performance in the face of obstacles that sometimes seem insurmountable. Gawande's gripping stories of diligence, ingenuity, and what it means to do right by people take us to battlefield surgical tents in Iraq, to labor and delivery rooms in Boston, to a polio outbreak in India, and to malpractice courtrooms around the country. He discusses the ethical dilemmas of doctors' participation in lethal injections, examines the influence of money on modern medicine, and recounts the astoundingly contentious history of hand washing. And as in all his writing, Gawande gives us an inside look at his own life as a practicing surgeon, offering a searingly honest firsthand account of work in a field where mistakes are both unavoidable and unthinkable. At once unflinching and compassionate, *Better* is an exhilarating journey narrated by "arguably the best nonfiction doctor-writer around" (Salon). Gawande's investigation into medical professionals and how they progress from merely good to great provides rare insight into the elements of success, illuminating every area of human endeavor.

The Checklist Manifesto

How to Get Things Right Metropolitan Books

The New York Times bestselling author of *Being Mortal* and *Complications* reveals the surprising power of the ordinary checklist We live in a world of great and increasing complexity, where even the most expert professionals struggle to master the tasks they face. Longer training, ever more advanced technologies—neither seems to prevent grievous errors. But in a hopeful turn, acclaimed surgeon and writer Atul Gawande finds a remedy in the humblest and simplest of techniques: the checklist. First introduced decades ago by the U.S. Air Force, checklists have enabled pilots to fly aircraft of mind-boggling sophistication. Now innovative checklists are being adopted in hospitals around the world, helping doctors and nurses respond to everything from flu epidemics to avalanches. Even in the immensely complex world of surgery, a simple ninety-second variant has cut the rate of fatalities by more than a third. In riveting stories, Gawande takes us from Austria, where an emergency checklist saved a drowning victim who had spent half an hour underwater, to Michigan, where a cleanliness checklist in intensive care units virtually eliminated a type of deadly hospital infection. He explains how checklists actually work to prompt striking and immediate improvements. And he follows the checklist revolution into fields well beyond medicine, from disaster response to investment banking, skyscraper construction, and businesses of all kinds. An intellectual adventure in which lives are lost and saved and one simple idea makes a tremendous difference, *The Checklist Manifesto* is essential reading for anyone working to get things right.

Prevention and Management of Complications in Bariatric Surgery Oxford University Press

As bariatric procedures become more commonplace, the safety and quality of bariatric surgery continues to rise. Risk factors remain inconsistent from hospital to hospital and procedure to procedure, however, highlighting the necessity for comprehensive education on the prevention and management of their resulting complications. In response to this need, *Prevention and Management of Complications in Bariatric Surgery* is the first book to compile the most up-to-date prevention and management strategies in this field. Edited by leading experts, it provides sound recommendations for collecting, monitoring, and analyzing outcomes, with an emphasis on quality and process improvement. Its scope is tremendously comprehensive, covering everything from common complications, such as leaks, bleeding, wound infections, and venous thromboembolism; to rare-but-deadly complications, such as Wernicke's encephalopathy and rhabdomyolysis as well as the emergency management of various life-threatening complications, including internal hernia, gastric necrosis from banding, pulmonary embolus, and bleeding. Readers also learn about early-day, late-day, and intraoperative complications, for which the authors provide evidence-based recommendations for swift and accurate diagnosis, preventive strategies, and best practices in medical and surgical management. Comprehensive and accessible, this book is a valuable resource for bariatric surgeons and surgical trainees, physicians, and nurses who participate in the perioperative care of the bariatric patient.

A Heart for the Work

Journeys Through an African Medical School University of Chicago Press

Burnout is common among doctors in the West, so one might assume that a medical career in Malawi, one of the poorest countries in the world, would place far greater strain on the idealism that drives many doctors. But, as *A Heart for the Work* makes clear, Malawian medical students learn to confront poverty creatively, experiencing fatigue and frustration but also joy and commitment on their way to becoming physicians. The first ethnography of medical training in the global South, Claire L. Wendland's book is a moving and perceptive look at medicine in a world where the transnational movement of people and ideas creates both devastation and possibility. Wendland, a physician anthropologist, conducted extensive interviews and worked in wards, clinics, and operating theaters alongside the student doctors whose stories she relates. From the relative calm of Malawi's College of Medicine to the turbulence of training at hospitals with gravely ill patients and dramatically inadequate supplies, staff, and technology, Wendland's work reveals the way these young doctors engage the contradictions of their circumstances, shedding new light on debates about the effects of medical training, the impact of traditional healing, and the purposes of medicine.

Complications of Glaucoma Surgery Oxford University Press

This book provides clear and detailed guidelines on the management of complications in glaucoma surgery. Coverage spans the entire spectrum of glaucoma, including descriptions of traditional and newly emerging modalities available for surgeons.

Diagnosis and Therapy of Tattoo Complications

With Atlas of Illustrative Cases Karger Medical and Scientific Publishers

Tattooing breaches the skin and can, therefore, cause a variety of complications. This book covers the full spectrum of issues clinical practitioners may encounter when treating affected patients. Introductory chapters include educational information on methods for tattooing, types of tattoos, tattoo inks, and tattoo ink toxicology. The focus is on the diagnosis and classification of tattoo complications. In this regard, a comprehensive atlas of acute and chronic complications serves as a valuable tool. Further chapters summarize available therapies, their rationale, and indication. This includes various medical and surgical treatments with a review of dermatome shaving. Lastly, tattoo removal by gold standard YAG lasers and the more recent pico-second lasers is discussed with the optimal therapeutic outcome in mind.

Complications

A Surgeon's Notes on an Imperfect Science Profile Books

The international bestseller from the author of *Being Mortal* In these gripping accounts of true cases, bestselling author Atul Gawande performs exploratory surgery on medicine itself, laying bare a science not in its idealised form, but as it actually is - complicated, perplexing and profoundly human. This is a stunningly well-written account of the life of a surgeon: what it is like to cut into people's bodies and the terrifying - literally life and death - decisions that have to be made: operations that go wrong; of doctors who go to the bad; why autopsies are necessary; what it feels like to insert your knife into someone. 'Written as tautly as a thriller' Observer

Confessions of a Surgeon

The Good, the Bad, and the Complicated...Life Behind the O.R. Doors Penguin

As an active surgeon and former department chairman, Dr. Paul A. Ruggieri has seen the good, the bad, and the ugly of his profession. In *Confessions of a Surgeon*, he pushes open the doors of the O.R. and reveals the inscrutable place where lives are improved, saved, and sometimes lost. He shares the successes, failures, remarkable advances, and camaraderie that make it exciting. He uncovers the truth about the abusive, exhaustive training and the arduous devotion of his old-school education. He explores the twenty-four-hour challenges that come from patients and their loved ones; the ethics of saving the lives of repugnant criminals; the hot-button issues of healthcare, lawsuits, and reimbursements; and the true cost of running a private practice. And he explains the influence of the "white coat code of silence" and why patients may never know what really transpires during surgery. Ultimately, Dr. Ruggieri lays bare an occupation that to most is as mysterious and unfamiliar as it is misunderstood. His account is passionate, illuminating, and often shocking-an eye-opening, never-before-seen look at real life, and death, in the O.R.

The Mayo Clinic

Faith, Hope, Science Rosetta Books

Based on the PBS documentary by Ken Burns, Erik Ewers, and Christopher Loren Ewers. On September 30, 1889, W.W. Mayo and his sons Will and Charlie performed the very first operation at a brand-new Catholic hospital in Rochester, Minnesota. It was called Saint Marys. The hospital arose out of the devastation of a tornado that had struck the town six years earlier. After the storm, Mother Alfred Moes of the Sisters of Saint Francis told the Mayos that she had a vision of building a hospital that would \"become world renowned for its medical arts.\" Based on the film by acclaimed documentary filmmaker Ken Burns, *The Mayo Clinic: Faith, Hope, Science* chronicles the history of this unique organization, from its roots as an unlikely partnership between a country doctor and a Franciscan order of nuns to its position today as a worldwide model for patient care, research, and education. Featuring more than 400 compelling archival and modern images, as well as the complete script from the film, the book demonstrates how the institution's remarkable 150-year history continues to inspire the way medicine is practiced there today. In addition, a series of case studies reveals patients, doctors, and nurses in their most private moments as together they face difficult diagnoses and embark on uncertain treatments. The film and this companion book tell the story of an organization that has managed to stay true to its primary value—the needs of the patient come first. Together, they make an important contribution to the critical discussions about the delivery of health care today in America ... and the world.

Being Mortal

Medicine and What Matters in the End Metropolitan Books

#1 New York Times Bestseller In *Being Mortal*, bestselling author Atul Gawande tackles the hardest challenge of his profession: how medicine can not only improve life but also the process of its ending Medicine has triumphed in modern times, transforming birth, injury, and infectious disease from harrowing to manageable. But in the inevitable condition of aging and death, the goals of medicine seem too frequently to run counter to the interest of the human spirit. Nursing homes, preoccupied with safety, pin patients into railed beds and wheelchairs. Hospitals isolate the dying, checking for vital signs long after the goals of cure have become moot. Doctors, committed to extending life, continue to carry out devastating procedures that in the end extend suffering. Gawande, a practicing surgeon, addresses his profession's ultimate limitation, arguing that quality of life is the desired goal for patients and families. Gawande offers examples of freer, more socially fulfilling models for assisting the infirm and dependent elderly, and he explores the varieties of hospice care to demonstrate that a person's last weeks or months may be rich and dignified. Full of eye-opening research and riveting storytelling, *Being Mortal* asserts that medicine can comfort and enhance our experience even to the end, providing not only a good life

but also a good end.

Paris to the Moon *Random House*

Paris. The name alone conjures images of chestnut-lined boulevards, sidewalk cafés, breathtaking façades around every corner--in short, an exquisite romanticism that has captured the American imagination for as long as there have been Americans. In 1995, Adam Gopnik, his wife, and their infant son left the familiar comforts and hassles of New York City for the urbane glamour of the City of Light. Gopnik is a longtime New Yorker writer, and the magazine has sent its writers to Paris for decades--but his was above all a personal pilgrimage to the place that had for so long been the undisputed capital of everything cultural and beautiful. It was also the opportunity to raise a child who would know what it was to romp in the Luxembourg Gardens, to enjoy a croque monsieur in a Left Bank café--a child (and perhaps a father, too) who would have a grasp of that Parisian sense of style we Americans find so elusive. So, in the grand tradition of the American abroad, Gopnik walked the paths of the Tuileries, enjoyed philosophical discussions at his local bistro, wrote as violet twilight fell on the arrondissements. Of course, as readers of Gopnik's beloved and award-winning "Paris Journals" in The New Yorker know, there was also the matter of raising a child and carrying on with day-to-day, not-so-fabled life. Evenings with French intellectuals preceded middle-of-the-night baby feedings; afternoons were filled with trips to the Musée d'Orsay and pinball games; weekday leftovers were eaten while three-star chefs debated a "culinary crisis." As Gopnik describes in this funny and tender book, the dual processes of navigating a foreign city and becoming a parent are not completely dissimilar journeys--both hold new routines, new languages, a new set of rules by which everyday life is lived. With singular wit and insight, Gopnik weaves the magical with the mundane in a wholly delightful, often hilarious look at what it was to be an American family man in Paris at the end of the twentieth century. "We went to Paris for a sentimental reeducation-I did anyway--even though the sentiments we were instructed in were not the ones we were expecting to learn, which I believe is why they call it an education."

How Doctors Think *HarperCollins*

On average, a physician will interrupt a patient describing her symptoms within eighteen seconds. In that short time, many doctors decide on the likely diagnosis and best treatment. Often, decisions made this way are correct, but at crucial moments they can also be wrong—with catastrophic consequences. In this myth-shattering book, Jerome Groopman pinpoints the forces and thought processes behind the decisions doctors make. Groopman explores why doctors err and shows when and how they can—with our help—avoid snap judgments, embrace uncertainty, communicate effectively, and deploy other skills that can profoundly impact our health. This book is the first to describe in detail the warning signs of erroneous medical thinking and reveal how new technologies may actually hinder accurate diagnoses. How Doctors Think offers direct, intelligent questions patients can ask their doctors to help them get back on track. Groopman draws on a wealth of research, extensive interviews with some of the country's best doctors, and his own experiences as a doctor and as a patient. He has learned many of the lessons in this book the hard way, from his own mistakes and from errors his doctors made in treating his own debilitating medical problems. How Doctors Think reveals a profound new view of twenty-first-century medical practice, giving doctors and patients the vital information they need to make better judgments together.

The Doctors Blackwell: How Two Pioneering Sisters Brought Medicine to Women and Women to Medicine *W. W. Norton & Company*

New York Times Bestseller "Janice P. Nimura has resurrected Elizabeth and Emily Blackwell in all their feisty, thrilling, trailblazing splendor." —Stacy Schiff Elizabeth Blackwell believed from an early age that she was destined for a mission beyond the scope of "ordinary" womanhood. Though the world at first recoiled at the notion of a woman studying medicine, her intelligence and intensity ultimately won her the acceptance of the male medical establishment. In 1849, she became the first woman in America to receive an M.D. She was soon joined in her iconic achievement by her younger sister, Emily, who was actually the more brilliant physician. Exploring the sisters' allies, enemies, and enduring partnership, Janice P. Nimura presents a story of trial and triumph. Together, the Blackwells founded the New York Infirmary for Indigent Women and Children, the first hospital staffed entirely by women. Both sisters were tenacious and visionary, but their convictions did not always align with the emergence of women's rights—or with each other. From Bristol, Paris, and Edinburgh to the rising cities of antebellum America, this richly researched new biography celebrates two complicated pioneers who exploded the limits of possibility for women in medicine. As Elizabeth herself predicted, "a hundred years hence, women will not be what they are now."

Vaginal Hysterectomy *CRC Press*

In recent years advances in laparoscopic technologies have led to renewed interest in the vaginal approach to hysterectomy, which has many proven benefits for patients. This volume, dedicated to explaining and promoting the vaginal route of hysterectomy, is written and edited by an international team of experts and provides a much-needed source of

Essential Surgery

Problems, Diagnosis and Management: With STUDENT CONSULT Online Access *Elsevier Health Sciences*

Essential Surgery is a comprehensive and highly illustrated textbook for clinical students as well as a practical manual for junior doctors and those preparing for postgraduate qualifications in surgery. The unique feature of the book is its problem-orientated nature as distinct to the traditional disease-based structure. Explains the pathophysiological basis of surgical diseases and of their management to help bridge the gap between the basic medical sciences and clinical problems. Adopts a problem-solving rather than a disease-orientated approach to diagnosis and treatment, reflecting current teaching trends which emphasise the full understanding of how a diagnosis is made and why a particular treatment is used. Includes information about epidemiology, disease prevention and the provision of health care, and tries to relate the community aspects of surgical problems to aetiology, disease prevention and primary care. Contains outlines of common surgical operations, to enable students and junior doctors to explain

operations to patients and to allow them to participate intelligently in the operating department, as well as giving them an understanding of how to prevent complications. Includes a major section on accident surgery related to the general surgeon. Now with full text online on Student Consult. Comprehensively updated in line with the evolution and refinement of surgery over the past few years, by an expanded author team and an advisory group of surgical and radiological experts. All line drawings re-presented for greater impact and clarity. All radiological images reviewed and updated. Includes a new chapter on screening. Incorporates all the latest consensus guidelines for managing common disorders.

What Doesn't Kill You

A Life with Chronic Illness - Lessons from a Body in Revolt *Henry Holt and Company*

"Should be read by anyone with a body. . . . Relentlessly researched and undeniably smart." —The New York Times Named one of BuzzFeed's "Best Books of 2021" What Doesn't Kill You is the riveting account of a young journalist's awakening to chronic illness, weaving together personal story and reporting to shed light on living with an ailment forever. Tessa Miller was an ambitious twentysomething writer in New York City when, on a random fall day, her stomach began to seize up. At first, she toughed it out through searing pain, taking sick days from work, unable to leave the bathroom or her bed. But when it became undeniable that something was seriously wrong, Miller gave in to family pressure and went to the hospital—beginning a years-long nightmare of procedures, misdiagnoses, and life-threatening infections. Once she was finally correctly diagnosed with Crohn's disease, Miller faced another battle: accepting that she will never get better. Today, an astonishing three in five adults in the United States suffer from a chronic disease—a percentage expected to rise post-Covid. Whether the illness is arthritis, asthma, Crohn's, diabetes, endometriosis, multiple sclerosis, ulcerative colitis, or any other incurable illness, and whether the sufferer is a colleague, a loved one, or you, these diseases have an impact on just about every one of us. Yet there remains an air of shame and isolation about the topic of chronic sickness. Millions must endure these disorders not only physically but also emotionally, balancing the stress of relationships and work amid the ever-present threat of health complications. Miller segues seamlessly from her dramatic personal experiences into a frank look at the cultural realities (medical, occupational, social) inherent in receiving a lifetime diagnosis. She offers hard-earned wisdom, solidarity, and an ultimately surprising promise of joy for those trying to make sense of it all.

Standard Deviations

Flawed Assumptions, Tortured Data, and Other Ways to Lie with Statistics *Abrams*

Did you know that baseball players whose names begin with the letter “D” are more likely to die young? Or that Asian Americans are most susceptible to heart attacks on the fourth day of the month? Or that drinking a full pot of coffee every morning will add years to your life, but one cup a day increases the risk of pancreatic cancer? All of these “facts” have been argued with a straight face by credentialed researchers and backed up with reams of data and convincing statistics. As Nobel Prize-winning economist Ronald Coase once cynically observed, “If you torture data long enough, it will confess.” Lying with statistics is a time-honored con. In Standard Deviations, economics professor Gary Smith walks us through the various tricks and traps that people use to back up their own crackpot theories. Sometimes, the unscrupulous deliberately try to mislead us. Other times, the well-intentioned are blissfully unaware of the mischief they are committing. Today, data is so plentiful that researchers spend precious little time distinguishing between good, meaningful indicators and total rubbish. Not only do others use data to fool us, we fool ourselves. With the breakout success of Nate Silver’s The Signal and the Noise, the once humdrum subject of statistics has never been hotter. Drawing on breakthrough research in behavioral economics by luminaries like Daniel Kahneman and Dan Ariely and taking to task some of the conclusions of Freakonomics author Steven D. Levitt, Standard Deviations demystifies the science behind statistics and makes it easy to spot the fraud all around. London Times Book of the Week (2014)

Medicine and Surgery

A Concise Textbook *Wiley-Blackwell*

Medicine and Surgery is an exciting new book that contains the core information needed by medical students in the run up to exams. This is the only book available that covers both medicine and surgery. It encompasses all of the major systems and core subjects Every condition is discussed under the key headings of definition, epidemiology, aetiology, pathophysiology, clinical features, investigations, management and prognosis The content follows a very consistent and familiar style, so that information is easily accessible, digestible and memorable Each chapter opens with an overview of clinical method before discussing the most common conditions relevant to that speciality Medicine and Surgery: A Concise Textbook is written specifically for medical students as essential revision preparation, for junior doctors as a refresher on the wards and for other allied health professionals who want a quick reminder of key facts and data. Reviews “I like the way the book goes through each disease using the same system of definition, aetiology etc. This makes it easier to learn....The content is exactly what the undergraduate brain needs” Final year student, University of Oxford

Pocket Book of Hospital Care for Children

Guidelines for the Management of Common Childhood Illnesses *World Health Organization*

The Pocket Book is for use by doctors nurses and other health workers who are responsible for the care of young children at the first level referral hospitals. This second edition is based on evidence from several WHO updated and published clinical guidelines. It is for use in both inpatient and

outpatient care in small hospitals with basic laboratory facilities and essential medicines. In some settings these guidelines can be used in any facilities where sick children are admitted for inpatient care. The Pocket Book is one of a series of documents and tools that support the Integrated Managem.

50 Studies Every Surgeon Should Know *Oxford University Press*

50 Studies Every Surgeon Should Know presents key studies that have shaped the practice of surgery. Selected using a rigorous methodology, the studies cover topics including: vascular, colorectal, bariatric, abdominal, hernial, and endocrine surgery, surgical outcomes, surgical oncology, trauma and surgical critical care, and studies of historical interest. For each study, a concise summary is presented with an emphasis on the results and limitations of the study, and its implications for practice. An illustrative clinical case concludes each review, followed by brief information on other relevant studies. This book is a must-read for health care professionals and anyone who wants to learn more about the data behind clinical practice.

Extinguish Burnout

A Practical Guide to Prevention and Recovery

Who hasn't suffered at one time or another from exhaustion, cynicism, and a lack of effectiveness? But combine them over time and you're flirting with a disaster of catastrophic magnitude--burnout. Elegantly defined as the depletion of personal agency (the apparatus driving our ability to initiate and execute actions) burnout effectively wipes out our ability to be effective, much less engaged. And the cost of burnout is astronomical in all its forms and phases, including the profound and lasting effects it has on employees and workplace cultures. Based on extensive research and full of real-world stories and examples, workplace culture experts Rob and Terri Bogue take a deep dive into the signs, sources, and solutions of burnout and deliver an essential resource that helps anyone identify, prevent, and recover from burnout.

Thanks for Waiting

The Joy (& Weirdness) of Being a Late Bloomer

A "memoir about what happens when your coming-of-age comes later than expected, from the co-host of the ... podcast Forever35"--Publisher's description.

Laparoscopic Ventral Hernia Repair *Springer Science & Business Media*

Primary and incisional ventral hernias are common conditions often encountered in surgical practice. Because of the frequency of this problem it has come to be managed by surgeons in general, regardless of the type of hospital or the conditions dealt with in their daily practice. Laparoscopic surgery has demonstrated to have an important role among the different technique described to repair ventral hernia with less recurrent rate, less morbidity and less overall cost than open conventional repair, with all the advange of the laparoscopic approach. As a result the indications for this surgical technique are currently being debated since the advantages are evident and progressive implementation is ensured. Now is the time to analyze the usefulness, results, technical variants, anatomic, physiologic and scientific basis and implications involved in implementation of laparoscopy as the technique of choice.

Do No Harm

Stories of Life, Death, and Brain Surgery *Macmillan*

A New York Times Bestseller Shortlisted for both the Guardian First Book Prize and the Costa Book Award Longlisted for the Samuel Johnson Prize for Non-Fiction A Finalist for the Pol Roger Duff Cooper Prize A Finalist for the Wellcome Book Prize A Financial Times Best Book of the Year An Economist Best Book of the Year A Washington Post Notable Book of the Year What is it like to be a brain surgeon? How does it feel to hold someone's life in your hands, to cut into the stuff that creates thought, feeling, and reason? How do you live with the consequences of performing a potentially lifesaving operation when it all goes wrong? In neurosurgery, more than in any other branch of medicine, the doctor's oath to "do no harm" holds a bitter irony. Operations on the brain carry grave risks. Every day, leading neurosurgeon Henry Marsh must make agonizing decisions, often in the face of great urgency and uncertainty. If you believe that brain surgery is a precise and exquisite craft, practiced by calm and detached doctors, this gripping, brutally honest account will make you think again. With astonishing compassion and candor, Marsh reveals the fierce joy of operating, the profoundly moving triumphs, the harrowing disasters, the haunting regrets, and the moments of black humor that characterize a brain surgeon's life. Do No Harm provides unforgettable insight into the countless human dramas that take place in a busy modern hospital. Above all, it is a lesson in the need for hope when faced with life's most difficult decisions.

My Own Country

A Doctor's Story *Vintage*

A young doctor of eastern Tennessee describes the town's first introduction to the AIDS virus, which preceded a disturbing epidemic and introduced the doctor to many unique people

Essentials of General Surgery

Text and Essentials of Surgical Specialties, Second Edition Package

Your Medical Mind

How to Decide What Is Right for You *Penguin*

An entirely new way to make the best medical decisions. Making the right medical decisions is harder than ever. We are overwhelmed by information from all sides—whether our doctors’ recommendations, dissenting experts, confusing statistics, or testimonials on the Internet. Now Doctors Groopman and Hartzband reveal that each of us has a “medical mind,” a highly individual approach to weighing the risks and benefits of treatments. Are you a minimalist or a maximalist, a believer or a doubter, do you look for natural healing or the latest technology? The authors weave vivid narratives of real patients with insights from recent research to demonstrate the power of the medical mind. After reading this groundbreaking book, you will know how to arrive at choices that serve you best.

When the Air Hits Your Brain: Tales from Neurosurgery *W. W. Norton & Company*

The story of one man's evolution from naive and ambitious young intern to world-class neurosurgeon. With poignant insight and humor, Frank Vertosick Jr., MD, describes some of the greatest challenges of his career, including a six-week-old infant with a tumor in her brain, a young man struck down in his prime by paraplegia, and a minister with a .22-caliber bullet lodged in his skull. Told through intimate portraits of Vertosick’s patients and unsparing yet fascinatingly detailed descriptions of surgical procedures, When the Air Hits Your Brain—the culmination of decades spent struggling to learn an unforgiving craft—illuminates both the mysteries of the mind and the realities of the operating room.

Biomechanics in Applications

During last couple of years there has been an increasing recognition that problems arising in biology or related to medicine really need a multidisciplinary approach. For this reason some special branches of both applied theoretical physics and mathematics have recently emerged such as biomechanics, mechanobiology, mathematical biology, biothermodynamics. The Biomechanics in Application is focusing on experimental praxis and clinical findings. The first section is devoted to Injury and clinical biomechanics including overview of the biomechanics of musculoskeletal injury, distraction osteogenesis in mandible, or consequences of drilling. The next section is on Spine biomechanics with biomechanical models for upper limb after spinal cord injury and an animal model looking at changes occurring as a consequence of spinal cord injury. Section Musculoskeletal Biomechanics includes the chapter which is devoted to dynamical stability of lumbo-pelvi-femoral complex which involves analysis of relationship among appropriate anatomical structures in this region. The fourth section is on Human and Animal Biomechanics with contributions from foot biomechanics and chewing rhythms in mammals, or adaptations of bats. The last section, Sport Biomechanics, is discussing various measurement techniques for assessment and analysis of movement and two applications in swimming.

The Practice of Autonomy

Patients, Doctors, and Medical Decisions *Oxford University Press on Demand*

This book approaches ethical and legal issues in medicine from the patient's viewpoint and argues that many patients do not want the full burden of decision making that contemporary bioethics has thrust upon them.

You Have to Fucking Eat *Canongate Books*

From the author of the international best seller GO THE FUCK TO SLEEP comes a book about the other great parental frustration: getting your little angel to eat something that even vaguely resembles a normal meal. Profane, loving and deeply cathartic, You Have to Fucking Eat breaks the code of child-rearing silence, giving mums and dads new, old, grand- and expectant a much-needed chance to laugh about a universal problem. You probably shouldn't read it to your children.

Being a Woman Surgeon

Sixty Women Share Their Stories *Gordian Knot Books / Richard Altschuler & Associates, Incorporated*

"This is a poignant and moving narrative collection from women who each in their own way were pioneers in their field of surgery. The story of the courage, physical strength, stamina and, most of all, the mental fortitude required to complete surgical training is beautifully conveyed here. This collection will hopefully both inspire and make the path easier for the next generation of surgeons, both women and men." - Abraham Verghese, MD; best-selling author of Cutting for Stone, The Tennis Partner, and My Own Country "This book is an enthralling read. It is all too rare to hear the stories of surgeons, and even rarer to hear those of women surgeons. Yet here they are, told straight out, fearlessly, by residents and retirees alike. The stories are by turns funny, heartbreaking, flabbergasting, infuriating, inspiring-and at times all of these at once. Each voice here is singular and fascinating. But the collective effect is overwhelmingly moving. You want to hear more." - Atul Gawande, MD; staff writer for The New Yorker; surgeon; researcher; best-selling author of Complications, The Checklist Manifesto, and Better "An inspiring compendium of stories that challenged a generation and defined an era. Being a Woman Surgeon will be the archival account of the women who dared to radically advance the world's greatest profession." - Marty Makary, MD, MPH; Johns Hopkins surgeon; New York Times best-selling author of Unaccountable "An extraordinary collection of essays written by an even more extraordinary group of women, this book offers an unparalleled view of what it is like to be a woman surgeon. It is the book that I wish I had as a medical student and that even now I find inspiring." - Pauline Chen, New York Times columnist; surgeon;

author of Final Exam-A Surgeon's Reflections on Mortality "Dr. John has carefully collected an illuminating anthology of experiential writings from women surgeons. Her contributors vary in surgical specialty, years of experience, and personal situation. This rich and literate collection will prove fascinating reading for anyone interested in the world of medicine." - Carol Scott-Conner, MD, FACS; surgeon; author of A Few Small Moments Dr. Preeti R. John is a critical care surgeon who works in Baltimore, Maryland. She is triple board certified in General Surgery, Surgical Critical Care and Hospice and Palliative Medicine.

HBR Guide to Making Better Decisions *Harvard Business Press*

Learn how to make better; faster decisions. You make decisions every day--from prioritizing your to-do list to choosing which long-term innovation projects to pursue. But most decisions don't have a clear-cut answer, and assessing the alternatives and the risks involved can be overwhelming. You need a smarter approach to making the best choice possible. The HBR Guide to Making Better Decisions provides practical tips and advice to help you generate more-creative ideas, evaluate your alternatives fairly, and make the final call with confidence. You'll learn how to: Overcome the cognitive biases that can skew your thinking Look at problems in new ways Manage the trade-offs between options Balance data with your own judgment React appropriately when you've made a bad choice Communicate your decision--and overcome any resistance Arm yourself with the advice you need to succeed on the job, from a source you trust. Packed with how-to essentials from leading experts, the HBR Guides provide smart answers to your most pressing work challenges.

Counting Backwards: A Doctor's Notes on Anesthesia *W. W. Norton & Company*

A moving exploration of the most common but most mysterious procedure in medicine. For many of the 40 million Americans who undergo anesthesia each year, it is the source of great fear and fascination. From the famous first demonstration of anesthesia in the Ether Dome at Massachusetts General Hospital in 1846 to today's routine procedure that controls anxiety, memory formation, pain relief, and more, anesthesia has come a long way. But it remains one of the most extraordinary, unexplored corners of the medical world. In Counting Backwards, Dr. Henry Jay Przybylo—a

pediatric anesthesiologist with more than thirty years of experience—delivers an unforgettable account of the procedure's daily dramas and fundamental mysteries. Przybylo has administered anesthesia more than 30,000 times in his career—erasing consciousness, denying memory, and immobilizing the body, and then reversing all of these effects—on newborn babies, screaming toddlers, sullen teenagers, even a gorilla. With compassion and candor, he weaves his experiences into an intimate exploration of the nature of consciousness, the politics of pain relief, and the wonder of modern medicine. Filled with intensity and humanity, with moments of near-disaster, life-saving success, and simple grace, Counting Backwards is for anyone curious about what happens after we lose consciousness.

Disease Control Priorities, Third Edition (Volume 1)

Essential Surgery *World Bank Publications*

Essential Surgery is part of a nine volume series for Disease Control Priorities which focuses on health interventions intended to reduce morbidity and mortality. The Essential Surgery volume focuses on four key aspects including global financial responsibility, emergency procedures, essential services organization and cost analysis.

Suddarth's Textbook of Medical-Surgical Nursing / Handbook for Brunner & Suddarth's Textbook of Medical-Surgical Nursing

This package contains the following products: 9780781785891 Smeltzer Brunner and Suddarth's Textbook of Medical-Surgical Nursing, North American Edition, One Volume 9780781785921 Smeltzer Brunner and Suddarth's Handbook of Medical-Surgical Nursing 9780781785945 Smeltzer Study Guide for Brunner and Suddarth's Textbook of Medical-Surgical Nursing 9781451115994 Smeltzer PrepU for Smeltzer, Brunner & Suddarth's Textbook of Medical-Surgical Nursing

Gallstones and Laparoscopic Cholecystectomy